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THE IOWA BYSTANDER

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VOL. 76 NO. 24

This Issue Contains Six Pages

DES MOINES, IOWA

THURSDAY, NOVEMBER 26, 1970

PRICE 10 CENTS

COURT MARTIAL AT FT. HOOD:

Acquit Mitchell of My Lai Deaths Accuse Police in Council Chambers

Cite Recent
Violent Deaths in
Making Arrests

By Caroline Pokrzywinski
"They're not going to stop with us, they're going to beat some of your heads, too," Henry T. McKnight told the Des Moines City Council, at Monday night council meeting to protest recent police actions.

About 150 people attended Monday's city council meeting.

Councilmen were asked to seek Police Chief Wendell Nichols' resignation, establish a citizens review board, of the police department and adopt a policy forbidding police to use firearms unless their personal safety was in danger.

Meeting Ends In Frustration

The meeting ended on a note of frustration. The city council wasn't in favor of any proposals. The mayor wasn't even able to give the concerned citizens present one word of hope.

The mayor warned those present that "you're not going to be happy when you leave the meeting."

Mayor Urban said that all during the meeting he kept asking himself, "What words can I say to make an impression except that I am personally concerned?"

May Urban Concerned

The mayor's closing words at Monday night were, "I'm not concerned with satisfying you, I'm concerned with Tom Urban's personal conscience."

He said that the council members would take what had been said in good faith and work through their consciences.

Things Aren't Going To Change

E. Hobart De Patten of 1170 Eleventh St., who presented the proposal from a group of concerned citizens, wasn't surprised the council rejected it.

"Things aren't going to change. Our frame of reference is different from theirs (the council members) consequently things aren't going to change," said DePatten.

When asked how many people have to be killed, DePatten said, "How many died during the American Revolution?"

During the council meeting councilman, Richard Olson, doubled up his copy of the proposed

Lone Bandit Robs Pharmacy

Williams Pharmacy, 1103 University Ave., was robbed Thursday, Nov. 19, by a lone bandit armed with a .38-caliber pistol.

Taken in the robbery was \$33 from the cash register, an automatic pistol and a billfold containing \$1 from John Lyon, and employee.

Lyon told police the bandit entered the store about 5:15 p.m. and told Lyon to lie face down on the floor.

After pushing Lyon to the floor, the bandit questioned him on the available narcotics. Lyon said he mentioned several things, but the bandit didn't take any, as he fled.

resolution that DePatten introduced, and threw it on the floor.

"He's supposed to be my representative, the least he can do is look at the resolution," said DePatten.

It's an extremely small measure of a small man," he said.

Mayor Urban Speaks

In a conference discussion after the meeting, Mayor Urban said, "the only hope you can give black citizens or any citizen, is that you have a city council that is committed to making the city a better place to live."

The police department should screen its men more intensively, said the mayor. He still supports the policy that an "officer has to be able to use his gun."

More Blacks In Police Dept.

Urban said that there should be more blacks in the Des Moines Police Department, "but blacks don't want to be police officers."

Mayor Urban has taken many pains and spent much money "trying to recruit black policemen."

Against Review Board

"A citizens review board takes us officials off the hook, the best citizens review board is a board of elected officials," said Mayor Urban.

Urban said that policemen were dismissed and disciplined in the Des Moines Police Department for some of their actions.

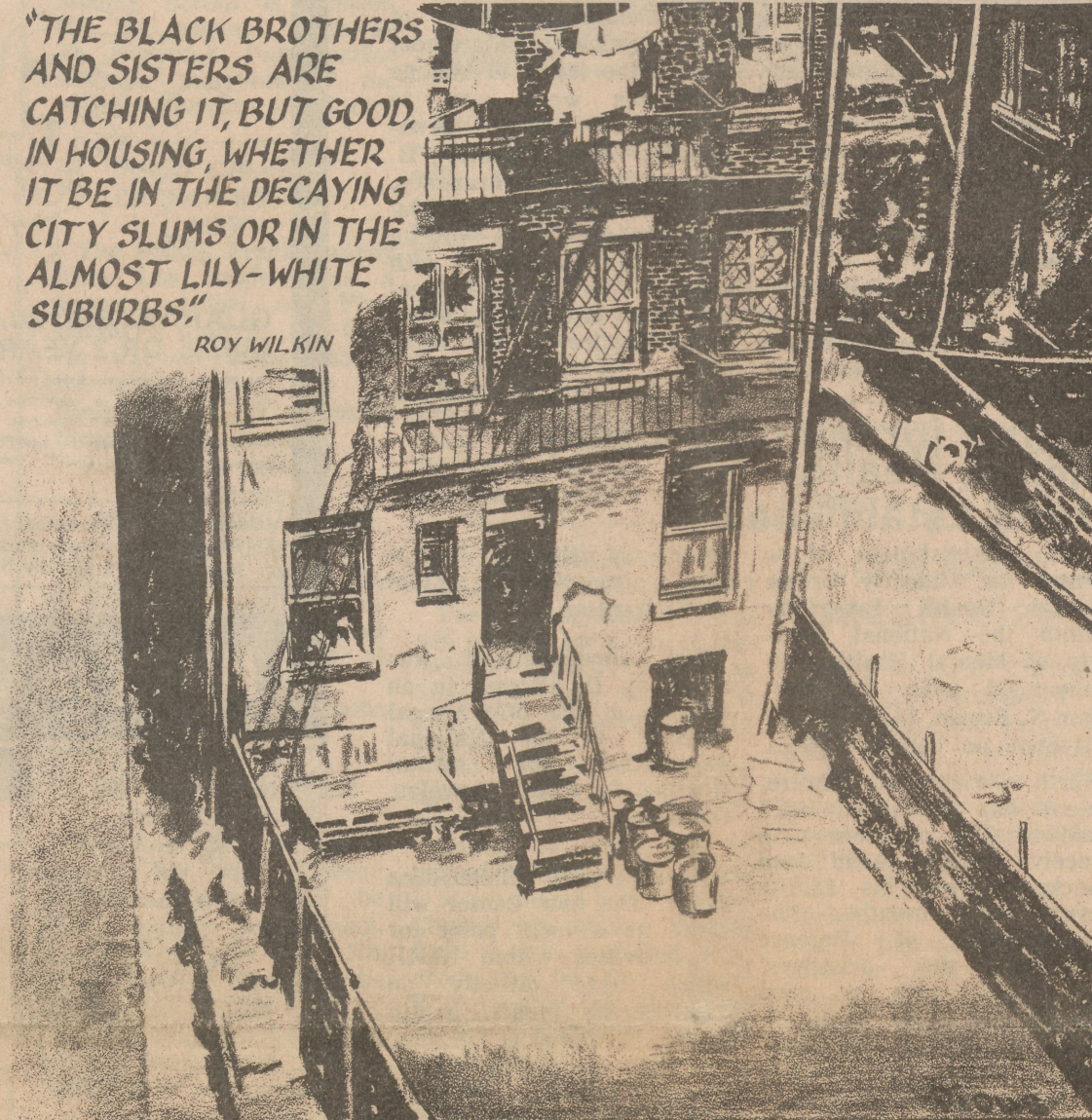
ACCUSE POLICE

Continued on page 2

NOW,
WILL THE PRESIDENT ADDRESS HIMSELF TO THE REAL PROBLEM?

"THE BLACK BROTHERS AND SISTERS ARE CATCHING IT, BUT GOOD, IN HOUSING, WHETHER IT BE IN THE DECAYING CITY SLUMS OR IN THE ALMOST LILY-WHITE SUBURBS."

ROY WILKIN



SCEF Votes To Support Angela Davis

BIRMINGHAM, Ala. — The board of directors of the Southern Conference Educational Fund (SCEF), holding their semi-annual meeting here, voted support of Angela Davis "in her fight for freedom."

"It is imperative," the board declared, "that the American people, particularly those of Birmingham and the South where Angela Davis grew up, understand the real political issue behind her arrest."

Leaders of the interracial organization declared that Miss Davis is under attack "because she is Black, a woman, and a Communist. This is typical of the double standard of justice which continues to oppress Black and other minority Americans."

"If we, the people, allow Miss Davis to be found guilty, we condemn ourselves to increasing repression and attack. We cannot allow the voices of peace and justice to be silenced."

Red Cross to Aid Pakistan Victims

WASHINGTON, D.C. — The American National Red Cross today cabled an initial allocation of \$25,000 to aid victims of the cyclone that devastated great sections of the Ganges River delta in East Pakistan last Thursday night.

The donation was made in response to an urgent appeal from the East Pakistan Red Cross, relayed through the League of Red Cross Societies in Geneva, which called on all Red Cross societies throughout the world to send funds and relief supplies to the stricken nation.

American Red Cross President George M. Elsey said

pointed out that Miss Davis became acquainted early in life with the "double standard of justice" which it condemned. They noted that some of her young friends were killed in the bombing of a church in Birmingham seven years ago, yet nobody has been arrested for that crime.

The SCEF board heard a report on Miss Davis's case from her mother, Mrs. Salley Davis, a Birmingham resident. It then set up a committee to get out the facts on the Davis case to people throughout the South. Members were present from nine Southern states, and they will take part in the campaign. They also called upon Gov. Nelson Rockefeller of New York not to allow Miss Davis's return to California for trial.

In another action, the board condemned "the unconstitutional and inhuman repressive acts against the Black Panther Party of America. We demand that every American have the right of free speech, the right of self-defense, and the right to determine his own future regardless of his political beliefs."

he was advised by League Secretary General Henrik Beer that the situation in East Pakistan is "extremely grave," and that the Red Cross society there needs immediate help to provide relief for countless thousands of victims of what may be the worst storm disaster of this century.

Elsey announced that Red Cross chapters will accept voluntary fund contributions from those wishing to assist with the relief operation. Contributions, made through the American Red Cross and marked for "Pakistan Relief," are tax deductible.

NEWS In A Nutshell

MANHATTAN, KAN. — The Kansas State University chapter of Delta Sigma Phi has accepted a Negro fraternity member, believed to be the first in the history of the school.

Kansas City, Mo. — The U. S. Department of Health, Education and Welfare has frozen \$25,578,708 in funds previously allocated to three building projects in the Kansas City area, until such time as the Kansas City Plan for Minority Hiring is fully implemented.

Minneapolis, Minn. — The U. S. Court Commissioner who already had set a record high bail of \$150,000 for a man held in connection with an alleged plot to kidnap Minnesota's Governor Harold LeVander and St. Paul Councilwoman Rosalie Butler again raised the bail to \$75,000 more Monday when Ronald Reed the man charged, appeared before Commissioner Bernard Zimpher on charges of conspiracy to commit aircraft piracy and possession of a sawed off shotgun.

into the dental profession. Cities designated include Houston, Birmingham, Gary, New Orleans, Charleston, S.C., Indianapolis, Cincinnati, Detroit and Jackson, Mississippi.

The program will be supported in part by Bottlers of Coca-Cola and Coca-Cola USA, as a continuation of efforts started several years ago to interest more Black students into dental careers.

Out of approximately 100,000 dentists in the nation, only about 2,000 are Black — with a ratio of about 12,500 people for every dentist practicing in the Black residential areas. Nationally, the ratio is about 2,000 people for each dentist.

U.S. Army Captain Denied Housing In Kentucky Town

Charges of blatant housing discrimination have been leveled at realtors in Bardstown, Ky., by a Negro Army captain now serving in Vietnam.

Documentation of the charges was made in letters to U.S. Attorney General John N. Mitchell, Kentucky Governor Louie B. Nunn and Bardstown Mayor Guthrie Wilson. Copies of his letters to these officials were forwarded last week by Captain E.W. Corrothers to NAACP Executive Director Roy Wilkins together with a request for assistance from the Association.

The Incident
Capt. Corrothers' wife is a native of Bardstown and, wanting to live near her family, the couple sought to purchase a home on Sylvan Drive in that city. Mrs. Corrothers, who had preceded her husband to the city to search for a suitable home, "was received

First to Be Tried on Army Charges; Family Weeps As Trial Ends

Staff Sgt. David Mitchell has been acquitted in the first My Lai case to reach the court martial.

Mitchell was the first of 10 American servicemen charged in the alleged mass murder of South Vietnamese civilians to receive a verdict.

A 30-year-old veteran, Mitchell has received two Good Conduct Medals and a Bronze Star awarded for action in Vietnam. He has completed ten years' army service.

"I always thought the army was a good outfit. Now I know it," stated Sgt. Mitchell, a squad leader in Company C, the same outfit in which Lt. William L. Calley, Jr. was a platoon leader. Calley is now being court-martialed in Ft. Benning, Ga. on charges that he murdered 102 civilians.

SALUTED JURY
Before the verdict was returned, Mitchell rose and saluted the jury.

"S. Sgt. David Mitchell, this court has found you not guilty," said Col. Francis Giacomozzi, president of the court.

After hearing the verdict, Mitchell's wife, Rosa leaped to her feet and shouted "Oh!"

Mitchell returned to his seat and slumped down into his chair.

The Army said that Mitchell had shot at 30 unarmed civilians herded into a drainage ditch at My Lai on March 16, 1968. Mitchell took the stand and testified with tears streaming down his cheeks, "I shot at no one."

DEFENSE WITNESSES
Eight other defense witnesses testified that Mitchell was not at the ditch in My Lai where the Army charged he fired at huddled men, women and children.

The prosecution presented three witnesses. Two said that they saw Mitchell raise his rifle into the ditch but neither saw nor heard shots from it. None said they saw any bullets strike the people in the ditch.

Following the verdict, Mitchell smiled broadly and stated that he planned to stay in the army.

Supreme Court Refuses to Review Case of Black Draft Resister

WASHINGTON, D. C. — The U.S. Supreme Court has refused to review the case of Walter Collins, a black draft resister from New Orleans who is facing five years in prison.

Robert A. Sedler, Lexington, Ky., one of Collins' attorneys, said he will ask the court to reconsider its action.

"The court has in effect upheld the right of white draft boards to decide whether black men shall be sent to die in war," said Mrs. Anne Braden, Louisville, Ky., executive director of the Southern Conference Educational Fund (SCEF), for which Collins is a field worker.

She pointed out that there were no black members of Collins' draft board, although the area it covers is two thirds black in population.

Collins has also shown that the chairman of the draft board lived in another county at the time Collins was ordered inducted into the armed forces. Sedler said this is in direct violation of the draft law.

He also noted one of the five members of Collins' board lived in the area covered by the board.

Rights Commission Meets Dec. 3

The Iowa Civil Rights Commission will be meeting on Thursday, December 3, 1970 at Medcenter located at 233 University Avenue in Des Moines, Iowa at 10:00 a.m.

Discrimination by unions will be one of the topics of discussion.

The public is invited to attend the meeting.

He further states his intent "to purchase the house of my choice, situated in the location of my choice and commensurate with my income. To settle for anything less would be an imposition on my family."

In a covering letter to Mr. Wilkins, the Army captain, requested the assistance of the National Association for the Advancement of Colored People in his effort to secure housing in Bardstown. Julius Williams, the Association's director of armed services and veterans affairs, is looking into the situation.

\$1 Million Grants Made By United Negro Fund

Grants totalling \$1 million were made today by the United Negro College Fund to its 36 member colleges and universities. Announcement of the grants was made by Vernon E. Jordan, Jr. Executive Director of UNCF.

Mr. Jordan said today's distribution was the first of three from the United Negro College Fund's 1970 fund raising campaign. Additional funds will be distributed during the 1970-71 school year.

The United Negro College Fund is a federation of 36 private, fully accredited predominantly black colleges which make a joint national appeal for support each year. The Fund's 1970 national goal

is \$10 million, the highest in its 27-year history. To date UNCF has raised almost \$4 million in this year's campaign, and a concerted effort is underway nationally to raise the remainder of the 1970 goal, Mr. Jordan said.

The United Negro College Fund was founded in 1944 to raise operating funds for its member institutions. Since 1944, UNCF has raised and distributed in excess of \$110 million to its membership. The funds raised by UNCF are used for scholarships, student aid, to increase faculty salaries and to purchase teaching equipment and to strengthen library facilities.

NAACP Hearing Hit Rural Housing Agcy

MONTBOMERY, Ala. — During open hearings conducted here by the national Association for the Advancement of Colored People, poor rural blacks of this state took full advantage of their opportunity to confront officials of the Farmers Home Administration with charges of ineptitude, inefficiency and outright discrimination in the administration of housing programs intended to help the poor. "Black folk," they said, "just aren't getting a fair shake."

Alabama State FHA officials faced a battery of hearing examiners composed of lawyers, housing specialists, officials from other government agencies, NAACP officials and, of course, Alabama black people themselves.

Testimony
As testimony built, several FHA county supervisors began to emerge as deliberate obstructionists to the improvement of living conditions for the Negroes who constitute a major portion of the local population. Because she had attempted to prevent such treatment in Autauga County, Mrs. Sally Hadnott testified, she has been subjected to "indirect harassment."

Following a full day of testimony Nov. 14, Frank J. Toland, mayor pro-tem of Tuskegee, said it is evident that the "FHA is practicing tokenism and discrimination when only 8 out of 227 staff members are black." Further, he attacked a state-operated "register" as an exclusionary hiring list.

Recommendations
Recommendations ensuing from the hearings included: the hiring of black su-

pervisors in the Alabama FHA, the removal of all personnel who discriminate against Negroes, vigorous enforcement of Federal civil rights laws as they apply to FHA, election of county committees rather than appointment, a thorough investigation of each county office, and follow-up public hearings within six months.

On the day preceding the hearings, civil rights advocates, housing experts and the press loaded into six cars and took a tour of Montgomery, Macon and Bullock counties to inspect rural housing conditions. Many of the dwellings viewed were dilapidated wooden shacks with unstable outhouses and no running water.

Thomas Reed, NAACP state president, said, "What we want to do today is to point out to the rural housing agencies that these are the conditions under which people must live."

"Never Heard of FHA" Although the Farmers Home Administration is charged with providing homes for the poor, most of the black poor visited said they had never heard of FHA.

Co-chairmen of the rural housing hearings were William R. Morris, director of housing programs, and Mrs. Ruby Hurley, southeast regional director, both of the NAACP.

While acknowledging that the Alabama hearings were the first to be conducted by the NAACP, the co-chairmen were strong in pointing out that there was no intent to pick on Alabama alone. Similar hearings will be heard in Suffolk County, Long Island, N.Y., in December and other hearings will be scheduled in 1971.

ACCUSE POLICE

Continued from page 1

He also said that the area with the highest crime rate was the model cities area.

No Recent Violence
There has been no violence following the shooting of Jackson. Urban says that this is due to the people who worked day and night to keep things calm.

"The time for a disturbance should have been during Jackson's funeral," said Urban, "Luckily there was no disturbance."

Citizen Speaks
One Negro, Paul Campbell, summed up the feeling behind the recent shooting by the Des Moines Police Department of Clarence Jackson:

"People get tired," he told the council, "of these incidents, when you shoot a kid down in cold blood."

"How would you feel if it had been your son?" he asked.

"I'm not going to pay taxes to have someone shoot my son, I'm going to get my gun out and shoot him," said Campbell.

There was scattered applause for Campbell as he sat down after his speech.

Police Elevator
Monday's council meeting did offer some hope to concerned citizens, when Jens Grothe spoke out against the treatment of some people in the police elevator.

Grothe asked that police stop taking prisoners into the station through an elevator. Many stories of beatings by police in the elevators have circulated for more than 30 years, he said.

Grothe said that he personally would fear a ride in the elevator, and that if its use isn't discontinued, at least a TV camera should be installed. If anyone is beaten up it would be monitored.

Mayor Urban said, "I see hope today that I didn't see three years ago."

Christmas Gifts To POW's

WASHINGTON, D.C., Nov. 16 — Such Christmas items as fruit cake and hard candy are being added to a heavy-duty gift package the American Red Cross will send to North Vietnam for U.S. prisoners-of-war whose families request this assistance.

In making the announcement, Red Cross President George M. Elsey said the organization was acting in response to a North Vietnamese news agency statement that the weight allowance on prisoner packages would be increased for Christmas from 6.6 to 11 pounds.

Since last February the

go out on the course and play golf. That's when I got my first chance to play golf using real equipment."

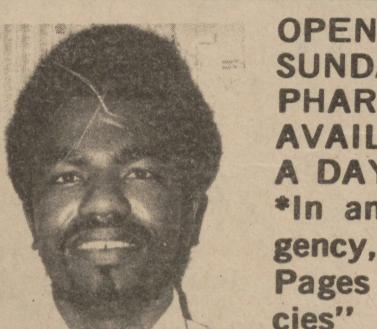
Wilson played his first game on foreign soil in a U.S.O. tournament in India during World War II. It was not until 1946, however, that he got his own first set of clubs.

Since that time, he has won about 30 amateur golf tournaments, and was in a three-way tie for seventh place in the professional National Negro Golf Tournament in Pittsburgh in 1958. He also was a leader in the same tournament the following year.

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Aid Offered to Colleges Seeking Racial Justice

NEW YORK. — The National Association for the Advancement of Colored People has offered to assist 2,000 colleges and universities throughout the country in efforts to achieve "racial justice on the campus," in the hope that it will "contribute to campus calm."

A letter was dispatched this week to the president of each institution of higher learning over the signatures of Roy Wilkins, NAACP executive director, and Buell G. Gallagher, chairman of the NAACP Board Committee on Campus Trouble. Enclosed were copies of the Association's statement on the troubled campus, adopted by the Board.

Proposing a series of recommendations covering vital aspects of university education; integration in educational, recreational and living facilities and activities; recognition of the history and culture of all minorities as a part of the history of all Americans; and democratization of the university administration.

The statement also proposed establishment of a series of federally-funded "Urban Grant Universi-

ties," serving the needs of city dwellers, as the Land Grant colleges have served the needs of the rural population for a century.

In their letter to college and university presidents, the NAACP officials said: "We cannot guarantee that 'domestic tranquility' will result from the effort to establish justice, but we submit that campus troubles will not disappear (and ought not to disappear) unless basic injustices are in the process of being removed...."

"Our resources," the letter continues, "are not unlimited. We shall have to give preference to campuses which invite our presence — and especially to those where the invitation comes from a full representation of students, faculty and administration."

Meanwhile, copies of the Cincinnati Statement and of the letter to college presidents were sent to editors of college newspapers. Also, Gloster B. Current, director of branches, sent a letter to state and local NAACP units urging them to cooperate with colleges in their respective areas in efforts to bring racial justice to the campus.

Center for Minority Group Mental Health Units Established

The establishment of a Center for Minority Group Mental Health Programs within the National Institute of Mental Health was announced today by Bertram S. Brown, M.D., NIMH Director, on behalf of Sec-

retary of Health, Education, and Welfare Elliot L. Richardson.

The announcement was made by Dr. Brown in an address at the 1970 Annual Meeting of the National Association for Mental Health in Los Angeles, California.

Secretary Richardson said, "The new Center will serve as a focal point for all activities within NIMH which bear directly on meeting the mental health needs of minority groups, including programs of research, training, services, and demonstration projects. This new Center, which will have a staff recruited from minority groups, will provide additional channels of communication between NIMH and minority communities. These will aid the Institute in developing and conducting a comprehensive program to help meet the mental health needs of minority groups in the United States."

The families of some prisoners have asked the Red Cross to send the food packets for them, and since February the organization has prepared and shipped 240 such packages.

Mr. Elsey urged families desiring this assistance with Christmas parcels to send the Department of Defense POW mailing card as soon as possible.

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Black Students Demonstrate at Okla

Black students demonstrated at Oklahoma's two largest state universities. The student housing center cafeteria at the University of Oklahoma was taken over by about

75 black students to display their distrust of an O U official. At Oklahoma States' Stillwater Campus 10 black students laid a wreath of red roses at the door

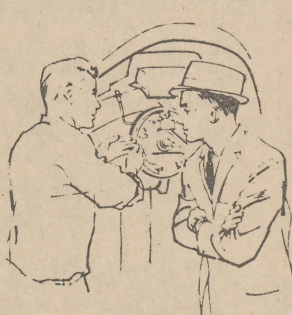
of OSU President, Dr. Robert Kamm, symbolizing the black students' feelings "that the administration is dead".

Kamm was, at one time, the Dean of Students at Drake University, who pushed at integrated dormitory housing on campus.

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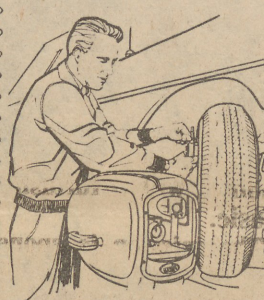
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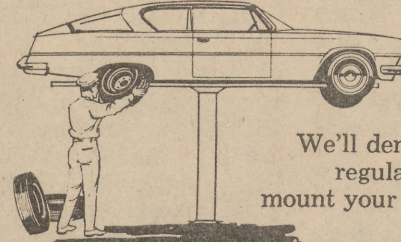
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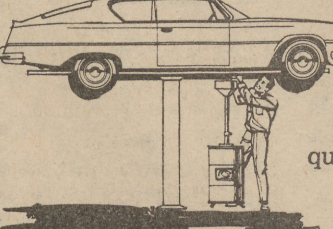
We'll demount your regular tires and mount your snow tires.

88¢

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Lube & Oil Change



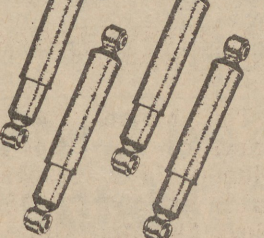
Includes up to 5 quarts of premium oil and expert lubrication.

\$3.88

This coupon expires November 30, 1970

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4th Shock Absorber



Buy 3 famous brand shock absorbers at our everyday price... get the 4th for only

88¢

This coupon expires November 30, 1970

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Golf Pro Represents Gulf Oil Co. in Nigeria



Eldredge "Yink" Wilson, a Pittsburgh, Pa. black golf pro who learned to play the game by using sticks and tin cans, has been chosen to represent Gulf Oil Corporation in the Lagos Open Golf Tournament in Lagos, Nigeria from November 30 to December 5.

Wilson will be competing with both professional and amateur Nigerian nationals, as well as golfers from the United Kingdom, Ireland, France and Ghana.

"It's the chance of a lifetime," Wilson said. A veteran golfer, "Yink" Wilson is the club pro at the Cosmopolitan Country Club near Pittsburgh. The Cosmopolitan is believed to have been one of the first interracial country clubs in the nation.

Carl Arter, manager of the Cosmopolitan Country Club, says that "For many years, Yink has been accepted as one of the best black golfers, but lack of a sponsor kept him from participating in many of the major tournaments. On several occasions, he has defeated a number of the better known black golfers."

Mr. Wilson, and his nine

brothers, practically grew up on a country club golf course. He and his brothers often worked as caddies on a Pittsburgh course, and he quickly developed an interest in the game.

Tin Cans and Brooms
"During my youth," he said, "we weren't able to use golf balls and golf clubs, so we used tin cans and broom handles. After we had been working as caddies for about two years, they set up a 'caddies day' about once a week when caddies could borrow a member's clubs and

Where to Attend Church in Des Moines

PHILADELPHIA SEVENTH DAY ADVENTIST
1150 13th St.
Rev. J. DIXON, Minister
Sabbath School 9:30 A.M.
Morning Service 11:00 A.M.
Missionary Volunteer 3:30 P.M.
Prayer Meeting, Wed. 8:00 P.M.
Dorcas Society 1st Sunday 1:00 P.M.

Corinthian Baptist Church
9th and School Streets
Rev. F.W. Strickland
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
B.T.U. 6:00 P.M.
Evening Service 7:00 P.M.
Prayer Service Wednesday 8:00 P.M.

St. Paul A.M.E. Church
12th and Crocker Streets
Rev. Henderson Davis
Church School 9:30 A.M.
Church Service 10:45 A.M.
Vespers Service 6:30 P.M. 7:30 P.M.
Prayer Service, Wed. 7:30 P.M.
Youth Fellowship 5:30 P.M.

East University Church of God in Christ
East 17th and University
Bishop J.E. ABERNATHY
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Service 8:00 P.M.
Wed. Eve. Mission Circle 8:00 P.M.
Weekly evening services Tuesday and Friday 8:00 P.M.

Kyles Temple A.M.E. Zion Church
Rev. Oscar Peavy, Pastor
907 15th Street
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Worship 7:00 P.M.
Prayer Service Wednesday 7:30 P.M.

Pilgrim Missionary Baptist Church
1732 Walker Street
Rev. Wayland Heath, Pastor
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Youth Meetings Weekly 7:30 P.M.
Prayer Meeting Wednesday 7:30 P.M.

Community Baptist Church
1108 8th Street
Rev. Guy L. Sanders, Pastor
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:30 P.M.
Evening Service 7:30 P.M.
Prayer Service, Wed. 8:00 P.M.

Forest Ave. Church of God in Christ
1121 Forest Avenue
Rev. A.B. Carter, Pastor
Sunday School 9:15 A.M.
Sunday morning worship 11:00 A.M.
Y.P.W.W. (Sunday) 7:00 P.M.
Sunday evening worship 8:00 P.M.
Tuesday evening Bible Band 7:00 P.M.
Thursday evening services 7:30 P.M.
Prayer services (daily) 9:00 A.M.

Bethel A.M.E. Church
1528 East University Ave.
Rev. L.B. Johnson, Pastor
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Service 7:30 P.M.
Wed.-Mid-Week Service 7:30 P.M.

BURNS UNITED METHODIST CHURCH
811 CROCKER STREET
Rev. J.M. Shoppshire, Minister
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.

Maple Street Baptist Church
E. 16th and Maple Street
Rev. Geo. Parish, Minister, 6-8910
Sunday morning worship 11:00 A.M.
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:30 A.M.
Evening Service 7:30 P.M.
Prayer Service Wed. 8:00 P.M.

First C.M.E. Church
28th and Mary Streets
Rev. H.P. Petties, Minister
Pastor's Phone 288-4991
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Business Meetings - Wednesdays

Union Baptist Church
"The Friendly Church"
E. UNIVERSITY AT McCORMICK
Rev. Henry Thomas
1340 McCormick
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Service 7:45 P.M.
Prayer Service Wednesday All Day

Mt. Olive Baptist Church
S.E. 4th and Scott Streets
Rev. H.R. Fields, Pastor
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Service 7:45 P.M.
Wednesday Prayer Service 7:30 P.M.
Choir Rehearsal Fridays 7:30 P.M.

Evangelistic Missionary Church
1340 E. 18th Street
ELDER E. FOUNTAIN, Pastor
Sunday School 10 A.M.
Sun. Worship 11:30 A.M. and 8 P.M.
Y.P.W.W. 7 P.M.
Sunday Evening Worship 8 P.M.
Tuesday Prayer and Bible Study 8 P.M.
Thursday - Consecration and Healing 8 P.M.

MACEDONIA MISSIONARY BAPTIST CHURCH
2603 Center Street
Rev. AVANCE HARDEN
Sunday School 9:30 A.M.
Morning Worship 10:45 A.M.
B.T.U. 6:00 P.M.
Elsie Chancellor, Director
Evening Worship 7:00 P.M.
Prayer Services - Wed. 7:00 P.M.

ST. JOHN'S LUTHERAN
6th and Keo Way
LOUIS H. VALBRACHT, Senior Pastor
Associate Pastors Joseph W. Freese-David I. Abram
SUNDAY SERVICES
Holy Communion 8:30 a.m.
Church School 10:00 & 11:00 a.m.
Worship Services 9:00 & 11:00 a.m.
Nursery during Worship Services

SHILOH BAPTIST CHURCH
1213 Scott Street BL 5-6333
Rev. WILLIAM HEATH, Pastor
ORDER OF SERVICES
Sunday School 9:45 A.M.
Morning Service 11 A.M.
B.T.U. 6:00 P.M.
Evening Services 7:30 P.M.
Wednesday Night Prayer Service 7:00 P.M.

YOU ARE WELCOME AT NEW JERUSALEM Church of God in Christ
WEST 14th and UNIVERSITY
BISHOP E.A. TINDRELL, Pastor
Order of Services
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Y.P.W.W. (Sunday) 6:30 P.M.
Evening Services 8:00 P.M.
Weekly Evening Services (Tuesday and Friday) 7:30 P.M.

FIRST CALVARY APOSTOLIC CHURCH OF GOD
2561 Onawa
Wednesday 7:30 P.M.
Sunday 10:30 A.M.
Evenings 7:30 P.M.
Minister, Georgiana Reid

OUR SAVIOUR'S BAPTIST CHURCH
1555 Des Moines St.
Telephone -- 262-6060
Pastor, Rev. Theodore R. Brown

ORDER OF SERVICE
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:00 P.M.
Sunday Evening Service 7:30 P.M.

TRUE BIBLE BAPTIST CHURCH
1400 De Wolf St.
Rev. Ezell Wiggins, Pastor
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:00 P.M.
Evening Worship 7:00 P.M.
Prayer Meeting, Wed. 7:00 P.M.

"Where The Happy Hundreds Go"
ECHOES OF CALVARY CATHEDRAL
18th and Crocker
Services 9:00 a.m.-9:45 a.m. and 7:30 p.m.
Wednesday 7:30 p.m.
(Inter-Faith-Inter Racial)
Rev. D.L. Browning - Pastor
Phone 283-2849

EMANUEL FIRST BAPTIST CHURCH
Rev. G.C. Turner
801 S.E. 26th Street
Sunday School 9:30 A.M.
Worship 11:00 A.M.
Prayer Service Wed., 8:00 P.M.

MOST UNITARIANS

believe purpose of religion is to help all of us to be better now instead of preparing us for an imaginary heaven or hell. Come to the service at 11 a.m. on Sunday and hear Mr. Isom preach on:

"A HUMANIST THANKSGIVING"

FIRST UNITARIAN CHURCH
John B. Isom, Minister
Bell & Casady Phone 244-8683
Des Moines, Iowa 50315
(Phone or write for literature)

MORNINGSTAR BAPTIST CHURCH NEWS

Mrs. Marion Jenkins of the Des Moines Star Choir will be in a big musical talent program the first Sunday night in Dec. at 7:30 p.m. at 1150 W. 13th.

The Spiritual Travelers from Omaha, Nebr. and other groups from Des Moines will be present. A soloist from Indianapolis will also perform. The Rev. Alex Crawford is pastor.

CORINTHIAN BAPTIST CHURCH NEWS

"Forward in the Name of God," is the sermon topic to be discussed by Rev. F.W. Strickland on Sunday, Nov. 29 at the 11:00 a.m. worship.

Six candidates for baptism will be baptized immediately following the sermon. At 7:00 p.m. the Missionary Department is sponsoring a "Ministers' Wives Musical."

Everyone is invited to attend and hear these talented first ladies of the various churches.

WHEN FRIENDS DROP IN or OUT FOR A SPIN it's more fun with chips



Hiland Potato Chips - the Chipplest chips around

ST PAUL AME CHURCH NEWS

Sunday worship service is at 10:45 a.m. The sermon will be delivered by Lewis E. Grady. St. Paul's plans to build there in the very near future.

On Nov. 30th dinner will be served promptly at 6:30. Following the family dinner a conference will be held on the planning of future church elections of trustee, appointment of Stewards and other officers.

KYLES A.M.E. ZION CHURCH NEWS

Saturday, Nov. 28, the Stewardess Board will be serving dinners, for delivery call 288-2391.

Sunday, at 11:00 a.m. services, Rev. Peavy will preach.

The combined youth, young men and senior choirs will sing.

Sunday, at 7:00 p.m. the Sunday School is presenting the pageant, "Highway To Heaven." Participating will be members of the various churches of the city.

FIRST CALVARY CHURCH OF GOD NEWS

The Bishop Frank Canady from Los Angeles was a recent visitor at First Calvary Church of God. He was an inspiration to the congregation and the congregation is looking forward to his return. Rev. Reid is pastor.

MT ZION OUR LABOR CHURCH NEWS

On Sunday, Nov. 29, at 3:30 p.m., Nellie Gator will present a musical program. God's Army of Youth Choir will sing. Rev. Henry Simmons is pastor.

MT. OLIVE BAPTIST CHURCH NEWS

The Rev. James Harris pastor of Mt. Hebron Baptist Church will be guest speaker on Sunday, Nov. 29, at 3:30 p.m. His choir will furnish the music. The mission is sponsoring the service, Mrs. Marie Williams is president.

MAPLE STREET CHURCH NEWS

Rev. Parrish's sermon title for Sunday, Nov. 29, will be, "The Strengthening Angel."

On Nov. 29, at 4:00 p.m. the Mission Circle will sponsor a special program with Rev. William Fields bringing the message. Two guest soloists will also be featured on the program.

At 6:00 p.m. Nov. 29 the Mission will be sponsoring the "Wings of Grace" in a T.G.F.O.P. program.

There will be a bake sale following morning service, Sunday, Nov. 29.

MORNINGSTAR BAPTIST CHURCH NEWS

Sunday, Nov. 29, at 3 P.M. Rev. Chance George Turner and his congregation will be with the Morningstar Baptist Church in an appreciation service.

The Morningstar broadcast may be heard each Sunday at 7:45 A.M. on radio station KSO.

MT. HEBRON BAPTIST CHURCH NEWS

The Mother Board will sponsor the True Light Singers in a musical program at 8:00 P.M. Sunday, Nov. 29. Mrs. Gillie Reed, president, Rev. James M. Harris, pastor.

Harmonettes Celebrate 15th Anniversary



The Des Moines Harmonettes Gospel Singers Inc. will observe their 25th anniversary, Sunday, Dec. 6th at 3:30 p.m. at Maple St. Baptist Church.

Judge Glanton and Atty. McKnight, who drew up the Inc. papers will be honored guests.

Rev. Buddy Lucker and James B. Morris Sr. will unveil the album, which the group has just recorded. The album has 14 songs

Rev. H. I. Thomas will dedicate the album. Choirs from Union, Shiloh and Morningstar Baptist Churches will sing.

The Wings of Grace, The Gospel Teens, the True Lights and the Harmonettes will also appear on the program.

The True Friends, The first men's singing group will play an important part.

Miss Mayvis Larson will

be honored for what she contributed to the group.

Tea will be served in the dining hall following the service.

All past Harmonettes will be honored with a presentation.

We thank God for 25 years of Christian Service and will continue in service.

Nancy Mathews Pres. and Dolores Alexander Secy.

MACEDONIA BAPTIST CHURCH NEWS

The Evangelistic Board will join the members of Macedonia Baptist Church on Thursday, Nov. 26, at 6:00 a.m. for a Thanksgiving day service.

The Rev. Alphonso Spriggs will bring the message. Coffee and rolls will be served following the service.

Macedonia Baptist Church will hold a revival from Nov. 29-Dec. 4, conducted by Rev. Albert Fox, pastor of the New Bethel Baptist Church, Manley, Iowa.

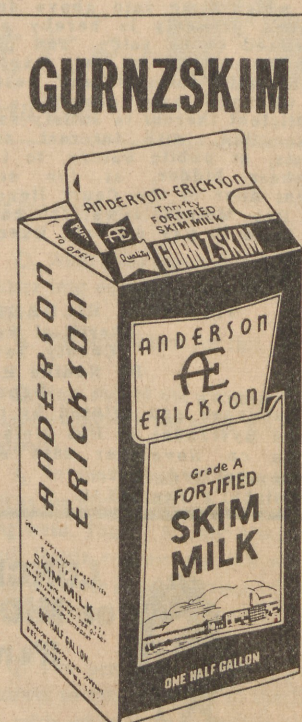
Local choirs will sing each night at 8:00 p.m. Monday, Nov. 30, the choir from Pilgrim Baptist Church will sing. Tuesday, Nov. Dec. 1, Corinthian Missionary Church, Wednesday, Dec. 2, Kyles Methodist Church Choir, Thursday, Dec. 3, Macedonia Adult Choir, and Friday, Dec. 4, The Angel Choir will be singing.

ROCHESTER, N. Y. —

Two grants received by A&T State University Monday totaling \$80,000 will enable the University to strengthen its new program in cooperative education.

Taking a Powder

Nickel is playing a leading role in the expansion of the powder metal industry. Powdered nickel combined with other metallic powders is compressed and heated to make complex parts of high strength and durability with a minimum of machining and waste.



THE NON-FAT MILK WITH... TASTE-ABILITY

ANDERSON ERICKSON DAIRY CO.

Workshop Held at Wilberforce

Wilberforce (Ohio) University Alumni of the Mid-West Region convened in Cleveland, Ohio last weekend at the Hollenden House Hotel and concluded plans to conduct Phase II of the New Wilberforce University "Campaign of the Seventies" in which they will contribute \$150,000 toward the new campus.

Members of the Alumni Board and Delegates in attendance represented Alumni Chapters in Ohio, Michigan, Illinois, Kentucky, Indiana, West Virginia and Pennsylvania. President of the National Alumni Association is Hondon B. Hargrove of Detroit.

Theme for the weekend conference which began with an Executive Board meeting on Friday afternoon was: "Wilberforce in the '70's - Decade of Transition." Workshop sessions emphasized two main topics of discussion-Strengthening chapter organizations throughout the country; and the successful completion of the Alumni fund raising campaign.

Demonstrating their leadership, members of the Wilberforce Alumni Executive Board individually pledged a minimum of \$500 toward the "Campaign of the Seventies". Alumni Chapters in 30 major cities throughout the country, under the leadership of a National Campaign Committee will develop fund raising projects in their respective communities to assist in the \$22 million dollar goal to build a modern campus on the Wilberforce site near Dayton, Ohio.

Your Pharmacist's corner

By: MARION WILLIAMS R.Ph.

Take Your Medicine

When holding a conversation, it's wise to let go of it now and then.

The government is worried because 25 percent of the people are living beyond their means. Look who's talking!

Friction between the generations is inevitable because the young and the old know the answers, and those in between are stuck with the questions.

Did you hear about the new trade agreement with the Soviet Union? We send them 3,000 cars from Detroit and they send us 200,000 parking spaces from Siberia.

Cocktail party host: "Are you enjoying yourself?" Guest: "I feel a lot more like I do now than I did when I came in."

You'll feel your best after you've taken the headache-chaser you buy at Williams Pharmacy, 1430 University Avenue, Phone 288-3266.

near Dayton, Ohio.

James Tanner, Assistant Superintendent of Schools in Cleveland, is President of the Cleveland Chapter which served as host for the Mid-West Regional Conference.

Postal Dept. Urges Use of Precanceled Xmas Stamps

Don't let your Christmas cards get sabotaged by other cards this year. Buy and use precanceled Christmas stamps. Then separate your cards into Local and Out-of-Town and tie in bundles.

As before during the Christmas season, many people put gum, candy or coins in with their cards. Because of the great mail volume, they get into the machine, causing it to jam. At the high rate of speed it is traveling, this can cause damage to many other cards and letters following it. Also it will expedite your cards because it will by-pass this

operation of cancelling the stamps.

You will be receiving around December 1st in your mailbox some "Local" and "Out-of-Town" slips to make it easy for you to separate your cards and mark.

Make this a Merry Christmas for everyone and help the Post Office with its big load of Christmas mail. Use precanceled stamps, use Zip Code and make your address plain.

The precanceled stamps that you have left can be used until January 31 and then can be redeemed for other stamps at all of our Classified Stations.

Indonesian Beef And Pears

1 (29 oz.) can Bartlett pear halves
1 1/2 pounds bottom round steak
1 medium onion, sliced
1 clove garlic, minced
1/2 teaspoon turmeric
1/2 teaspoons powdered ginger
1/2 teaspoon dried chili peppers (optional)
1 teaspoon salt
2 tablespoons oil
1 (10 1/2 oz.) can beef bouillon
1/2 green pepper, cut in thin strips

Drain pears, reserving 3/4 cup pear syrup. Cut round steak diagonally, across grain, into thin slices. Add pear syrup, onion, garlic and seasonings. Marinate 2 to 3 hours. Drain meat and onion and brown lightly in oil. Add beef bouillon. Cover and simmer slowly 1 1/2 hours or until tender. Add pears and green pepper. Heat 5 minutes. Serve with steamed rice. Serves 6.



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Tailoring and Repairing
QUALITY DRY CLEANERS

THREE LOCATIONS

12th and Keo
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27th and Douglas
279-7736

5PM
Call when it's cheaper.

Most long distance station rates are cheaper after 5 p.m. on weekdays and all day Saturday and Sunday.

Northwestern Bell

CLEANING SPECIALS

Get Perfect Cleaning Done On Your Fall Garments

All Buttons Replaced and Minor Repairs FREE.

A Mother's Care to All You Wear

Phone 265-1888

1100 East 14th St. Des Moines, Iowa

1-Hour Deluxe Cleaners & Launderers, Inc.

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Classified Ads

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Apartments for Rent
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or Rent
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Real Estate Broker
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Unfurnished apartment, 2 rooms, 3 rooms and 4 rooms. 279-7698

APARTMENT FOR RENT

1609 - 8th Street
One bedroom apartment, newly decorated, furnished or unfurnished. Private bath and entrance. Utilities paid. Call 244-7723 for appointment to see.

APARTMENTS FOR RENT

Two room, completely redecorated. Carpet. Furnished. Private entrance and bath. Three room, completely furnished. Carpet. Private entrance and bath. Adults only. No pets. Call 282-0650.

SLEEPING ROOMS

Two nice sleeping rooms for rent. Close in. Convenient. Call 288-1904.

Houses For Rent

HOUSE FOR RENT

Four bedroom house. Living room, dining room and kitchen. Near Nash School. Decorated inside and out. Good gas furnace. Available Dec. 1st. \$115 a month. Call 255-8625.

HOUSE FOR RENT

1533 17th. Living room, dining room and kitchen downstairs. Two bedrooms and bath upstairs. Good basement. Good gas furnace. \$90 a month. Available Dec. 1st. Call 255-8625.

MISCELLANEOUS

TYPEWRITER FOR SALE

Olympia portable typewriter, model SM 9. Brand new. Call: 244-1607.

CONTROL YOUR EARNING POWER

If you enjoy the excitement and intrigue of meeting people and have an appealing appearance, you are the lady we want. You may set your own hours for an average of better than \$3.00 per hour. Call 283-0064.

Answers to Turkey Questions

Q. What are some tips that will help make carving the turkey easy for the host?
A. Place the turkey on a large platter. Avoid overcrowding the platter with garnishes. The breast of the turkey should be at the carver's left. Have a sharp carving knife, a long pronged fork, and an extra plate handy for carving thick and drumstick.

Q. Does turkey take less time to cook when not stuffed?
A. Yes. Shorten the recommended times about 1/2 hr. for a 14 lb. bird and proportionately for other sizes.

The Iowa Bystander

Established in 1894
221 LOCUST STREET
288-1804

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Editor and Publisher

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SIOUX CITY

Mrs. Albert Smith
217 W. 14th Street

United Westside Presbyterian Church will hold Thanksgiving services Wednesday, Nov. 25, at 7:30 p.m., at 2521 West 14th St.

The W.M.U. will sponsor a program on Sunday, Nov. 29, at 7:30 p.m. at Mt. Zion Baptist Church. Mrs. Estella McFee, president, of Women's Convention Auxiliary to the Iowa Missionary and Educational Baptist State Convention, will be the guest speaker.

The annual Distinguished Service Award for "Outstanding Contributions to Agriculture," was presented to Mrs. Viviane Barnett.

Mrs. Barnett founded and directed "Green Fingers" gardening project for low-income families. The project was started two years ago in Portland, Oregon.

Mrs. Barnett is a former Sioux City resident.

Sick and shut in are: B.F. Griffin, 215 West 14th St., Roy Hunter, in Veterans Hospital, Omaha, Neb., and Mrs. Essie V. Rucker, St. Luke's Hospital, East.

BURLINGTON

Mrs. Velma L. Lewis
418 South Starr Avenue

The Rev. William A. Smith of the University of South Florida was the guest speaker at a special Sunday night service at St. John A.M.E. Church on Nov. 15.

The Art Club of St. John A.M.E. Church met last Saturday at the home of Wilbert Stitts, 815 S. Gertrude. Officers of the club are Rev. Robert Clay, in-

NOTICE OF PROBATE OF

WILL OF APPOINTMENT OF EXECUTOR, AND

NOTICE TO CREDITORS

In the District Court of the State of Iowa in and For Polk County

Probate No. 62943

IN THE MATTER OF THE ESTATE OF SALLY ILL, Deceased.

TO ALL PERSONS INTERESTED IN THE ESTATE OF SALLY ILL Deceased:

You are hereby notified that on the 12th day of November, 1970, the Last Will and Testament of Sally ILL deceased bearing date of the 30th day of September, 1961, with Codicil dated June 2, 1969 was admitted to probate in the above named Court and that Harry B. ILL was appointed executor of said estate.

Notice is further given that any action to set aside said Will must be brought in the District Court of said County within one year from the date of the second publication of this notice, or thereafter be forever barred.

Notice is further given that all persons indebted to said estate are requested to make immediate payment to the undersigned, and creditors having claims against said estate shall file them with the Clerk of the above named District Court, as provided by law, duly authenticated, for allowance; and unless so filed within six months from the second publication of this notice (unless otherwise allowed or paid) such claim shall thereafter be forever barred.

Dated this 12th day of November, 1970.

HARRY B. ILL
Executor of said Estate
2825 Grand Avenue
Des Moines, Iowa 50312

JOHN J. McLAUGHLIN
Tenth Floor Hubbell Building
Des Moines, Iowa 50309

Printed and published in the Iowa Bystander November 19, 1970 and date of second publication 26th day of Nov., 1970.

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structor, Virgil Redd, Jr., president, and Huston Lloyd, secretary-treasurer.

St. John A.M.E. Church Hunting and Fishing Club met last Saturday morning at the home of their instructor, Willie Roach.

Rev. Robert Clay, pastor of St. John A.M.E. Church and the Youth Choir were the guests of St. James A.M.E. Church of Monmouth, Ill., last Sunday. Rev. Clay was the guest speaker.

Visiting here from Los Angeles, Calif. is Mrs. Saloma Nickerson and children Vanetta and Larry and granddaughter, Patricia. They are the guests of Mrs. Nickerson's brothers and their families, Mr. and Mrs. Jake L. Nelson and Mr. and Mrs. Howard Nelson.

Mrs. Lynn Stinson has as her house guest her mother, Mrs. Pinky Hunter from Opelika, Ala. She attended worship services at St. John A.M.E. Church last Sunday.

Leaving Wednesday for Rantoul Field, Ill. was Mrs. Sallie Cheers and daughter, Dandra, to spend the Thanksgiving holiday with her son and his family, Mr. and Mrs. Homer Cheers, Jr.

Arriving from New York City for the Thanksgiving holiday will be Mr. and Mrs. Robert Ross and guests. They will be the house guests of Mrs. Ross' brother and sister-in-law, Mr. and Mrs. DeEdwin White.

A meeting of the Religious

ORIGINAL NOTICE

In the District Court of Iowa in and For Polk County

Equity No. 74895

ELWOOD E. BULLIS, Plaintiff,

vs.

ROBERT LOUIS YODER, RUBY MARIE YODER, and MICHAEL LOUIS YODER, and all unknown persons claiming any right, title or interest in and to the following described real estate:

Lot 245 in Gray's Woods, an Official Plat, not included in and forming a part of the City of Des Moines, Iowa, and all the heirs, spouses, assigns, grantees, legatees, devisees and beneficiaries of each and all of the above named defendants.

TO THE ABOVE NAMED DEFENDANTS:

You and each of you are hereby notified that the Petition of the Plaintiff in the above entitled cause is now on file in the office of the Clerk of the District Court of Polk County, Iowa, claiming that the Plaintiff is the equitable titleholder of the real estate described as follows, to-wit:

Lot 245 in Gray's Woods, an Official Plat, now included in and forming a part of the City of Des Moines, Iowa,

subject only to the rights of the legal titleholder, to-wit: Black Oaks Investment Company, and that the Plaintiff is credibly informed and believes that the Defendants make some claim adverse to the title of the Plaintiff in said property and that the said Plaintiff has no knowledge or information as to the nature of said claim and does not know how said interest as claimed by said unknown claimants was derived or claimed to have been derived or the method of obtaining the same and the Plaintiff avers there-in that the names and residences and mailing addresses of the unknown persons claiming title to the Plaintiff are unknown to Plaintiff and that Plaintiff has sought diligently to learn the same and the Plaintiff in said Petition sets out certain instruments of record which cloud the title of this Plaintiff to said real estate and to the pretended claims or questions which have arisen with reference to said title and you are referred to said Petition for a more particular statement thereof. The Plaintiff in said Petition states that none of the said Defendants or unknown claimants have in fact any right, title or interest in or to the above described premises or any part thereof or any color of right, title or interest therein and that the Plaintiff and his immediate grantors have been in the sole, complete, open, notorious, actual and undisputed possession of the said premises for more than ten years last past under claim of title and ownership thereof and have been the undisputed and unqualified owners thereof for over ten years and that by reason thereof and of the lapse of time and the laches of the Defendants in failing to assert any pretended claim thereto and in permitting valuable improvements to be made thereon relying on such possession and ownership, the Defendants are estopped from asserting any right, title, claim or interest therein adverse to the Plaintiff. The Plaintiff in said Petition prays for the establishment of his estate and title against the adverse claims of the Defendants and that each and all of them and all unknown claimants and persons unknown having or claiming any right, title or interest in or to said premises and all persons claiming by, through or under them, be barred and forever estopped from asserting or claiming or claiming any right, title or interest in or to the said premises or any part thereof or the Plaintiff's title therein and that the Plaintiff's title to the said premises be quieted, established and confirmed and that the Plaintiff have all such other and further equitable relief as to the Court may seem just.

You are further notified that unless you appear and defend before said Court sitting at the Polk County Court House, Sixth and Mulberry Streets, Des Moines, Iowa, on or before the 30th day of December, 1970, your default will be entered against you and judgment and decree rendered thereon as provided by law.

Dated this 9th day of November, 1970.

WILLIAM M. CARRON
Attorney for Plaintiff
719 Empire Building
Des Moines, Iowa 50309
Printed and published in the Iowa Bystander November 12, 19 and 26, 1970.

Spouting Sheet Metal Work
get your gutters and down spouts repaired now before the spring rains.
Hal Schmidt Furnace Co.
219 E. Walnut St. 288-3600

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get your gutters and down spouts repaired now before the spring rains.
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NEWS IN AND AROUND IOWA

Cedar Rapids

By Mrs. Julian Carlton
1016 12th Ave. S.E.
Phone EM 3-2756

The Religious Book Club meeting was held Nov. 23 at Jane Boyd Community House, The Palms was given by Mrs. Gene Marner. Devotions was by Mrs. Robert Collins. Hostesses were Mrs. Howard McKnight, Mrs. Beulah Deaver and Mrs. Eleanor Morden.

Social Whirl + Club Calendar

LINES

by
marri
johnson

Mrs. Louise Glass, a long-time resident of Des Moines is this week's guest columnist. She has been a well-known contributor to the Iowa Bystander over the years and to this day has her say on public issues by way of the editorial page of the Des Moines Register and Tribune papers. Her choice of subject for today makes for interesting reading:

THE UPROAR OVER HAIR

"The more it changes the more it's the same thing!" We see this old saying verified all of the time. The details change but the situation starts and comes back to the same point.

The present furore over the length of young men's hair calls to mind a similar uproar some 50 years ago.

It seems that as far back as we have knowledge long hair was considered a mark of feminine beauty. About 1914 a beloved dancer appeared with bobbed hair so her fans imitated as might be expected.

Many men were outraged, some forbidding any female over whom they had control, to have her hair cut. One head of a big hospital served notice that any nurse who had her hair cut would be fired at once.

The Bible was quoted to prove that long hair for wom-

en was divinely ordained. To some it was a sin and a disgrace for a woman to cut her hair.

Bobbed hair stirred a lot of domestic storms, too. An irate husband might "take it out" on the barber who cut his wife's hair. Beauty parlors were not so numerous in those days and the few that were operating did not cut hair. So the ladies had to have it done at a barber shop. This in itself infuriated some men. They felt that women had no business in a barber shop.

Nevertheless short hair became so popular that a woman who kept her long tresses found it difficult to get a hat to fit her head.

Some may ask how it all started in the first place. It has been said that the dancer, Irene Castle, suffered a severe illness. During the time her long hair became badly tangled. Rather than go through the ordeal of having it desentangled she had it cut.

At one time a certain religious denomination taught that the sight of a woman's hair had an evil effect on men. They did not require that the long hair be cut but the women were required to keep it covered with a close-fitting bonnet.

We are told that hair is really a waste product but what a role it has played in history.

Julia B. Mayer Center - Program Hi-Lites (Part II)

PRE-TEEN AND TEEN (MON.-THURS.) Club groups, basketball teams, cooking, sewing, recreation, and crafts are just part of the Program Hi-Lites at the Julia B. Mayer Center this year.

Having trouble with school work? Drop by for some extra help!

"RAP" SESSION is available to neighborhood teenagers 15 to 19 years of age. This program is an attempt on the part of the Julia B. Mayer Center to provide a platform on which interested individuals can discuss relevant issues of their choosing. Every Tuesday night from 7:00 PM to 9:30 PM.

ADULT

A "Slim & Trim" program for adult women has sessions for neighborhood women who are interested in proper diet and exercise for safe weight loss, and includes such activities as swimming, group exercise, steam baths, and help with individual problems. Sessions are Mondays and Wednesdays from 1:00 PM until 3:00 PM, and Tuesdays and Thursdays from 7:00 PM until 9:00 PM.

A Consumer Education course is designed to help people of the neighborhood become aware of the importance of knowing all facts available before spending or investing their money. Topics to be covered will include sales gimmicks, interest charges, consumer protection agencies, and some better buying practices.

Adult women may attend Home Decorating class on Tuesday evenings at Julia B. Mayer Center from 7:00 PM to 9:00 PM where they will learn upholstery, how to make curtains and draperies, room arranging, and other aspects of home decorating.

On Thursday evenings from 7:00 PM to 9:00 PM is the Sewing Class where women can learn beginning sewing or work on advanced projects.

COME DO YOUR THING AT THE JULIA B. MAYER CENTER.

Italian Dinner By Black Boutique Club

Last Thursday, the young ladies of Black Boutique Club prepared and served an Italian dinner at Wilkie House.

Mrs. Frances Banks and Mrs. Dolly Howard have been discussing nutrition and beauty with Black Boutique members. They graciously directed the plans and preparations of this exciting, candlelit occasion.

The next project for the Black Boutique Club will be hand knits. Miss Susan Thiel has begun demonstrating to the club how they can quickly learn basic stitches and expand their winter wardrobe with personally designed knit accessories.

A second weekly meeting time for the Black Boutique Club is being scheduled for Tuesdays. Mrs. Mary Shaw will be directing the club members in a variety of arts and Black culture activities.

Mrs. Shaw is a vibrant addition to Wilkie House staff and is already a favorite with the teen girls.

Pasha Club Elects Officers

Election of officers for the Pasha Club was held at their meeting November 15, 1970, at the home of Mrs. Marjorie LaMay. Officers elected were: Corrine Perkins, president; Marjorie LaMay, vice president; Mildred Blaney, secretary; Dorothy Hawkins, assistant secretary; Edna Harris, treasurer; Lorraine Taylor, social chairman; Frankie Violet, sick committee chairman.

The Pasha Club entertained more than 200 guests at the Terrace Room of the Hotel Savary on Saturday evening, Nov. 21. It was a formal affair with the theme "A Pre-Happy Holiday Party." Edna Harris, reporter.

Elegant Eight To Meet

Mrs. Lessie Garret will be hostess for the Elegant Eight, at 1219 19th St., at 8:00 p.m., Dec. 2.

Mrs. Delois Bailey is president.

Gateways Center Receives Grant

Gateways Opportunity Center, located on 1343-13th St. in Des Moines, received a \$37,357 from OEO through Greater Opportunities Inc., and are in the market for a "good director."

Gateways administers and provides space for government paid projects such as: Planned Parenthood, Legal Aid, emergency food programs, and GED courses.

According to Royal, the four main functions of Gateways are; to develop neighborhood action programs, to develop good manpower organization programs, to develop programs for the people Gateways serves and to increase services to the area.

The new grant will be used in "a cut and dry way," said William Jones, Chairman of the Gateways Board of Trustees. "The money will be used to operate the building and pay the staff," he said.

Gateways Opportunity Centers serve four counties; Polk, Jasper, Warren and Monroe. The center located on 1343 13th St. serves the Model Cities area. This Center serves the largest concentration of population, between 15,000 and 20,000 people, Royal estimates.

Officers on the board of trustees for the center located on 14th St. are; William Jones, president, Alvin Moore, vice president, Gene Minahan, secy., and Cottie Lucas, treasurer.

The center holds general meetings the third Tuesday of each month. A program is presented and refreshments are served. Program chairman is Mrs. Edna Morris, hospitality chairman is Mrs. Rose Johnson.

Due to the Christmas holidays December's meeting will be canceled.

DM NAACP Will Broaden Investigation Of Rights Violations

At the November meeting of the Des Moines branch, NAACP Tuesday evening, plans were perfected to create a citizens arm of the legal redress committee which will be charged with investigating and recording instances of police brutality and other violations of civil rights of Negroes.

The nominations committee reported a slate of officers for 1971 to be voted on at the December meeting. Malcolm Hogan is president of the branch.

Drake Black Law Students Banquet Friday Night

Drake University's Black Law Students Association will have a banquet and concert to raise funds for its Martin Luther King Scholarship Fund at Drake at 6:30 p.m. Friday, November 27, in the Grand Ballroom of the Hotel Fort Des Moines, 10th and Walnut Streets.

Judge Luther T. Ganton of the Des Moines Municipal Court, Chairman of the Advisory Board of the Martin Luther King Scholarship Fund, will speak. Entertaining will be vocalist Joanna Jackson and the Joe Adams Trio.

A social hour at 6:30 p.m. precedes dinner at 7 p.m., with the speech and entertainment beginning at 8 p.m.

Tickets are \$10 each, but the association encourages additional contributions. Tickets may be obtained by telephoning 271-2824 or in Room 23 of Carnegie Hall, 27th Street and Carpenter Avenue on the Drake campus.

The association's goal is to raise \$100,000, largely from Des Moines' black community, for scholarships named in memory of the late civil rights leader. The scholarships are for black students in the Drake University Law School.

Pasha Club Entertains With Formal Dance

The Pasha Club held a pre fall formal Saturday night in Hotel Savary's Terrace Room. About two hundred persons enjoyed the festivity. Guests were Au-Faite Club members and their husbands. The women were presented chrysanthemums and the men red carnation boutonnières. Music for an evening of dancing was furnished by The Soul Brothers.

The party tables were decorated with red and white candles. Club members' names were carved on styrofoam against a red background. These carvings adorned each table. Refreshments were served.

Mrs. Paul Perkins is club president and Mrs. John Blaney is secretary.

Links Inc. Plans 1971 Program

The Des Moines Chapter of Links Inc. met with Mrs. Meredith B. Saunders, Thursday, Nov. 19. They planned the program for the coming year.

New Guide to Locate Black Literature, Papers

A new guide designed to help students here locate books, newspapers and other periodicals dealing with Black people, their institutions and events, has been compiled by the University of Connecticut Wilbur Cross Library.

Intended primarily for general students, the 32-page "Black Studies Guide" was produced by the Library's Black Studies Committee.

Scores of handbooks, guides and biographical directories are listed, with notes indicating the location of specific works in the library.

The "reference" section lists everything from a U.S. Civil Rights Directory to a "Directory of Negro Newspapers in the U.S."

Also included are selected bibliographies listing hundreds of publications on the Black experience.

The committee, in compiling the Guide, included a comprehensive list of government publications and information on how to find them.

The Guide also offers basic instructions on how to use the Library. This information can help a student locate publications on general topics, in addition to those on Black studies.

Black Literature Class Formed

The Expanded Use of School Facilities Project has made a provision to provide an opportunity for the residents of the Irving community for investigation and discussion of Black Literature.

A class has been formed under the direction of two capable discussion leaders. The meetings are held on Wednesday nights from 7:00 to 10:00 P.M. in Room 201.

For further information call - 244-6527 - the office of Expanded Use of School Facilities.

Black Federation's College Night Program

The United Black Federation's - sponsored College Night will be held Wednesday, December 2, at Washington Irving Junior High School. There will be twelve colleges, including George Williams College, Downers Grove, Illinois (a suburb of Chicago). Each college representative will bring along students who will participate in a panel discussion. Added features will be a talent show following the main program and a pot luck supper.

The concert, which is being held Saturday night, November 28, at KRNT Theater in Des Moines, features over 1,000 of the finest high school talent in Iowa, including the 280-pc. All-State Band, the 205-pc. All-State Orchestra, and the 600-voice All-State Chorus.

Again this year the station is clearing prime evening network time to air this spectacular music festival. The hour-long TV program will be spon-

Zodiac SERVING IDEA

Aquarius January 21 to February 19



Aquarius Shows Faith in Future

In case you've been out of this world (or on a trip) for the past couple of years: This is your age.

Love (luv?), peace and understanding are your "things," stemming from an abiding faith in the future. You are stable, poised and unfrilled, emanating a peaceful and quieting spirit.

In party planning to let the good times in, even Aquarius would do well to serve a Topsy Trifle Pound Cake. It doesn't take a psychologist to know that the people Aquarius forgets will long remember him (her) for creating this dessert that has a stable, unfrilled beginning, but additions which take it into the avant-garde.

For it begins easily enough with a completely baked, fresh frozen Sara Lee Pound Cake, sliced into three layers which are then drizzled with sherry wine and filled with raspberry or vanilla mixtures.

Trifle Pound Cake

- 1 completely baked, fresh frozen Sara Lee Pound Cake, cut in 3 layers lengthwise
- 3 tablespoons sherry wine
- 6 tablespoons seedless red raspberry jam
- 5 tablespoons finely crushed coconut macaroons
- 1 (3 1/2 oz.) package instant vanilla pudding
- 1 1/2 cups milk
- 1 tablespoon sherry wine

For ease of handling, slice cake while still in a frozen state. Sprinkle each layer of pound cake with one tablespoon of sherry wine. Spread bottom layer with four tablespoons of red raspberry jam and sprinkle with two tablespoons of coconut macaroon crumbs. Replace middle layer. Prepare pudding according to package directions, using one and three fourth (1 3/4) cups milk. Stir in one tablespoon of sherry wine. Spread middle layer evenly with one cup of pudding and sprinkle with two tablespoons of coconut macaroon crumbs. Spread top of cake with remaining red raspberry jam, sprinkle with remaining coconut macaroon crumbs. Replace top of cake. Refrigerate until ready to serve. Serves eight.

For a free booklet of this and other Zodiac serving ideas write: "Zodiac Cake Serving Ideas, Kitchens of Sara Lee, 500 Waukegan Road, Deerfield, Ill. 60015." Please include the name of this newspaper.

KRNT to Carry State Music Festival Telecast

A video taped presentation of the highlights of the 24th annual Iowa State High School Music Festival will be presented Sunday, November 29 from 9:00 to 10:00 P.M. on KRNT-TV, Channel 8, Des Moines.

The concert, which is being held Saturday night, November 28, at KRNT Theater in Des Moines, features over 1,000 of the finest high school talent in Iowa, including the 280-pc. All-State Band, the 205-pc. All-State Orchestra, and the 600-voice All-State Chorus.

Again this year the station is clearing prime evening network time to air this spectacular music festival. The hour-long TV program will be spon-

sored by the Iowa Dairy Association and McDonald's Restaurants.

The Festival will also be carried live in its entirety on KRNT RADIO, Saturday, November 28th from 7:30 P.M. to conclusion.

In the Hospital
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Lucille Moore, Mercy Hospital.

Allie Overstreet, Mercy Hospital.
Lonnie Warden, Veteran's Hospital.

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SALT SCOOP

by Rosanne

Sentimentally, we all think back now and then to the "good old days." And we remember that everything did not come ready-made.

Well, here's a wonderful suggestion on how to get everyone in the family wrapped up in Christmas and holiday decorating and to give the kids a glimpse of how much fun it used to be and still can be.

Make your OWN decorations. This basic dough will help you work wonders on centerpieces, candle holders, tree trimmings, wreaths, even gifts:

4 cups flour
1 cup Morton table salt
1 1/2 cups water
That's all you need (plus some imagination). Do not double or halve. Mix the ingredients well with fingers, adding more water if too stiff.

Now put everybody to work forming original sculptures. For assistance you might get out cookie cutters, knife, fork, spoon, rolling pin, toothpick or what have you. Form large pieces around wire skeletons or other supports. Paper clips and hair pins make excellent hangers.

Bake the finished work for at least an hour at 350° (test for doneness with a toothpick). After allowing time for cooling everyone can pitch in again on the decorating. Use water colors, poster paints, food coloring or felt tip pens. Fashion finishing touches from small fruits, nuts, berries, candles, buttons, glitter, yarn, ribbon, felt etc.

For more recipes, hints and ideas to get artistic projects using blue package table salt going at any time of the year (especially welcome when youngsters are weathered in - or are under the weather) just clip this article and the name of your newspaper and send them to me marked "Goop".

Salt sculpturing is creative fun that gets the whole family involved, and your genuine "originals" will last - with care - for years.

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Modern Etiquette
By Roberta Lee



Q. Do you think it is in good taste for a divorcee to be the honoree at one or more small parties before her second marriage? She did not live in this town during her first marriage, and her prospective bridegroom was not previously married.

A. I see no reason at all why she should not have parties given for her.

Q. Is the bride's father supposed to provide transportation for those guests who have no cars from the church to the place of the reception?

A. No; only the transportation for the wedding party itself.

Q. How is shrimp in a salad correctly eaten - each shrimp in one bite, or cut up?

A. If not too impossibly large, each shrimp is eaten in one bite. The jumbo size is cut with the edge of the fork.

Q. Is it in good taste to mail a wedding invitation to a good friend who has recently been bereaved?

A. No matter what the circumstances, one can never in good taste IGNORE a good friend. The invitation should be mailed, even though the friend may not feel up to attending the wedding itself.

Q. What does one use for putting butter into one's baked potato at the table?

A. The fork is best for this.

Q. How should the wedding invitations be worded if the bride is a young widow?

A. In the names of her parents, just as the invitations to her first wedding were. Thus: "Mr. and Mrs. John Paul Harris request the honour of your presence at the marriage of their daughter, Mary Harris Graham to etc."

Q. I've been told it's very poor manners to take anything to drink at the table while there is food in your mouth. Is this correct?

A. Correct. Too many people are guilty of this little lapse of good manners. One should never give the appearance of "washing down" his food.

Q. Does a clergyman ever properly ask a fee of a family for conducting a funeral service?

A. No... although the family is usually expected to make a contribution in appreciation of his services.

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EDITORIALS

FEATURES

SPORTS

KEEPING OLD SORES OPEN

A Negro passed to two white couples returning from the Civic Music Recital at KRNT Theater Saturday and in the process a white man bumped into him. He excused the incident politely and it was accepted. However, one said "it's a good thing you did not step on his foot."

In other words, he assumed that this Negro would accuse him of mistreating him and raise a ruckus.

Unfortunately, this attitude prevails among too many people of both races presuming that a chip is resting on everybody's shoulders.

Apparently this man has the idea that all Negroes are the militant type which is looking for a chance to assert his rights even when a situation is involved that can be adjusted early by mutual understanding or a simple exchange of glance or acknowledgment on the part of each.

There is so much hate and mistrust being built up among us, even among those who should know better, that the average citizen is kept on edge fearing that some misfortune is waiting to be heaped up on him by the other fellow.

There are forces working to dispel these attitudes. And it can be done by working and living together for a mutual understanding of human dignity. That force is not strong enough partly because too many leaders are dissipating their strength in other fields.

Recently a book has been published entitled "White is". In it cartoons accusing white people of all kinds of mistreatment of Negroes in a most provocative manner. Naturally, some of the accusations are true. But why continue to bring up a lot of suggestions of why everything the white man does today should be changed to those of a hundred years ago.

We are in this country together and must direct our energies toward helping make the system work. To do otherwise simply keeps old sores open.

CORRECTING "NEW DEAL" MISTAKES

When the agriculture bill was passed during the New Deal under the Roosevelt administration, special emphasis was placed on making the farmers themselves carry out its provision. This placed enforcement in the hands of local people many of whom exercised their own racial prejudices.

The Department of Agriculture is one of the target expenditures of federal funds. Unfortunately little, if any attention, was given to what might happen to Negro farmers with the result that they have had only the fringes of its benefits. It has followed the same New Deal policy which gave union labor a free hand in saying who shall and who shall not work - a great contribution to the excessive percentage of Negroes on the relief roles.

Secretary of Agriculture Harden is insisting on a change. He has found that there was only one Negro farm agent in the South up to 1968 even though a large share of the farms are operated by Negroes.

On the other hand, the three men county committees that oversee Farmers Home Administration (FHA) loans are being rapidly peopled with Negroes. Before 1968, the number was zero. The latest count for the South is 495, with 50 counties having 2-to-1 black majorities on the FHA committees.

All this is being done in spite of the opposition of influential southern congressional leaders who are doing the will of their constituents.

SPORTS



With Allen Ashby

When the Iowa defense stopped the Illinois back less than a yard from the goal line on the last play of the game Saturday, that may have made the Nagel haters just a little unhappy. With a three, three, one record and fourth place in the race, there is a good chance that the man may keep his job for at least one more year.

We had figured the Hawks for five wins, and we still think they should have had them. They beat the conference teams we were sure they would beat, and they tied Minnesota, one of the teams we gave them a chance to upset. We had figured them for at least one non conference win plus the three that they did get.

We gave them a good shot at Purdue, Minnesota and Michigan State. The only two conference games that they were never in were Michigan and Michigan State. It looks as if the Iowa athletic board will have to make a choice, unless the just want to clean house.

Nagel and Hawks in Fall
There is a very good chance that Nagel may coach the Hawkeyes next fall. The fellow believes he should have another chance. Maybe he can convince the board. That ball game Saturday was a good one from the standpoint of two teams evenly matched. When that happens, neither team has to be really good for the game to be exciting and good to watch.

Iowa State was in hot water from the go on their conference schedule. They weren't supposed to win any games, and they won one, and should have won two more. They scared the pants off of a couple of opponents.

You couldn't say the Cyclones had a bad conference season; they were just never lucky. When we say luck, we mean big penalties at crucial times, fumbles and such. These were the things that Iowa State had to contend with in just about all of the close ones they lost. They should be pretty rough next year.

Drake proved that they can play in the Valley and won't be last. They had a winning year, and nothing to be ashamed of. They really got trounced in one game, and were in all the rest of them. They ought to be tough, next year.

In the Ring
Now back to boxing. A lot of people got carried away by the quick kayo of light heavyweight champ Bob Foster by Joe Frazier. They think Joe can handle Ali like he did Foster. They forget that the heavyweight champ was fighting a man twenty pounds lighter, and even carrying a little fat to make him a little heavier. There has never been a way dis-

The U.S. Civil Rights Commission has praised the department for this effort to help much of the poverty among a large segment of the Negro population and which is long overdue. If this is one of Nixon's southern policies, let him keep it up.

The attitude in the USDA has prevailed many local, state and federal agencies which have felt that they could ignore civil rights.

Activities of the Iowa Civil Rights Commission

Last week we wrote of the invisible man. This week we wish to turn the spotlight on the visible man.

We recognize in passing H. Rap Brown, Stokely Carmichael, Roy Wilkins, Eldridge Cleaver, Martin Luther King, and others. We take the liberty of combining the names of these individuals in the same sentence with no consideration for positions they have taken on issues.

We recognize these men as having been very visible. But the visible man we have in mind is not credited with being visible or with having been in the forefront of the struggle for racial equality.

We have often said that the cultural advantages to be exchanged between various groups of this country cannot be lost.

The visible man in this case is the Negro athlete who has excelled in the major sports arenas. Little is written or told of the torment they receive and must endure to be the greatest in their field.

The contribution they make to the acceptance of the Negro in public places goes unnoticed. The acceptance of them by the general public while engaged in their various activities is so commonplace that their trials and tribulations pass unnoticed.

Joe Louis, one of the first to excel, was presented to the American public as the brown bomber. Jackie Robinson walked out into the baseball field one day amid boos from the crowd, one of whom dangled a black cat from the stands. And yet, he became a major success.

Outstanding athletes are heralded here in Iowa at the various universities and colleges. They are actively recruited and in some cases pursued. Unfortunately some of

covered to make a good little man best a good big man. Foster proved no exception.

We think if Ali can go the distance at top speed, he will beat Frazier. A big thing in his favor is Ali's ability to taunt his opponent until the fellow gets so mad he can't fight. This worked on Sonny Liston until Liston was so mad, he couldn't see across the ring. The guy is working on Frazier even now, and they haven't been signed up yet.

To make matters worse, the fellow can fight more than a little, in spite of his big mouth.

Boxes Like An Old Timer
He boxes more like the old timers than anybody we have seen since the twenties. In our opinion, the so called Ali shuffle was a common piece of footwork in the twenties and early thirties. The guy, like Jack Johnson has the ability to talk and fight at the same time. Those who saw Johnson

them are graduated having excelled in basket weaving outside the sports arena.

These are the real revolutionaries of our time. They are winning slowly but inevitably. They are changing bias into acceptance, contempt into respect, and intolerance into admiration.

The realization of inroads being made can be seen on the television screen.

Every time a black pitcher wins or a black hits the winning home run he is mobbed by his white teammates who rush forth to embrace him. It happens when a white pitcher strikes out the side to win and is congratulated with hand slaps by his black teammates.

In football there is even more opportunity for emotion to come to the forefront. Football is a body contact sport where blacks and whites share equally in the moments of triumph and bitter disappointment. There is a lot of hugging in football with no regard for color lines. There is still dissension in some locker rooms, but even this is weak and will soon pass.

This is one area of association where all men start equal on the playing field. Only those of superior ability stand out and the black stars are at least equal in number to the whites.

Another advantage is the exposure of these men to millions of viewers through television. Millions view the team spirit and the apparent absence of racial bias. These great athletes are beginning to accomplish true equality through their ability and team spirit. We can get a glimpse of how great this country can be when we no longer are conscious of black or white. These men are visible.

in his prime used to tell how he would talk to the crowd, and still be boxing rings around his opponent. Mohamed isn't quite that good yet, but he just might make it."

VETERANS

The Veterans Administration today described ways that servicemen and veterans - especially high school "dropouts" - can continue their education.

One, the Predischarge Education Program (PREP), helps servicemen on active military duty earn high school diplomas or prepare for higher education or vocational training.

Another program provides tutorial assistance above the high school level for veterans and servicemen who study under the G.I. Bill.

Administrator of Veterans Affairs Donald E. Johnson noted VA pays servicemen in PREP up to \$175 monthly for the regular

costs of tuition, fees, books and supplies.

The serviceman receives a lump sum payment when he enrolls in remedial, refresher, deficiency makeup or other courses required for educational programs above high school level.

Johnson explained that servicemen must have at least 181 consecutive days of active duty after Jan. 31, 1955, to be eligible for PREP, and pointed out that this benefit is not chargeable to G.I. Bill time earned during military service.

The VA Administrator urged servicemen interested in PREP to discuss the program with their base education officers and if courses are available, to obtain VA application Form 21E-1990A. This should be completed and returned to his base education officer, or the nearest VA office.

Under the tutorial program, VA will pay up to \$50 monthly in tutoring fees for a maximum of nine months to prevent eligible veterans and servicemen from failing in a subject essential in courses of study. Tutorial costs are not chargeable to veterans' educational eligibility.

Veterans and servicemen interested in tutorial assistance were advised to get a VA application (Form 21E-1990T) from their school, base education officer or nearest VA office. When completed, it should be mailed to the VA office maintaining their educational records.

EDITOR'S NOTE: Veterans and their families are asking thousands of questions concerning the benefits their Government provides for them through the Veterans Administration. Below are some representative queries. Additional information may be obtained at any VA office.

Q - A reservist served six months on active duty for training during a war-time period. Several months after completion of this training he was killed in an automobile accident. Is he entitled to a U.S. burial flag?

A - No. Reservists are not eligible for a flag unless they incur service-connected disabilities.

Q - My husband was killed in service and I want to take advantage of VA educational benefits. Can I get help in working out a program?

A - Yes. Apply to VA for educational counseling, and professional counselors may be able to help you decide on a productive program.

Q - I was discharged from military service on Sept. 20, 1970, after being on active duty for two years. At discharge, I was told my Servicemen's Group Life Insurance has been increased. Is that true?

A - Yes. Since June 25, 1970, unless you requested some lower amount, your insurance has been \$15,000. It continues for 120 days after discharge, and can be converted to an individual, commercial policy if you apply to an eligible company during the 120-day period. If you were totally disabled at separation, your insurance may continue up to one year. For additional information contact your nearest VA office.

Q - Where do I send my change of address to make sure that I receive my VA pension check?

A - Send your change of address to the VA regional office which has custody of your records, as well as to the Post Office.

Phone: 202 DU9-2741

POST EXCHANGE

Letters from Our Readers

A bit of prose . . . a line or two of poetry . . . a letter now and then to express thoughts in the minds of our many readers.

Send Yours Today

LETTER TO THE EDITOR

Cite Recent Violent Deaths in Making Arrests

1. The unjust and brutal murder of Brother Clarence Jackson, age 14 by two fascist lackeys (Pigs) William Hanson (age 22) and William Trimble (age 23).

2. The unjust jailing of 4 Des Moines Anti-Fascist fighters (Mary Rhem, Steven Greene, Charles Knox and Clive DePatton), for upholding the "People's Right" to rebel against fascism in any shape, fashion or form - including the "Lackey Courts" who enforce the fascist laws. These Anti-Fascist fighters are serving jail terms for contempt of court. Clive DePatton is serving 1 year for con-

tempt (6 months in Polk County of Des Moines and 6 months in Story County jail of Nevada, Iowa). Charles Knox - serving a total of one year in Polk County jail (Des Moines) plus a \$500.00 fine. Mary Rhem - serving 3 months in the Polk County Jail - Steven Greene - serving 6 months in the Polk County Jail.

3. We further protest the hideous condition in Polk County Jail.

Further our Hunger Strike is a continuation of the Court Struggle and we are definitely in Solidarity with all political Prisoners in Fascist AMERIKKKA, especially Angela Davis, the Soledad Brothers, members of the American Workers Movement, Martin Sostro, and members of the Black Panther Party. We are also in solidarity with the oppressed people of the world. As Chairman Mao pointed out "People of the world, unite and defeat the

U.S. aggressors and all their running dogs! People of the world, be courageous, dare to fight, defy difficulties and advance wave upon wave. Then the whole world will belong to the people. Monsters of all kinds shall be destroyed."

Further where there is struggle - there must be sacrifice. Cash Away Illusion, Prepare For Struggle!! Advance wave upon wave, defy all difficulties and let's build a new people's Republic of America. The people and the people alone are the motive force in making world history. There are more people than there are fascist oppressors. The people will be victorious!!

We know that we have the solidarity of the majority of the people in our "just struggle" against Fascism.

Chas. Knox and
Robert DePatton

Health for All

Poverty and disease are a deadly combination.

The killer diseases of the poor are tuberculosis, pneumonia, and influenza. Disease of the lungs.

A former commissioner of health in New York City, Dr. George James, estimated that poverty is the third leading cause of death in American cities. Crowded housing, inadequate diets, and substandard medical care contribute to the spread of disease. These conditions make people more susceptible to infections of the lungs.

Children and old people are the most vulnerable. An infant born of poor parents, for instance, has twice the risk of dying before reaching his first birthday than the child of a more affluent family. Health care for the poor

is usually too little and too late. Care is obtained too often only in emergency rooms of hospitals. Few poor people have a continuing relationship with a doctor of their own.

Being poor does not necessarily mean being black and living in city ghettos. There are 32 million poor people in America. And 70 percent of them are white; 45 percent live in rural areas.

But black people have more than their share of poverty. And they have seven times as much TB as whites.

Find out more about the lung diseases that take such a toll of poor people. Contact your tuberculosis and respiratory disease association. And use Christmas Seals to keep the fight against lung diseases going strong. It's a matter of life and breath.



Home Economist Doris Lund

What electric appliance in your kitchen is used more than your frypan? Probably none. It's the portable fifth burner for today's busy homemaker.

Here are a couple of ideas to prolong the life of this versatile tool:

1. Clean it thoroughly every time you use it, including the underside, to prevent build-up of burned-on-fat.
2. Remember to disconnect and clean the heat control unit with a damp cloth.
3. Never immerse a hot frypan in water. Cool it to room temperature first. Why? To prevent warping. Warped pans don't cook foods evenly.



This GIFT Idea has gone over BIG

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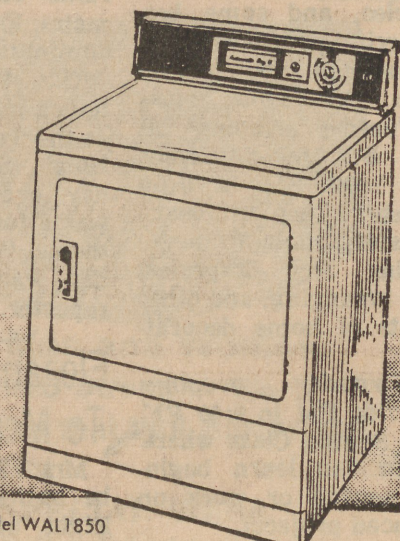
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