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THE IOWA BYSTANDER

IOWA'S OLDEST NEGRO NEWSPAPER HAS SERVED THE MIDDLEWEST FOR 76 YEARS

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This Issue Contains Six Pages

DES MOINES, IOWA

THURSDAY, SEPTEMBER 17, 1970

PRICE 10 CENTS

PATRONIZE
OUR
ADVERTISERS

FOLLOWING HEATED MEETING

School Bd. Ducks Filling Vacancy

Clashes with Law Plague Many Cities

Shoot Outs and School Fights Increase Tensions

New Orleans, La. — Four armed Negroes were shot in an exchange of gunfire in a grocery store in the Black Panthers headquarters here.

The black militants had an exchange of gunfire with the police earlier when a small house near a Negro housing project route occupants with tear gas.

Police claimed a reign of terror prevailed in the community and that the Black Panthers were linked with it.

Birmingham, Ala. — Members of the United Black Liberation Front traded shots with the sheriff deputies as three Negroes were wounded in the affair.

The sheriff said the trouble arose when deputies attempted to serve an eviction notice on tenants in a Negro housing project.

After Football Game Trouble

Davenport, Iowa — Mayor John Jebens huddled this morning with Police Chief Lester Thoenen, Bill Koss, assistant chief, and William Cribbs, newly appointed Human Relations Commission director, to discuss plans to prevent future recurrences of the rock-throwing incidents which flared up after the Central High School football game last Friday.

Mayor Jebens told newsmen that no specific plan for future games was developed at the meeting, but he discussed changing police shifts so they won't be changed right after a game.

According to police, a man was beaten up by black youths as he stepped out of the men's restroom at Brady Street Stadium. Then an estimated 50 to 100 black youths walked down to Vander Veer Park where they broke up into several smaller bands.

The smaller bands roamed through city streets on the east side throwing rocks at house and car windows. Several persons were injured, none seriously.

An appeal was issued to the Davenport community today to cooperate in preventing further incidents of violence and vandalism such as that which occurred Friday night.

Meeting Called

A meeting has been scheduled for Tuesday at 8:30 P.M. at Lincoln School for all Davenporters concerned about Friday night's violence. A second meeting is tentatively scheduled for Sept. 22 at 8:30 P.M. at Jefferson School.

Also signing the statement were John Boyle, eastside community organizer; Dr. John Wolfe of St. Ambrose College; Dr. Joseph McCaffrey, of the Human Relations Commission; Edward Micka, director of Friendly House; Ald. at Large Mrs. Kathryn Kirschbaum and Fifth Ward Ald. Fred Anderson.

Robert Smith, president, Catholic Interracial Council; Thomas Kelly, of the NAACP; and the Rev. Marvin Mottet, director, Social Action Dept., also signed the statement.

Black College Endowment Support Urged

Ten heads of Negro Colleges meeting in Chicago Sunday called upon Congress and the foundations to provide more funds for their general support. They said 2 million dollars would be required to finance the 109 schools.

In a formal statement, the college presidents declared "We are weary of the question of whether or not black colleges should exist just at that time when it is being generally recognized that blacks must create their own strong institutions."

Criticize Corporations They also criticized corporations and private philanthropic institutions, such as the Ford Foundation, for retreating from announced goals of helping black colleges.

Lionel Newsome, president of Johnson C. Smith University in Charlotte, N.C., said all black institutions combined have an endowment of \$135 million compared to Harvard, which has an endowment of more than \$1 billion.

Participating Colleges Other colleges participating were Paine College, Augusta, Ga., Tougaloo (Miss.) College, Stillman College, Tuscaloosa, Ala., Texas Southern University, Houston, Tex., Bowie (Md.) State College and Wilberforce (Ohio) University.

Most of these schools are members of the United Negro College Fund group which raises about 3 million dollars annually providing about 10 per cent of the operating cost of these schools.

GOP Names Fall Fling Chairman

DES MOINES, IA. — Cliff H. Jordan, widely known Cedar Rapids businessman, has been named general chairman of the "Fall Fling," a \$100-a-plate Republican fund raising event, it was announced by J. J. Perpich, state Republican finance chairman.

Jordan will join Gov. Robert Ray, Lt. Gov. Roger Jepsen and other Republican leaders at a finance meeting at Hotel Savery, Des Moines, on Saturday, Sept. 19, to discuss fund raising projects with representatives of county Republican organizations.

The "Fall Fling" will be held on Oct. 20 at Veterans Memorial Auditorium, Des Moines, and will be a mixture of "name" entertainment and remarks by leading Republican dignitaries.

It will begin at 5 p.m. with a social hour. Dinner will be served at 6:30 p.m., and the program will follow.

Jordan said the ticket sales campaign will be based on a theme of "Dollars For Campaign '70" to emphasize the point that proceeds will go toward financing the Republican state campaigns now under way.

Jordan is a longtime Republican worker and fund raiser. He is Chairman of the Board of Kilborn Photo Products, Inc. and is president of Highway Equipment Company, both in Cedar Rapids.

IS THE FLAG TO BECOME THE SYMBOL OF THE "STATUS QUO?"

"TRADE UNIONISTS TODAY ARE MIDDLE CLASS, CONCERNED WITH LAW AND ORDER," SAID GEORGE MEANY, PRESIDENT OF THE AFL-CIO - HE FURTHER STATED THAT NEGROES ARE MAKING PROGRESS IN GETTING BETTER UNION JOBS BUT THE PACE IS VERY, VERY SLOW."



NAACP Files Brief Supporting Ballot For 18-Year Olds Year

WASHINGTON, D.C. — In a friend-of-the-court brief, filed Sept. 10, in the Supreme Court of the United States, the National Association for the Advancement of Colored People argues that Congress, under its national defense powers, has the right to enact the statute lowering the voting age to 18 years.

The brief, filed in the name of the Association's department of armed services and veterans affairs, cites Article I, Section 8 of the Constitution which defines the "war powers" of the Congress. "The national defense needs and conditions that exist in the nation can reasonably be held to warrant the exercise of congressional power to grant the vote to 18-year-olds," the brief contends.

The NAACP brief supports the Federal Government's argument upholding the constitutionality of the act in the case of State of Oregon v. John N. Mitchell, Attorney General of the United States and was submitted to the Court by

NAACP Attorneys Nathaniel R. Jones, Clarence Mitchell and J. Francis Pohlhaus.

Cites 5th and 14th

The NAACP also cites Section 5 of the 14th Amendment as a basis for validating the constitutionality of the act but "does not develop this argument further, as it is assured that it will be fully developed by the defendant and other amici."

In its motion for leave to file the Amicus Curiae brief, the NAACP affirmed its belief "that the legislation being litigated in this case affects the rights of thousands of members and veterans of the armed services and advances their political rights within the framework of our democratic processes. It believes that this legislation is constitutionally defensible under provisions of the Constitution that particularly apply to members and veterans of the armed services, namely, the national defense powers set out in Article I, Section 8 of the Constitution."

Announce Martin Luther King Fellowship Grant

IOWA Grant

Propes, Victor L. 1195 Dayton Avenue St. Paul, Minnesota 55104 Age: 31 - Married - 1 child California State, B. S. Graduate Field: Business Education Graduate School: Univ. of Minnesota

Princeton, N. J. September 10, 1970 — The Woodrow Wilson National Fellowship Foundation this week announced the award of Martin Luther King, Jr. Fellowships and Grants to 35 Black Veterans. The fellowships provide full support for two years of graduate study. The Grants provide partial support for similar

study. Mr. Raymond Richardson, Director of the King Program, said the King Fellows are men who have already displayed their ability to be leaders in such diverse fields as counseling, urban planning, social work, medicine and law. The Fellows will be attending universities across the country, from Harvard to the University of Washington, from Southern University in Louisiana to the University of Michigan.

Third Year

This is the third year of awards for the Martin Luther King, Jr. Fellowship Program, which has now awarded over 100 Fellowships. Grants which sup-

Powell Loses Chance to Run

New York, N. Y. — Adam Clayton Powell, who had planned to run for Congress on an independent line, has just been knocked off the ballot by the Board of Elections, which voided over half of his petitions on Tuesday. Powell was previously defeated as the official candidate of the Democratic



party in Harlem's 18th Congressional District, when Assemblyman Charles Rangel won the nomination in the Democratic primary last June.

The Board of Elections is set to make its final announcement next Tuesday, unless Powell makes a last-hour withdrawal in the meantime.

The Board found that many of the persons signing Powell's petitions did not even reside in the 18th District, among other irregularities. In all, out of 3,222 signatures, 1,848 were disqualified. Powell would have needed 3,000.

port the King Program have come from Bell Laboratories, E. I. duPont de Nemours and Co., The Equitable Life Assurance Society of America, Lilly Endowment, the Rockefeller Foundation, the Sloan Foundation and Standard Oil (Indiana) Foundation, Inc.

NEWS In A Nutshell

Former Gov. Orville Faubus of Alabama and Judge G. Harrold Carswell of Florida, both of whom incurred disfavor among Negroes, were defeated in the primaries last week - Faubus for the Democrat nomination for Governor of Alabama, Judge Carswell for GOP nomination for United States senator from Florida.

Waco, Texas — The Agency for International Development has granted Prairie View A & M College \$500,000 to strengthen the existing Soil Science Staff competency of the College in a collaborative effort with Cornell University, North Carolina State University, University of Hawaii and the University of Puerto Rico.

Postmaster General Winston M. Blount reports that arrests and convictions for postal related crimes reached record high levels in the 12 months ending June 30.

Danville, Va. — Sound Systems Incorporated, one of Virginia's newest companies incorporated under the laws of Virginia, announced recently that the company is seeking Black franchisees to own and operate retail outlets that will engage in the sale of 8 track stereo tape cartridges and cassettes, tape equipment and tape accessories. Sound Systems outlets will operate under the trade name of Service 'N Sound Centers.

Closed Circuit T.V. To Link Democrats

WASHINGTON, Sept. 12, 1970 — Democrats across the nation will join in an unprecedented closed-circuit TV campaign conference September 26, Democratic National Chairman Lawrence F. O'Brien announced today.

Sponsored by the Democratic National Committee and the Senate and House Democratic Congressional campaign committees, the "Campaign '70 Democratic Caucus" will bring together elected Democratic officeholders, candidates, state party officials and party workers in 18 major cities for a mid-campaign strategy meeting on issues and campaign techniques for the final six weeks of the critically important 1970 election races.

New Methods to Prevent Blindness

Just think for a moment what it would be like if you could only remember what things looked like — if you could no longer see the faces of your family — the smile of a friend. That's what blindness means — and that's why I believe that preventing it is so important.

For example there are now 24,900 Iowans who are threatened with blindness from glaucoma, which can

Majority Votes 4 to 3 for Special Election; Against Vote for Nolden Gentry

Caught up between an effort to appoint Nolden Gentry to the school board and those who hesitated to name a black person, the board decided to hold a special election in October to fill the vacancy which will occur September 21. The Rev. Robert L. Keck resigned to take a post in Ohio.

Favoring the appointment were Rev. Keck, Mesdames Goldman and Spevak, while Merle J. Schlampp, Ora Neffenger, Dr. John McCaw and Dr. George Caudill opposed.

Harsh Exchanges Harsh exchanges between members of the board followed a sharp discussion among those who wish to appoint a Negro and those who wanted no direction from the public.

Rabbi Goldberg of the Temple B'Nai B'rith, chairman of the Des Moines Commission on Human Rights, the Rev. Donald Wick of the United Presbyterian Urban Council Assembly and

a number of other spoke in behalf of appointing a Negro to the board. William Ellsworth of 2800 Bennett spoke in favor of holding a special election.

Schlampp called the events of the past two weeks "a fiasco" that can only be worked out through a referendum.

"This has created some rather deep wounds on members of the board," he said, and could have been avoided.

"The ball is being passed to us. Let us make the decision," said Ellsworth.

"I think in many minds the question before this board is whether Nolden Gentry is qualified," said Caudill, after the vote was taken. "That question doesn't exist in my mind. I think Nolden Gentry is extremely well qualified for the position."

Gentry Uncertain In a statement to the By-stander, Mr. Gentry said he was withholding a decision whether to run for the post.

NAACP State Board to Meet

The executive board of the Iowa State Conference of Branches NAACP will meet at the YMCA in Des Moines Saturday, September 19, at 1:30 P.M. Plans will be perfected for the State Conference in October.

cause blindness if not discovered in time for medical treatment to halt its progress.

And this is only one of our targets of preventable blindness. The Society has trained over 2,000 volunteers in Iowa to use this game to test the vision of preschoolers. The Society's screening program is designed to find those with defects calling for treatment or correction. For the child with amblyopia (lazy-eye blindness) early detection is necessary so effective treatment can be started at pre-school age to prevent permanent loss of vision.

Other sight savings programs are aimed at preventing blindness from cataract and eye injuries.

Establish Minority Manpower Office

New York, N. Y.: September 4, 1970 — The Association of American Publishers announced today the establishment of a Minority Manpower Office and the appointment to the staff of Edward B. King, Jr., who will be responsible for implementing and directing the Association's efforts to bring more minority personnel into the book publishing industry.

Mr. King, who is 31 years old, was formerly Assistant to the President of Hofstra University, where he served as an advisor on minority employment, minority recruitment and student problems.

For Storing Lore

Need storage space for books, hi-fi, television, household papers? Put lazy space to work with a movable storage wall. For illustrated plans, write to Western Wood Products Assn., Dept. 521-P, Yeon Bldg., Portland, Oregon 97204. Enclose 15 cents in coin.

Miss Iowa



Miss Iowa, Cheryl Browne, who competed in the Miss America Pageant at Atlantic City, was awarded a

scholarship in the amount of \$1,000. Miss Texas was the winner of the Miss America title.

LET'S MEET

By: Maude Esther White

DR. MEREDITH R. SAUNDERS

(One of Iowa's Best)

— "Eyes alone will provide a life worth living, he who enters into any part of the kingdom of sight will possess a store of pure enjoyment which is literally inexhaustible and immeasurable." (unknown).

It is well established that the eye is the organ of sight; but how many of us realize the interdependence of all behavior with sight: the way we think, believe, estimate, interpret, (to name a few), is based upon both a cognitive and physical dimension. Also, how many of us take into consideration when we find that we have problems with our eyes? Do we attempt to differentiate between an Optometrist (one who specializes in fitting glasses); an Ophthalmologist (one who makes glasses in accordance with a prescription); an Oculist (a doctor of medicine, skilled in the examination and treatment of the eyes; and an Ophthalmologist (one who must first become an M.D. and then specialize in the science of the eye including its anatomy, functions, and various diseases; as well as the etiology and treatment of such diseases).

DR. MEREDITH SAUNDERS is considered by members of his profession as being one of Iowa's leading OPHTHALMOLOGISTS. While visiting with a rather successful physician recently, he had this to say about Dr. Saunders— we pass it on to our reading audience because we concur with his observation:

"... I believe the man is a genius... while observing him during surgery, it was like watching an artist at work. It seemed never to have occurred to him that the outcome would not be successful - he appeared and reacted with certainty... and then it struck me that this man, because he was well trained and had paid the full price (by that I mean had gone the full course of education in his field), understood the cause and was therefore not experimenting... Leonardo was right, experience is never at fault; while experiment is the procedure for determining the cause, once understood one moves with certainty..."

Native Iowan

Dr. Saunders is a native son, born and reared in Mason City. His father and grandfather were janitors; his mother, in addition to her housework, took in laundry. However, his childhood was filled with fond memories and he was raised in an environment where positive self-concept formations could develop. There were few other black people in Mason City during his childhood and adolescent development, therefore he had no peer group with whom to identify. But one of the men who was held in highest esteem by the entire community was a black man who was a chauffeur. Three YMCA men stand out in his mind as having a direct influence on his later decisions: Mr. Sam Edgars, the physical director; Gordon Blanchard, Boys Secretary; and John Calhoun, Group Leader. He believes that the many opportunities made available to him was a result of the confidence placed in him by these men.

Active in Y Work

During High School and College, he was very active in Y work and Boy Scout activities. He became an Eagle Scout when he was 15 and held the presidency representing 10 different countries. He was Game Room Supervisor and was



DR. SAUNDERS

subsequently given a position on the administrative staff of the Y as Aquatic Director. Most of these appointments were motivational techniques because the personnel in these agencies and his church (the Catholic) recognized that he had the potential for intellectual development but lacking peer and adult identifications at this level this potential might have been lost or utilized destructively.

Athletic Disappointment

Keenly disappointed because he could not make any of the physical teams such as football and basketball, Dr. Saunders redirected his energies and participated in oratorical contests and discussion groups. He also worked hard at science and math. Most of the counseling and guidance that he received during his high school years came from personnel at the YMCA.

Dr. Saunders was graduated from the University of Iowa in 1949; from the U. of I. Medical School in 1956. His internship was served at the Edward W. Sparrow Hospital in Lansing, Michigan during 1956-57.

Served in Army

In 1957 he enlisted in the U.S. Army, was immediately commissioned Captain, and served in the Medical Corp. While overseas he was moved from the field dispensary to the hospital in Frankfurt, Germany; where he was assigned to the Orthopedic Department and had an opportunity to engage in bone surgery. While here he made what he believes to be one of the most important decisions of his life: to go into the field of eye diseases. He looked upon this as a challenge in terms of exacting specialization; and that it would be both rewarding (in that he would help to restore and preserve sight) and challenging (a limited field requiring the tenacity to engage in a continuous learning process).

In his exact words, he believed: "... it is a field where one is able to share the excitement and treatment of general medicine, and at the same time participate in a surgical specialty that requires excellence. It is a field which demands and provides dynamic technical advancement..."

Returning to the states, he immediately made application to many of the leading medical schools where ophthalmology was part of the curricula. However, it took him two years to get into one of his major choices: Homer G. Phillips Hospital, an affiliate of Washington University, St. Louis, Mo.

The training requirements at Homer G. Phillips was three years, after which he completed both his Residency and Chief Residency.

In Maine College

Following the training in St. Louis, Dr. Saunders attended Colby College in Waterville, Maine, where he successfully completed the American Ophthalmologists Council's Landcasters Course. Following these accomplishments he moved to Des Moines. He became certified by the Iowa Board

of Eligibility in 1968.

Dr. Saunders and his talented wife, Joyce (nee Livesay) are parents of four children: Meredith, Jr., age 11; Desda, Breita, and Alaire, ages 10, 9 and 5, respectively. Mrs. Saunders received her B.A. from Michigan State University and holds a Secondary teacher's certification. She is quite active in many social and charitable organizations.

Membership

Dr. Saunders is a member of the Phi Beta Pi Medical Fraternity; Kappa Alpha Psi and Alpha Phi Omega fraternities. He serves as a consulting ophthalmologist for the Iowa State Department of Social Services and the Veterans' Administration. He is on the Board of Trustees for the Des Moines Science Center; the Board of Managers of the Central YMCA; is President of the Bishop Bayle Study Club; and a member of the Des Moines Club; National Council of the YMCA; the Roosevelt Club, and the D.M. Planning and Zoning Commission.

He served as chairman of the Roadside Settlement House for four years and spends a great deal of time helping with programs and activities designed to help disadvantaged or underprivileged persons.

Generosity

In addition to his keen intellect, Dr. Saunders is a warm, personable and generous person. Generous with his time and ability - willing to share with his peers and constituents his wealth of experience and knowledge.

He believes most of today's youth are sincere in their attempts to meet what they perceive as problems areas. He believes one of their greatest contributions is in terms of showing social concern, and bringing about an awareness of how our traditional methods have failed. However, he does not believe they are giving consideration or credit for what has gone before them, nor are they providing alternatives or answers to our problem solving efforts. He believes that many youth are failing drastically to take advantage of the opportunities that are being made available to them today, and asks the question: "... what are our youth going to say when they are confronted with the consequences of having failed to avail themselves of the opportunities that are prevalent today?"

Racial Problems

Indicating a grave concern regarding the racial problem, Dr. Saunders believes it is an ongoing, national and international phenomenon; and that there will always be a problem as long as differences in races are perceived to be meaningful.

To our black youth, he believes they should use the problem as a stimulus to achieve...

"... Take advantage of the ever growing opportunities. Because of our ever changing world, more and more opportunities are going to become available to members of all races. When I was young I worked as a kitchen helper, waiter, orderly, in the packing house, and wherever I could make an honest dollar. I worked my way through medical school. We were very poor and this could have been a barrier. Today's youth do not have these same barriers. If they see race as a barrier, they must learn the rules of competition and be able to offer their goods and services to the total market place rather than to any one segment of it..."

Dr. and Mrs. Saunders—we salute you. Having the advantage of interacting in more than one world, your contributions to each world can be both meaningful and effective.

Home Rise Less

Building costs rose more slowly than the cost of living over the period 1959-1969. The consumer price index rose 2.58 per cent annually, while square-foot cost of constructing a house appraised by the Federal Housing Administration rose only 2.38 per cent.

Committee For School Volunteer Program Named

Members of the newly appointed Advisory Committee for the School Volunteer Program met for the first time this week to develop plans and procedures for the 1970-71 school year. Mrs. Josephine Barnes, coordinator of the volunteer program, presided at the meeting and outlined the committee's objectives for the year.

"We are seeking volunteers to work in their neighborhood schools, people who have an abiding interest in the well-being of young people and are willing to share their time and talents in the interest of helping young minds to grow. People interested in working as volunteer aides to classroom teachers and librarians on the basis of one, two, five or more hours per week, are needed in all schools across the city," Mrs. Barnes said.

Advisory Committee

The Advisory Committee will assist Mrs. Barnes and other school officials in the recruitment of volunteers and the planning of volunteer programs.

"The only requirement for volunteer service is a sincere desire to work with youth, sharing time, talents, and experiences," said Mrs. Barnes. People from all walks of life, skilled or unskilled, can qualify, regardless of education, age, sex, or ethnic origin.

The volunteer program is coordinated through the Instructional Services Department of the Des Moines Public School System. The following people have been appointed to serve on the Advisory Committee:

Members

Mrs. Lewis James, 678 26th Street; Mrs. Donald Payne, 1109 Hoffman; Miss Joan Sherman, 4265 N.E. 3rd Street; Mr. Prentice Townsend, Soul Village, Inc.; Mrs. Mary Brubaker, KRNT Radio and TV; Dr. James Sommers, 3821 John Lynde Road; James B. Mor-



Sickle Cell Anemia Clinics

Saturday's

10 A.M. - 2 P.M.

September 19 at Moulton

School

September 26 at Forest Avenue Baptist Church

October 3 at the Wilkie House

The objective of these clinics is to have blood tests administered to residents who wish to find out whether or not they have the traits of such ailment.

ris, 955 17th Street; Mrs. Edwin Hunter, 2320 Terrace Road; Mrs. Arthur Reynolds, 508 56th Street; Mrs. Mary Swanson, Des Moines Area Community College; Mrs. Jerry Howlett, 2605 Madison; Mrs. Lawrence Crist, 3601 Caulder; Mrs. Betty J. Hyde, 3701 Crestmoor Place; Mr. Ernest Comito, South Central Iowa Federation of Labor; Mrs. William Garten, 344 49th Street, Mr. Charles Sims, Minority Student Advisor, Drake University; Mr. Frank Burns, Jr., Blue Line Storage Company; Mrs. L. Call Dickinson, Jr., 3220 John Lynde Road; Mrs. Harriette J. Bruce, Coordinator - Head Start Program; Mr. Donald J. Dooley, Meredith Corporation; Mr. William Reichardt, 38 Foster Drive; Mr. Mike Vavrus, Drake Revitalization Corps; Dr. Bruce Vennard, Drake University College of Education; Mr. Jay Rosenberg, 5826 Woodland; Mrs. Mary Greife, 5725 North Waterbury Road; and Mr. Larry Eaton, 1442 Royer.

Tests and result notification will be WITHOUT CHARGE to residents taking the blood test - a needle prick of the finger.

VOLUNTEERS ARE NEEDED to assist at the Centers on the dates listed above. Work: Nothing laborious! Take names, usher participants to seats, directing them to needed facilities, assist doctors upon their request for water, towels, cotton, etc.

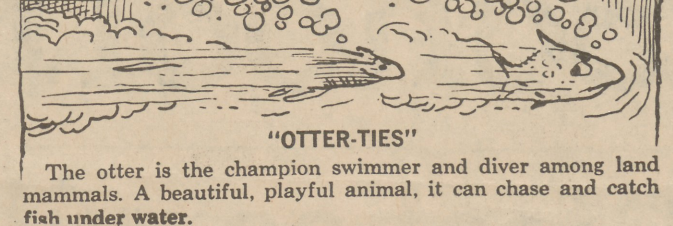
To become involved? Call us at 244-7261, if we may depend upon you.

If you are willing to volunteer from 2 to 4 hours service on any one or all three of those dates, please come to a "briefing session," Tuesday evening, September 15, 1970 from 7:30 to 8:30 at Homes of Oakridge Headquarters, 926 Oakridge Drive, Apt. 45.

The second of two meetings called for orientation of volunteer workers at the above clinic centers, this one is chiefly to benefit Oakridge area, and to give others who could not be present at the first one, held on September 1, the opportunity to familiarize themselves with the project.

Please let us know if you will serve as a clinic volunteer, even if you cannot arrange to come Tuesday night. Thank you.

Call Mrs. E. Morris or Mrs. R. J. Johnson at 244-7261 for any information.



The otter is the champion swimmer and diver among land mammals. A beautiful, playful animal, it can chase and catch fish under water.



RECEIVES AWARD — Gulf Oil Corporation secretary Sandra Farrar accepts the Secretary of the Year award from Talk Magazine publisher Luther J. Sewell. Miss Farrar was presented the award during a cabaret sponsored by Talk for the benefit of the United Negro College Fund. She joined Gulf in 1964 as a junior stenographer in Gulf's public relations department in Pittsburgh. She advanced from that job to her present position as secretary to Gulf's Administrator of Equal Employment Opportunity, Daniel G. Kean.

THE ASSOCIATED NEGRO PRESS INC.

OFFICIAL NEWS SERVICE FOR 112 NEWSPAPERS AND THIRTEEN MILLION NEGROES

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CLAUDE A. BARNETT, DIRECTOR

CORRESPONDENTS AND BUREAUS IN ALL STATES
AND PRINCIPAL CITIES IN AMERICA.

Intermingling of the Races Said to Have Been Going On 43 In Americas for Centuries

To the Open Forum Editor:

I have found that the basic objection of practically all colorphobists is the amalgamating of the different races of mankind. The intermingling of the red, white and black races has been in progress in the western hemisphere for centuries. In Jamaica, the citadel of Creoledom, the Mulatto, White and Quadroon offspring of Caucasian planters were for generations forwarded on the same ships to England for education together at Eton, Westminster, Chelsea and other famous schools.

The American colonies for some time did not make any distinction between the Negro slaves and the indentured white servants. Interbreeding became so pronounced that laws were passed by various colonial assemblies penalizing all whites and blacks who flouted these statutes. In our southland before the war between the states, mixed blood Negroes were considered a custom of the country.

DUMAS AND PUSHKIN.

Fifty thousand white Negroes disappeared from the south within a few years after emancipation. No trace of them can be found, because they migrated north and without disclosing their racial identity were absorbed by the white race, which accounts for thousands of people throughout the

United States being unaware of Negro ancestry.

Narrow minded critics of my race seem to be more or less of the opinion that all colored people should be considered inferior. Any literate American should look up the ancestry of the great French romanticist, Alexander Dumas, who acknowledged his Negro blood. Alexander Pushkin, the Russian poet, Robert Browning, the English laureate, Osceola the Zambo (Indian-Negro) chieftain of the Creeks. A brother of our first secretary of the treasury was so black that he was refused accommodations by Philadelphia innkeepers. Men of mixed Negro ancestry have been elected president and vice president of the United States.

ONLY 20 PER CENT FULL NEGRO.

Only 20 per cent of the American Negroes, because of their previous condition of servitude and circumstances, over which they had no control, are able to boast of not having a discernible strain of white blood in their veins. This inheritance has come down through the years from the slave holding regime of Dixie.

We are Americans and should be granted our constitutional rights but I really believe that race purification should have begun with the white male 328 years ago at Jamestown, because I, like Mrs. Lindy, can truthfully state that the original slave quarters still exist at the former home of my slave owning great grandfather in Mississippi—John W. Crayton, 407 N. Court st., Ottumwa, Ia.

A Native of Texas 3/8 Defends the Negro

To the Editor:

It seems that the sensitive soul of Mrs. Frances Gaffey has been very much perturbed by her brief contact with some Negro folks.

This writer was born in Texas, both of his grandfathers were in the Confederate army, one of them was a



"RIGHT BETWEEN THE EYES!!" NEGRO PROBLEMS SAME AS ANY WORKERS, ONLY WORSE, DIRECTOR ROI OTTLEY SAYS

By BETTY GOLDSTEIN 10, 15, & 3

New York—(FP)—"Black men and white in America do not face human beings—they face a straw man," Roi Ottley, director of publicity for the CIO Natl. War Relief Committee, says in NEW WORLD A-COMING,* which just won the Houghton Mifflin \$2,500 award for books about life in America. "What is generally referred to as the Negro problem is, in fact, a set of phobias, prejudices and fiction which unscrupulous men, enemies of democracy, exploit for their own gain," Ottley says.

Inside Harlem!

A Minister Comments

The articles above appeared in the Daily Press as shown by the dates inserted while Mr. Crayton was Chief of the Iowa Bureau of the Associated Negro Press. - (An ad.)

KRESGE'S

"For One Stop Family Shopping and Savings"
DOWNTOWN: 7th & Walnut

Classified Ads

Apts. For Rent

Apartments for Rent
Homes for Sale
or Rent
THEODORE J. BELL,
Real Estate Broker
1156 11th St. 244-4325

FOR RENT

Unfurnished apartment, 2 rooms, 3 rooms and 4 rooms. 279-7698

FURNISHED APARTMENTS FOR RENT

1 - 5 rm w/pvt. bath, 1 - 3 rm apartment, 1 - 2 rm apartment, 1 - Large sleeping room. Phone 243-5501.

APARTMENT FOR RENT

1609 - 8th Street
One bedroom apartment, newly decorated, furnished or unfurnished. Private bath and entrance. Utilities paid. Call 244-7723 for appointment to see.

FURNISHED APARTMENT

Two room apartment. Completely furnished. Private entrance and bath. Adults only. No pets. Call 282-0650.

APARTMENTS

FOR RENT

Two rooms, \$15. per week; three rooms, \$80. a month. Call 288-7661 or 964-4767.

FOR RENT

First floor duplex, four rooms and bath. Adults. Quiet neighborhood. Call 255-2460.

UNFURNISHED APARTMENT

933 18th

Adults, single or couples only. One bedroom newly decorated. Must have references of employment. \$85. a month. 282-9505 or 244-5427.

APARTMENT FOR RENT

1215 11th Street

Three rooms, \$55. Adults. Call 244-9783.

APARTMENT FOR RENT

One bedroom apartment. Private bath and entrance. \$75. a mo. Utilities paid. Inquire at 243-1779.

FURNISHED APARTMENT

1185 7th Street

4 rooms, good heat, utilities pd. 1st floor. Parking rear. Adults. \$100. 266-9685.

APARTMENTS FOR RENT

1125 18th

Two 3 room apts., 1 large, 1 small, both 1st floor. Each has private entrances and bath. 288-5701 or 285-3242 evenings.

APARTMENT FOR RENT

Two room furnished apartment. Utilities furnished. \$50. a month. Adults. Call 244-9786.

Hammit - Robinson
FUNERAL HOME
1425 University Avenue 8-4429
If No Answer Call Cherry 3-6253

The Iowa Bystander
Established in 1894
221 LOCUST STREET
288-1904

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2400 S. Michigan Ave., Chicago, Ill. 60616
Tel 842-0200

APARTMENT FOR RENT

3 room basement apartment. Water and heat furnished. 1923 Olive St. Phone 243-2888.

APARTMENT FOR RENT

Two room apartment to rent to women or pensioner or Soc. Security. \$55. per month. Quiet neighborhood. No children. 288-1204.

APARTMENT FOR RENT
Three rooms, private bath. References required. Call 964-3291.

SLEEPING ROOMS

Two nice sleeping rooms for rent. Close in. Convenient. Call 288-1904.

Houses For Sale

House for Sale

1726 Des Moines Street
3-bedroom older home. New wiring. \$9,500 F.H.A. Low cash and work agreement for down payment.

Bud Carey Realty

276-7984
Bob Daniels
279-4210

GOOD HOME

1510 16th
Nice roomy home in good condition, 3 BR plus sleeping solarium. Enclosed rear porch, garage, large dining room. A top buy at \$8,700. F.H.A. Phone 277-6161. Katie Fick, 284-6993.

House For Sale

2323 Bennett
Well built in 1965. 3 bedroom ranch. Central air conditioning. Full basement. Fenced back yard. FHA appraised under \$17,000. Small down payment.

BUD CAREY REALTY

276-7984

WANTED

BABYSITTER

My home. 5 days per week. 7 years and 5 months old children. Mature, dependable. 278-0190 after 5 P.M.

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Immediate openings for two. Accounts payable or pay roll experience necessary. Full time employment. Many company benefits. Apply Personnel Office, 9:30 A.M. to 4:30 P.M. Sears, Roebuck and Co., 4000 Merle Hay Road, Des Moines. An equal opportunity employer.

WANTS CHOIR MEMBERS

Join All City Gospel Choir. Rehearsal on Wed. 8 P.M., Sat. 4 P.M. West 16th and Washington.

COPY MACHINE

Kodak Readyprint copy machine, price reasonable. Condition like new. Phone 288-1904.

Buy U.S. Savings Bonds & Freedom Shares

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Louie's Fina Service
1122 University 243-6513
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get your gutters and down spouts repaired now before the spring rains.
Hal Schmidt Furnace Co.
219 E. Walnut St. 288-5600

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948 - 18th ST.
DES MOINES, IOWA 282-8211

Careful, Sympathetic and Efficient Service. Thorough Attention to Detail

ESTES & SON FUNERAL HOME

Complete Modern Rolling Stock Licensed Embalmers
John M. Estes
Funeral Director
LADY ATTENDANT
1050 Harding Rd. 243-3111

Card of Thanks and Memoriams

CARD OF THANKS

We with to thank our many kind friends for donations, cards, telegrams and comforting words at the time of the death of our loved one, Deacon Dennis Powers. We especially wish to thank Rev. Eddie Crawford, members and missions for their donations.
Deacon Joe Powers and wife, Rosa

CARD OF THANKS

The family of Dessie Mae Griffin wishes to thank their friends and neighbors for cards, flowers and expressions of sympathy at the time of their bereavement, especially Rev. Carl Sanders and the pallbearers.
Damon Griffin and family

CARD OF THANKS

Thanks to each and every one for the beautiful cards and flowers I received while in the hospital. May God bless each one of you.
Mary Triplett

In Memory of my son,
Frank Henry Hunley, Jr.,
born September 27, 1927
Died July 24, 1934.
Mrs. Ruby M. Collier
Humboldt, Mother

Designers Fight Cold Hands, Feet

Winter clothing designers recognize an important plight of the outdoor winter sportsman: If his hands and feet are cold, he's going to be miserable.

New specially-designed insulated mitts and boots today are making winter outdoor fans happy indeed. Hands and feet have never been so warm in sub-zero temperatures. And the boots keep feet dry, too.

Ski-Doo Sports, Ltd., leading designer of innovative cold-weather clothing, has developed lightweight boots of nylon uppers and rubber bottoms with an inner lining of hair felt, as well as regular and one-finger mitts in tough-wearing horsehide lined with fleece and special foam insulation.

A new Ski-Doo Sports flair this year is "TNT" (Track 'N' Trail) boots which have ankle padding for added protection.

NOTICE OF INCORPORATION OF CONSTRUCTION BROKERS, INC.

Pursuant to the provisions of Section 52 of the Iowa Business Corporation Act, the undersigned corporation does hereby publish the following Notice of Incorporation thereof:

1. The name of the corporation is Construction Brokers, Inc. which is incorporated under Chapter 521 of the Laws of the 58th General Assembly of Iowa.

2. The date of the beginning of the corporate existence is September 10, 1970, and the period of its duration is perpetual.

3. The purpose or purposes for which the corporation is organized as stated in the Articles of Incorporation are as follows:

"The purpose for which the corporation is organized is to engage in and do any lawful act concerning any and all lawful businesses for which corporations may be organized under the Iowa Business Corporation Act, and it shall have unlimited power to engage therein."

4. The aggregate number of shares which the corporation shall have authority to issue is ONE HUNDRED THOUSAND (100,000) shares of common stock with a par value of ONE DOLLAR (\$1.00) each.

5. The address of the initial registered office of the corporation is 920 Morgan, Des Moines, Iowa. Its original registered agent at such address is Maurice S. Doane, Jr.

6. The names and addresses of the directors of the corporation as designated in its Articles of Incorporation are: Maurice S. Doane, Jr., 3014 S.W. 40th, Des Moines, Iowa

Loyal W. Pennock, 8030 Sunset Dr., Des Moines, Iowa
Dated this 11th day of September, 1970.

By: Maurice S. Doane, Jr. President
By: Loyal W. Pennock Secretary

Printed and published in the Iowa Bystander September 17, 1970.

CARPET

2 Average Rooms Plus Hall 30 yards
\$149.00
(Including pad and Installation)
NO PYMTS. FOR 2 MONTHS
FREE ESTIMATES
OLSON CARPET
244-6221

KEOKUK

BY MRS. R. H. TOOMES
1002 Franklin Street
Phone 524-4708

Mr. and Mrs. Charles Officer, children Christopher and Carla were Labor Day weekend visitors at the home of Mrs. Officer's parents, Mr. and Mrs. Carl Majors.

The annual Bates reunion was held on Labor Day at the Rand Park with a large number in attendance.

All present noted it a grand success with food in abundance.

During the afternoon the son of Mr. and Mrs. V. Windsor entertained on the organ. Mrs. Windsor was formerly Helen Bates.

The annual affair is held either at Ft. Madison or Keokuk, Iowa. This year Mr. and Mrs. Ora Bates of this city were host and hostess.

Mr. and Mrs. Russell Reeves and Miss Alberta Bates of Des Moines spent the Labor Day weekend at the home of Miss Bates' parents, Mr. and Mrs. Ora Bates. They were among the many attending the Bates' reunion on Labor Day.

Samuel T. Bervy, a veteran of World War I, passed away at the Veterans Administration Hospital in Knoxville following an extended illness Monday, Sept. 7. In addition to his wife he was survived by four daughters and three sons: Mrs. Christina M. Redmond, Chicago, Ill., Mrs. Lucille Williams and Mrs. Janet Allen of Indianapolis, Ind., Peggy Buroy at Home, John Buroy of Chicago, Ill., Samuel Buroy of Minneapolis, Minn., Robert Buroy of Sioux City, Iowa.

Funeral services were held Thursday, Sept. 10 at the Greaves Mortuary with burial and military rites at the Keokuk National Cemetery.

Mr. and Mrs. George Coleman of Galesburg, Ill., attended the Bates reunion on Labor Day. Mrs. Coleman was formerly Betty Bates of Ft. Madison.

Mr. and Mrs. French E. Bland of Byron Center, Michigan, left Monday, Sept. 14 for their home after spending a few days visiting with Leon Bland, Mr. and Mrs. B. H. Toomes, the father, brother-in-law and sister of French E. Bland.

Mrs. Shirley Weldon Carter has been employed at the Montgomery Ward store in the Keosaupee Plaza.

Mr. and Mrs. J. H. Grigsby of Moline, Ill., were Sunday visitors in Quincy, Illinois at the home of Mrs. A. V. Robbins and on to Keokuk to visit at the home of Leon Bland and Mr. and Mrs. B. H. Toomes.

Guests at the home for the Sunday night supper were Mr. and Mrs. French E. Bland, Mr. and Mrs. J. H. Grigsby, Mrs. Mar-

NOTICE OF APPOINTMENT OF ADMINISTRATOR AND NOTICE TO CREDITORS

In the District Court of the State of Iowa
In and for Polk County
Probate No. 62665

IN THE MATTER OF THE ESTATE OF Elsie Gable, Deceased.
TO ALL PERSONS INTERESTED IN THE ESTATE OF Elsie Gable Deceased:

You are hereby notified that on the 3rd day of September, 1970, the undersigned was appointed administrator of said estate. Notice is hereby given that all persons indebted to said estate are requested to make immediate payment to the undersigned, and creditors having claims against said estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed within six months from the date of publication of this notice (unless otherwise allowed or paid) such claims shall thereafter be forever barred.

Dated this 3rd day of September, 1970.

THOMAS C. GABLE
Administrator of said Estate
1114 Burnham
Des Moines, Iowa

VIRGIL MOORE
2454 S.W. Ninth Street
Des Moines, Iowa 50315
Printed and published in the Iowa Bystander 10th day of September 1970 and date of second publication 17th day of September, 1970.

NEWS IN AND AROUND IOWA

garet Hudson and Mr. and Mrs. Carl Majors.

On Wednesday, Sept. 9 Donald L. O'Neal of St. Paul, Minn., Equal Opportunity Program Director of Hoerner Waldorf Corporation, met with E. Urban, R. Flambeau of the Hoerner Waldorf Corporation of this city, LaVerne Carter, Robert Pearl and Mrs. B. H. Toomes at the Holiday Inn.

The evening was spent in discussing opportunities and applications for minority groups. In the discussion it was disclosed that a high school education was not required for a person to be hired as long as one passed the test required and able to do good work. In the clerical divisions requirements are higher. Hoerner Waldorf at present have some Negroes employed and hire without regards to creed or color.

At the present time there were no openings. Also it was disclosed that all Negroes that wanted employment were employed and at the present time there were none to recommend.

SIoux CITY

Mrs. Albert Smith
217 W. 14th Street

Church Women United met Tuesday, Sept. 15 at 1:30 p.m. at Crescent Park Methodist Church. The United Church Men met Tuesday, Sept. 15, at 7:30 p.m. at the First Baptist Church, 9th and Douglas Street.

Rev. and Mrs. Frank G. Pinkston, Sr. and their son, Christopher are house guests of Mr. and Mrs. Garland E. Whitehurst. Rev. Pinkston is a cousin of Mr. Whitehurst. Rev. and Mrs. Pinkston live in Ocala, Florida. They attended 11 a.m. worship at Mr. Zion Baptist Church. Mr. and Mrs. Paul Blakely are the house guests of Mr. and Mrs. Arthur Hayes. Mr. Blakely is a cousin of Mr. Hayes. The Blakelys live in Portland, Oregon.

Mr. and Mrs. Daniel Blakely are also the house guests of Mr. and Mrs. Arthur Hayes. Mr. and Mrs. Paul Blakely live in St. Paul, Minnesota. Daniel Blakely is also a cousin of Mr. Hayes. All worshipped at the 11 a.m. service at Mt. Zion Baptist Church.

Mrs. Franklin Williams Mrs. Laveda Banks, and Mrs. Roy Hunter motored to Omaha, Neb. Sunday afternoon to visit with Roy Hunter who is in the Veterans Hospital.

Cedar Rapids

By Mrs. Julian Carlton
1016 12th Ave. S.E.
Phone EM 3-2756

Sunday, Sept. 20, the Rev. LeRoy White, pastor, will preach at 11 a.m. The senior choir will sing.

The church annual picnic will be held Sept. 19 at Noleridge Park Northeast.

The Human Rights Commission meeting was held Sept. 15 at Central Park Presbyterian Church.

Returns from Vacation
Mrs. Eula McDonald recently returned from visiting with her son and daughter-in-law in Waukegan, Ill., Mr. and Mrs. Henry Woodson, with relatives at St. Paul, Minn. and with the daughter and son-in-law at Kansas City, Kansas.

Visitors Over Weekend
Henry Hunt and daughter of New York City visited this past weekend in the home of Mr. and

Mrs. Albert Carr. Mr. and Mrs. Nancy Johnson and children and Carl Cason of Des Moines recently visited in the home of Mrs. Johnson's sister, Mrs. Julian Carlton.

BURLINGTON

Mrs. Velma L. Lewis
418 South Starr Avenue

Dr. William A. Smith of St. Petersburg, Fla. is here visiting his son William A. Smith III and his sisters, Mrs. Florence Irvin and Mrs. Helen Ray and other relatives and friends.

Henry Bowles of Chicago, Ill., is the guest of his brother and sister-in-law, Mr. and Mrs. James Bowles. He will be here for two weeks.

Mrs. Andrew Thompson has left for a week's visit in Chicago with relatives and friends.

The Rev. William H. Burnette, Jr., of Des Moines, had charge of the Sunday morning worship service at St. John A.M.E. Church last Sunday.

Mrs. Verla Lewis has been chosen parliamentarian for the Interfaith Council for the year 1970-71. Mrs. Cecil Rideout is one of the telephone committee. The council meets in various churches, and sponsors the observance of Brotherhood week in February.

Clinton

Mrs. Grace E. Simpson
Reporter

Rev. Thornton, who has been serving the 2nd Baptist Church this summer, was installed as its pastor September 13th.

Mrs. Pauline Bell and James Jones are patients at Clintons Jane Lamb Memorial Hospital.

A/IC Thomas Jackson is on furlough, enroute to Anchorage, Alaska, following training in Biloxi, Mississippi. He is visiting with his mother, Mrs. Minnie Jackson and family in Clinton and relatives and friends in Rockford, Illinois.

Mrs. George D. Wilson of Louisville, Kentucky is visiting her daughter and family, Mr. and Mrs. Luther A. Roberts. Dr. George D. Wilson, retired Professor of Education at Kentucky State College, will join Mrs. Wilson and spend a few days visiting with his daughter and family.

Mrs. Meredith Burke and Mrs. Fannie Henderson motored to Dubuque, Iowa to visit friends and then on to Galena, Illinois to visit with Mrs. Burkes father G. Dey Johnson.

Mrs. Goldie Ward of Chicago spent the Labor Day weekend in Clinton and helped celebrate the birthday of her mother, Mrs. Bessie Wallace.

Mrs. Lowell Hightower is visiting in Chicago and making the acquaintance of her new grandson, born to Mr. and Mrs. Alexander (Lowetta) Yates.

Sgt. and Mrs. Timothy Greene of Hampton, Virginia are the proud parents of a daughter, Tamara Kay. Mrs. Greene was the former Trudy Dabner of Clinton. Maternal grandparents are Mr. and Mrs. Roy Dabner, paternal grandparents, Rev. and Mrs. Robert Greene. Mrs. Dabner has just returned from a six weeks visit with her daughter and family. The Dabners are also welcoming another granddaughter Sonya Nadine, daughter of Henry and Joyce Dabner Mosely.

Mr. and Mrs. Richard Greene (Geraldine Jordan) are the parents of a daughter, Tiffany Marie, born September 6th.

Mr. and Mrs. Robert Harris have returned from

St. Louis, Missouri where they visited Mr. Harris' Uncle and family, Mr. Willie Harris.

William Jetter, Sr. returned from Tucson, Arizona and a visit with his son Staff Sgt. Robert Jetter and family. He was joined there by his daughter Miss Dorothy Jetter of Astoria, Oregon and son Mr. Vinson Jetter of Kansas City, Missouri who accompanied him back to Clinton for a visit with the family.

Mrs. Bee Brown Bell of Evanston, Illinois and Mr. Larry White of Portland, Oregon were weekend guests of Mr. and Mrs. William Jetter, Sr.

Mr. and Mrs. William Rose Jr. have returned home after a vacation with Mrs. Rose' Uncle, Mr. Eugene Crowley in St. Joseph Missouri. Enroute home they visited Mrs. Rose' aunts Mrs. Mary Delaware in Chicago and Mrs. Doris Johnson in Burlington and with Mr. William Rose Sr. in Rock Island, Illinois. William III and Rodney Rose remained for a visit with their grandfather.

The Willing Worker Circle of Bethel A.M.E. Church met Sept. 13th for its regular monthly meeting at the home of Mrs. James Henderson. Plans are being made for a Fall Tea. The Pastors' wife, Mrs. Willard Luttrell, met with the Circle.

Correction in last weeks column—Mr. Donald Fisher of Compton, California visited with his mother, Mrs. James HENDERSON.

Pershing

By Mrs. Maymie Parker

Visitors during the summer at the home of Mr. and Mrs. Raymond Rumley were their daughters and family, Kathlene Rumley and family from Waterloo, Mr. and Mrs. Bernie Burnside and family from Minneapolis, Minn. They also visited with other sisters and brothers, Mrs. Middle Colton and family, Mrs. Beverly Winfrey and son, Billy Rumley, Mr. and Mrs. Tammy Rumley and daughter and Richard Rumley of Des Moines, Mr. and Mrs. Michael Bruce and family, Mrs. Marjorie Parker and family and Mr. and Mrs. John Bryson and family of Pershing, Iowa.

Mrs. Raymond Rumley had the pleasure of being on television, Channel 3, in Ottumwa, Iowa, showing some of her antiques. She has a shop called Berta's Tash and Treasure.

California visitors in the home of Mr. and Mrs. Joe Rumley and Joyce were Mr. and Mrs. Ira Junkins and Mr. and Mrs. John Williams and family. Mrs. Williams is the sister of Mrs. Rumley. While here they attended the family reunion in Centerville, Iowa.

Mr. and Mrs. Michael Bruce and family motored to Milwaukee, Wisc. to visit his brother and family and other relatives and friends.

Mr. and Mrs. Richard Greene (Geraldine Jordan) are the parents of a daughter, Tiffany Marie, born September 6th.

Mr. and Mrs. Robert Harris have returned from

California visitors in the home of Mr. and Mrs. Michael Bruce and family were Alphonso, Jr., Elieff Bruce and Brandy Bundy of Des Moines, Mrs. Ted Small, Mrs. Bruce's mother, also visited with the Bruce's.

Labor Day visitors in the home of Mr. and Mrs. Raymond Rumley and Vickie were Mrs. Marjorie Parker and family, Mr. and Mrs. John Bryson and family, Mr. and Mrs. Michael Bruce and family of Pershing, Mr. Billy, Richard Rumley and Mr. and Mrs. Tommy Rumley and daughter, all of Des Moines, Iowa.

Afternoon visitors were Mr. and Mrs. Bale Wells and family Mrs. Shirley Harris and family, Jimmy Washington, Donald Rumley of Des Moines, Mrs. Washington and Patty, Mrs. Buster Washington and family of Knoxville, Iowa.

Mrs. Marjorie Parker and family, Mr. and Mrs. Michael Bruce and family and Mr. and Mrs. John Bryson and family enjoyed dinner on the lawn. After dinner the evening was spent playing games, records and dancing.

Labor Day visitors in the home of Mr. and Mrs. Joe Rumley and Joyce were Mr. and Mrs. Joe Rumley, Jr. and family of Des Moines, Mr. and Mrs. John Williams and family.

Labor Day visitors in the home of Mr

Where to Attend Church in Des Moines

PHILADELPHIA SEVENTH DAY ADVENTIST
1150 13th St.
Elder D. J. Dixon, Minister
Sabbath School 9:30 A.M.
Morning Service 11:00 A.M.
Missionary Volunteer 3:30 P.M.
Prayer Meeting, Wed. 8:00 P.M.
Dorcas Society 1st Sunday 1:00 P.M.

Corinthian Baptist Church
9th and School Streets
Rev. F.W. Strickland
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
B.T.U. 6:00 P.M.
Evening Service 7:00 P.M.
Prayer Service Wednesday 8:00 P.M.

St. Paul A.M.E. Church
12th and Crocker Streets
Rev. Henderson Davis
Church School 9:30 A.M.
Vespers Service 6:30 P.M.-7:30 P.M.
Prayer Service, Wed. 7:30 P.M.
Youth Fellowship 5:30 P.M.

East University Church of God in Christ
East 17th and University
Bishop J.E. Abernathy
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Service 8:00 P.M.
Wed. Eve. Mission Circle 8:00 P.M.
Weekly evening services Tuesday and Friday 8:00 P.M.

Kyles Temple A.M.E. Zion Church
Rev. Oscar Peavy, Pastor
907 15th Street
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Worship 7:00 P.M.
Prayer Service Wednesday 7:30 P.M.

Pilgrim Missionary Baptist Church
1732 Walker Street
Rev. Wayland Heath, Pastor
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Youth Meetings Weekly 7:30 P.M.
Prayer Meeting Wednesday 7:30 P.M.

Community Baptist Church
1108 8th Street
Rev. Guy L. Sanders, Pastor
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:30 P.M.
Evening Service 7:30 P.M.
Prayer Service, Wed. 8:00 P.M.

Forest Ave. Church of God in Christ
1121 Forest Avenue
Rev. A.B. Carter, Pastor
Sunday School 9:15 A.M.
Sunday morning worship 11:00 A.M.
Y.P.W.W. (Sunday) 7:00 P.M.
Sunday evening worship 8:00 P.M.
Tuesday evening Bible Band 7:00 P.M.
Wednesday evening services 7:30 P.M.
Prayer services (daily) 9:00 A.M.

Bethel A.M.E. Church
1528 East University Ave.
Rev. L.B. Johnson, Pastor
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Worship 7:30 P.M.
Wed.-Mid-Week Service 7:30 P.M.

BURNS UNITED METHODIST CHURCH
811 CROCKER STREET
Rev. J.M. Shopshire, Minister
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.

Maple Street Baptist Church
E. 16th and MAPLE STREET
Rev. Geo. Parish, Minister 5-8910
Sunday morning worship 11:00 A.M.
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:30 A.M.
Evening Service 7:30 P.M.
Prayer Service, Wed. 8:00 P.M.

First C.M.E. Church
28th and Maury Streets
Rev. H. P. Petties, Minister
Pastor's Phone 288-4991
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Business Meetings - Wednesdays

Union Baptist Church
"The Friendly Church"
E. UNIVERSITY AT MCCORMICK
Rev. Henry Thomas
1340 McCormick
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Service 7:45 P.M.
Prayer Service Wednesday All Day

Mt. Olive Baptist Church
S.E. 4th and Scott Streets
Rev. H. R. Fields, Pastor
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Service 7:45 P.M.
Wednesday Prayer Service 7:30 P.M.
Choir Rehearsal Fridays 7:30 P.M.

Evangelistic Missionary Church
1340 E. 18th Street
ELDER E. C. FOUNTAIN, Pastor
Sunday School 10 A.M.
Sun. Worship 11:30 A.M. and 8 P.M.
Y.P.W.W. 7:30 P.M.
Sunday Evening Worship 8 P.M.
Tuesday Prayer and Bible Study 8 P.M.
Thursday - Consecration and Healing 8 P.M.

MACEDONIA MISSIONARY BAPTIST CHURCH
2603 Center Street
Rev. Avance Harden
Sunday School 9:30 A.M.
Morning Worship 10:45 A.M.
B.T.U. 6:00 P.M.
Elsie Chancellor, Director
Evening Worship 7:00 P.M.
Prayer Services Wed. 7:00 P.M.

ST. JOHN'S LUTHERAN
6th and Keo Way
LOUIS H. VALBRACHT, Senior Pastor
Associate Pastors
Joseph W. Freese-David I. Abram
SUNDAY SERVICES
Holy Communion 8:30 a.m.
Church School 10:00 & 11:00 a.m.
Worship Services 9:00 & 11:00 a.m.
Nursery during Worship Services

SHILOH BAPTIST CHURCH
1213 Scott Street BL 5-6333
Rev. William Heath, Pastor
ORDER OF SERVICES
Sunday School 9:45 A.M.
Morning Service 11 A.M.
B.T.U. 6:00 P.M.
Evening Service 7:30 P.M.
Wednesday Night Prayer Service 7:00 P.M.

YOU ARE WELCOME AT New Jerusalem Church of God in Christ
WEST 14th and UNIVERSITY
BISHOP E.A. TINDRELL, Pastor
Order of Services
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Y.P.W.W. (Sunday) 6:30 P.M.
Evening Services 8:00 P.M.
Weekly Evening Services (Tuesday and Friday) 7:30 P.M.

EMANUEL FIRST BAPTIST CHURCH
REV. G.E. TURNER
881 S.E. 26th Street
Sunday School 9:30 A.M.
Worship 11:00 A.M.
Prayer Service Wed., 8:00 P.M.

MOST UNITARIANS
believe purpose of religion is to help all of us to be better now instead of preparing us for an imaginary heaven or hell. Come to the service at 11 a.m. on Sunday and hear Mr. Isom preach on:

"OUR CULTURAL BOXES"
FIRST UNITARIAN CHURCH
John B. Isom, Minister
Bell & Casady Phone 244-8603
Des Moines, Iowa 50315
(Phone or write for literature)

ST. PAUL A.M.E. CHURCH NEWS

The last sermon to be delivered this church calendar year by Rev. Henderson S. Davis will be Sunday, September 20, at 10:45 A.M., subject "Who Is the Greatest?"

Additional persons attending the annual conference to convene in Galesburg, Illinois, Monday, Sept. 21, are Mrs. Henderson S. Davis and daughter, Lydia and Miss Alberta Bates. Miss Bates will represent the Layman's Organization.

At four o'clock Sunday morning, Sept. 27, a bus will leave to spend the day at the Conference. Call Mrs. Leo W. Jones, 288-8713. Edward C. Harris is the Lay delegate for the church.

The Sunday School picnic is planned for Saturday, Sept. 19. Meet at the church at 11 A.M. and all go together to the Owen Crist farm.

The Hostess Club will honor its 25th anniversary with a giant musical and silver tea October 11, 1970 at 4:00 P.M.

MAPLE STREET BAPTIST CHURCH NEWS

Rev. Parrish's sermon title for Sunday, Sept. 20, will be "Strangers in a Strange Land".

Maple Street will be observing "Homecoming Day" September 20.

The Gospel Choir will be singing for morning services at Trinity Methodist Church September 20 at 10:30. Rev. Moore is the pastor.

A bus trip has been planned for September 27, to the True Vine Baptist Church in Kansas City, Missouri. True Vine was the church of the late Rev. C. O. Bankers. The bus will leave from the church at 7 A.M. Tickets are \$8.10. See Maxine McNair for tickets. All money has to be in by the 24th of September.

KYLES A.M.E. ZION CHURCH

Saturday, September 19, the Senior Usher Board will serve dinners. For deliveries call 288-2391. Saturday at 10 A.M. the Sunday School Bible story will start. Mrs. Wade, superintendent.

Sunday at eleven A.M. Rev. Peavy will deliver the sermon and the Young Men will sing. Visitors last Sunday were Rev. and Mrs. Henry Simmons, Sr., of Chanute, Kansas; Mrs. Sally Welborn of Cincinnati, Ohio. Mrs. Welborn is the widow of Rev. P.C.

Wilborn, a former pastor of Kyles, and is the mother of Mrs. Carrie Strother. Friday, September 25, the second quarterly conference will begin with Presiding Elder G. W. Whisonant of Kansas City, Mo., presiding at 7:30 P.M.

UNION BAPTIST CHURCH NEWS

Rev. H. I. Thomas chose as his sermon subject last Sunday "Man's Extremity; God's Opportunity."

Saturday, Sept. 26, the Mission Society will have chicken and chitterling dinners available. Mrs. Bessie Matthews is president.

UNION MISSION BOARD MEETING

The East Side Union Mission Society will hold its board meeting Wednesday noon, Sept. 23 at the home of Mrs. John Blakely, 920 E. 17th Court.

CORINTHIAN BAPTIST CHURCH NEWS

Rev. A. N. Fox, pastor of New Bethel Baptist Church, Manly, Iowa will bring the message at the 11 a.m. worship service, Sunday, Sept. 20, 1970 as Rev. Strickland recovers from surgery at Mercy Hospital.

Monday, Sept. 21 at 7:30 P.M. at the church the General Mission Society will present a program, "Bon Voyage," a film showing of religious aspects of the European trip taken by Mrs. Barbara Williams this summer. A light luncheon will be served preceding the film. Donation .50. Esther Circle, Hostesses.

Sunday, Sept. 27, Women's Day will be observed. Theme, "Christian's Women's Ultimate Goal - Walk Proud, Think Tall, Together." Mrs. Lillian Haynes, Maple Street Baptist Church will be the speaker at 11:00 a.m. Corinthian Women's Chorus will sing.

That afternoon Miss Diane Jeter, Philadelphia, Penn., a student of nursing at Iowa Methodist Hospital will be the speaker at 3:30 p.m. followed by a lawn social on the grounds of the church. A special program will be presented at 7:00 p.m. with surprise musical talent of the church. Reports will be given. Mrs. Ella Mae McDonald, General Chairman, Women's Day.

BETHEL A.M.E. CHURCH NEWS

The Stewardess Board will present Mrs. Florence M. Green, wife of Rev. James Green, in a recital Sunday afternoon, September 20 at 4 p.m. in the church sanctuary. Mrs. Green will be accompanied by Mrs. Bette Frazier. Everyone is cordially invited to attend. Mrs. Ruby Warren is President; Rev. L. B. Johnson is pastor.

PILGRIM BAPTIST CHURCH NEWS

Sunday, September 20, worship service will be held at 11 A.M. with Rev. Wayland Heath delivering the sermon. Sunday school is at 9:45 A.M. At the hour of 3 P.M. Brother Stanley and his father will be in a recital at the church. Other talent of the city will participate.

MORNINGSTAR BAPTIST CHURCH NEWS

Saturday, Sept. 19, the Usher Board is sponsoring a chicken and fish dinner at the home of Mrs. Yvonne Crawford, 826 25th St. For deliveries call 274-2060. The Morningstar broadcast may be heard each Sunday at 7:45 A.M. on radio station KSO.

Deck Tips Offered

Basic patio deck construction is detailed in an eight-page booklet entitled "Three Do-It-Yourself Wood Decks." Priced at ten cents, copies are available from Western Wood Products Assn., Dept. 513-P, Yeon Bldg., Portland, Or. 97204.

Mothers, Stewardess and Deaconess Council to Meet
The Mothers' Stewardess and Deaconess Council will hold their services Sunday afternoon, September 20, at 2:30 o'clock at the Maple Street Baptist Church. Rev. O. M. Peavy, pastor of Kyles A.M.E. Zion Church will be guest speaker and the Kyles Senior Choir will furnish the music.

Rev James M Harris To Be Honored at 15th Year Anniversary

The anniversary for Rev. James M. Harris began Wednesday, Sept. 16 at Mt. Hebron Baptist Church, 131 9th, West Des Moines, with Rev. George Parrish as guest speaker and Rev. Guy Sanders as master of ceremonies. Thursday, Sept. 17, at 7:30 P.M. Rev. Oscar Peavy will be speaker and master of ceremonies will be Rev. Henry Petties. Friday, Sept. 18 at 7:30 P.M. Rev. H. I. Thomas and choir will be guests and master of ceremonies will be Rev. Alex Crawford.

The climax of the anniversary program will be September 20 at 3 P.M. Rev. Louis B. Jones, pastor of Paradise Baptist Church of Kansas City, Missouri, will deliver the anniversary sermon and his Men's Chorus will furnish the music.

Mrs. Dorothy Marie Warren is the mother of the Pastor's anniversary and Mrs. Irene Swink is co-chairman.

Performing Arts Series at Westminster

Westminster United Presbyterian Church is inaugurating a Performing Arts Series. The first program will be by Speck Redd, renowned jazz pianist in this area (program included).

We are very excited about this series and hope you will be able to publicize it to your constituency in any way that is feasible for you.

Rock Island

By Eular Rhodes
725-5 1/2 Ave.
Phone 786-7623

Olivet Baptist Church

Rev. A. C. Collins, Rev. R. H. Cheers and bus load were the guests of Mt. Hebron Baptist Church of Des Moines, Iowa. Rev. James Harris is the pastor of the church.

The Trustee Helper Club sponsored a Smorgasbord held in the Second Baptist Church. Mrs. Alma Holder, chairman, Mrs. Louise Miller, president, Rev. W. M. Grimes, pastor. Earl Spencer, a member of Olivet Baptist Church is very ill in Iowa City, University Hospital. Mrs. Spencer is the president of the Missionary Society of Olivet.

Third Baptist Church News

Rev. William A. Smith of St. Petersburg, Fl. was the morning speaker of Third Baptist Church. Rev. Smith is the brother of Mrs. Eular Rhodes. At 3 p.m. the usher board had as their guest speaker Mrs. Reola Edwards of the Community Church of God in Christ. Her pastor is Rev. C. B. Westbrook.

The Kathleen Wright Circle, a department of the General Mission, is sponsoring a Baby Contest which will climax next Sunday at 3 p.m. Mrs. Alease Williams is the chairman of the Circle. Mrs. Eular Rhodes, general president.

At 3:30 p.m. Mrs. Rhodes will be the keynote speaker at Temple Baptist Church, Davenport, Iowa, in observing their annual Women's Day. She will talk on the Great Potter and the clay. From the book of the Psalms. Mrs. Maggie Balek, chairman, co-chairman, Mrs. Vera McDowell, president, Mrs. Ella Mae Johnson, pastor, Rev. E. L. Johnson. James Cleveland and

Thelma L Allen To Be Presented in Recital

Mrs. Thelma L. Allen will be presented in a recital sponsored by the Macedonia Deacon's Board on September 27, 1970, at 5:00 P.M. at the Church, 2602 Center Street. The feature of the program will be old Spiritual songs presented by Mrs. Allen followed by the Mills Brothers Quartet from Newton, Iowa.

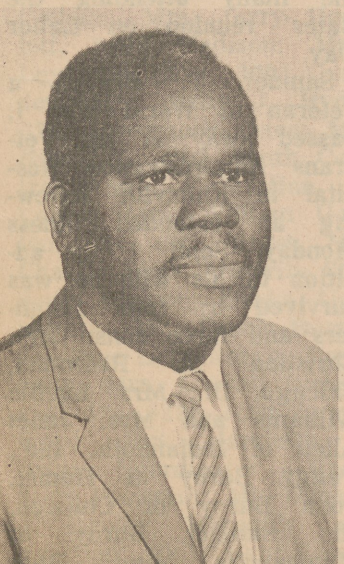
Also to be presented on the program will be Rev. Ernest White and his choir from the Faith Temple Church of God in Christ and the Six Spiritual Brothers from Kyles A.M.E. Zion Church. Rev. Avance Harden is pastor of Macedonia Baptist Church.



MRS. ALLEN

Rev. Fred Mc Nair in Recital For Maple Street Homecoming

Rev. Fred McNair formerly of St. Joseph, Missouri, presently residing in Minneapolis, Minnesota will be the quest soloist at the "Homecoming Day" at Maple Street Baptist Church, Sunday September 20, at 4 p.m.

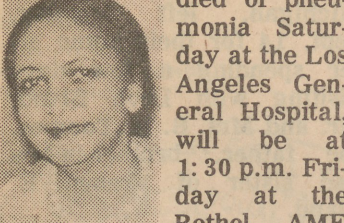


REV. MCNAIR

Rev. McNair graduated from the Bardlept High School in St. Joseph, Mo. he attended Drake Uni-

Former D.M. Resident Dies In California

Services for Mrs. Frances Martin Harjo, 59, of Los Angeles, a former Des Moines resident who died of pneumonia Saturday at the Los Angeles General Hospital, will be at 1:30 p.m. Friday at the Bethel A.M.E. Church. Burial will be in Laurel Hill Cemetery.



Mrs. Harjo, a Los Angeles welfare department clerk, lived here 20 years before moving to Los Angeles. She was a member of Ward Chapel A.M.E. Church there.

Surviving are her husband, Rudolph; three sisters, Mrs. Ruth Doyle and Mrs. Lucille Smith, both of Des Moines, and Mrs. Helen Thomas of Brooklyn, N.Y., and a brother, Robert Martin of Los Angeles. A wake will be held at 7 p.m. Thursday at the L. Fowler & Son Funeral Home.

the James Cleveland Singers of Los Angeles Calif. will be at Third Baptist Church on September 28, at 5 p.m.

Services for Sam B. Love, 67, of 1923 1/2 Olive Ave. was held at the Church of God in Christ. Burial was at Glendale Cemetery.

Mr. Love died Thursday. He was born in Honey Grove, Tex. and lived in Des Moines 31 years. He was employed as a porter at Foreman and Clark Clothing Store and was a member of the Church of God in Christ.

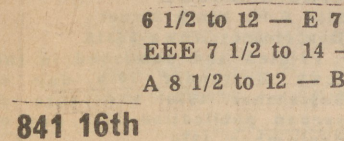
Surviving are two sisters, Mrs. Lucy Branch of Donham, Tex., and Mrs. Edna Wilson of Des Moines, and two brothers, Roscoe of Des Moines, and George of Bonham, Tex.

Grace Singers In Anniversary

The Wings of Grace will be observing their twelfth anniversary on Saturday, September 19, at the Union Baptist Church. The Echoes of Calvary Bible College Choir will be presented in a musical program in observance of the anniversary. Deloris Garrison, president.

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Richard Allen Chorus To Give Annual Concert

The Richard Allen Chorus of St. Paul A.M.E. Church will present a formal concert, Sunday, October 4, 1970, 7:00 p.m. at the church. bystand

The Chorus has rehearsed through the summer months without vacation to present to the public their best in song.

The committees consist of publicity, public relations, dress, finance and music. bystaand

Mrs. Lauretta Reeves, director, has planned a concert of such varied music as to reach all listeners who enjoy choral music (non professional). The theme is "God, Love, Peace" from which the numbers will be based.

The public is invited to attend and enjoy the "Bright Event" of the fall season.

Republican Chairman to Speak For Schwengel

DAVENPORT, IOWA — Republican National Chairman, Congressman Rogers C. B. Morton, Maryland, will speak at a fund raising dinner for Congressman Fred Schwengel in Davenport on Friday, October 9.

According to Charles Rehling, Schwengel Campaign Chairman, the dinner will be held at the Blackhawk Hotel, beginning at 6:30 P.M.

Morton is serving his fourth term as the Congressman from Maryland's First District. Last year he was selected to be the

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ask for a free consultation today!

Your Pharmacist's corner
By:
MARION WILLIAMS, R.Ph.

Take Your Medicine

Hardly seems possible that most of 1970 is gone already. If you haven't broken your New Year's resolutions, you're working too hard.

Good manners: concealing how much we think of ourselves, and how little we think of someone else.

Father to teenage son: "Mind if I use the car myself tonight? I'm taking your mother out and I want to impress her."

Anesthetic: something that should be given before the operation and repeated afterwards to stop the patient from talking about it.

Mechanical toy: an ingenious device that gives great pleasure to parents.

Speaking of pleasure, have you tried at Williams Pharmacy, 1430 University Ave., Phone 288-3266, keeping baby happy with our infant products.

Chairman of the Republican National Committee by President Richard Nixon. In 1966 his brother, former Senator Thurston Morton, Kentucky, spoke in Davenport at a similar dinner for Schwengel.

Paneling a wall with boards enriches a room—in looks far more than cost, especially for the do-it-yourselfer.

Social Whirl & Club Calendar

LINES

by
marri
johnson

ELNORA TATE, A DES MOINES TRIBUNE WRITER, has authored a number of articles about sickle cells and reminds us that the first sickle cell detection clinic will be held from 10 a.m. to 4 p.m. this Saturday, September 19, at Moulton School, 8th and College. The second clinic will be held at the same time, September 26, at Forest Avenue Baptist Church, 1016 Forest Avenue; the third will be held at the same hours, October 3, at Willkie House, 900 17th Street. Three medical doctors will be on hand to supervise the clinics which are sponsored by the College of Osteopathic Medicine and Surgery. Sickle cells disorder is a condition of the red blood cells and affects one out of ten black persons and some Mediterranean peoples. The importance of having your children, especially, screened serves as an aid for helping parents and the children avoid certain health situations, say in low oxygen situations.

PRESTON LOVE HAS FINALLY EMERGED on the work-a-day scene after his near fatal accident April 30. It has been a laborious period, but life has been good to Preston. As you recall, a horse plunged into his car causing his accident! Now less seriously, believe it or not, this guy still bets on horses! Another thought comes to mind! From now on all of us should address Love as "The Midnight Cowboy!"

JAY AND BARBARA MURRELL are our recent newcomers! Murrell is the new car salesman you've noted at Metro Ford. Barbara, a teacher, having just arrived will probably be doing substitute teaching for this year. The couple is from Denver, Colorado. Incidentally, Murrell and Preston Love are cousins!

Mrs. Roberta Pack Is Honored at Birthday Party

August 29, 1970, a lovely birthday dinner party was given for Mrs. Roberta Pack by the Pack family. The dinner was prepared by her daughter, Mrs. Charlene McMickle. The menu consisted of Turkey and ham and all the trimmings.

The table was decorated with green and gold flowers.

Mrs. Pack received many lovely gifts from her many friends and relatives.

The hostesses for the party were: Mesdames Marjorie Shade, Barbara Robinson, Elnora Tolson, Dorothy Pack and Miss

I QUERIED JUDGE LUTHER T. GLANTON as to how he spent the summer! It was a "working summer" was the reply! He first attended the American Bar Association's Annual Meeting held August 6-13 in St. Louis, Missouri. Then he and Mrs. Glanton visited his family in Murfreesboro, Tennessee. Afterward Judge Glanton went to the University of Alabama, Tuscaloosa, Alabama, where he attended a two-week course held August 15 through the 28. His schooling was on a scholarship from the Academy of Continuing Judicial Education. Now the good Judge happily awaits us as he presides in traffic court!

THE UNITED BLACK FEDERATION topped its own achievements in its sponsoring of the Miss Black Des Moines and Miss Black Iowa beauty contests. Miss Black Iowa made an excellent showing in her performance at the Miss Black America Contest held at Madison Square Garden in New York.

JUNE FRANKLIN IS INDOORS MORE THESE DAYS as she and husband, Frank, chart the course her canvassing should take in preparation for the November election. Summer provided June many opportunities for refreshing her techniques seeing as how she, along with Mr. and Mrs. Watson Powell, and Robert Harper, attended the National Urban League's July convention held at the New York Hilton. There were 3000 in attendance! "One of the best" she has ever witnessed, she says. She has the greatest praise for the organization of the workshop. The whole convention went to the Harlem Festival where art work, jewelry and other things made by black people were on display. There followed a soul dinner! "The whole event was a real good experience", she declared.

Joeann Holland. On August 30 Mrs. Pack's mother and son arrived from Meridian, Miss. which made the family circle complete with four generations.

To complete the weekend for the Pack family they motored to Minneapolis, Minn. to visit Mrs. Pack's brother, Al Hill, whom she had not seen in five years.

Tawasi Federated Club Meets

The Tawasi Federated Club will meet Thursday, September 17, at 7:30 p.m. at the home of Mrs. Martha Wheeler of 1611 Buchanan Street. Election of officers will be held and all members are urged to attend this meeting.

Socialite Queens Resume Meetings

The Socialite Queens resumed their first meeting after summer vacation with a Socialite Pot Luck and guests with hostess Miss Mary Parker and co-hostess, Mrs. Barbara Peeples. Door prize was won by Mrs. Ollie Sanders. Other games and prizes were the entertainment of the evening.

Mrs. Beverly Has Guests From Chicago

Mrs. Mollie Beverly had as recent visitors her niece and nephew, Mr. and Mrs. Alfred Weatherspoon from Chicago, Illinois. Alfred is employed by the city of Chicago, Department of Public Works as Assistant Personnel Officer. Harriett is employed by the Illinois Children's Home and Aide Society as an adoption Social Worker.

Tuesday morning Mrs. Beverly had breakfast for five which also included her sister and brother-in-law Mr. and Mrs. Elmore Elder and Mrs. Georgia James.

Scott and Avant Families Have Labor Day Barbeque

Labor Day, September 7, the Scott and Avant families held barbeque on the spacious lawn of Mr. and Mrs. Richard W. Scott of 955 22nd Street. Sixty seven members of the combined families were present including Mrs. Elaine McFarland, her son and daughter of Chicago, Illinois; the family and children of Mrs. Ramona Morris and son, Mr. and Mrs. Lawrence Davis, their children and grandchildren; Mr. and Mrs. Leonard Wade and son; Mrs. Berta Hicks and grandchildren; Mr. and Mrs. Wallace Kipper, their sons and granddaughter; Thomas Avant and family; Mr. and Mrs. Willie Clinton and family; Arthur Avant and family; Mr. and Mrs. Donald Avant and family; Mrs. Dorothy Taylor, children and grandchildren; Mrs. Lucille Cox and daughters; Mrs. Marguerite Avant and son. The Shades of Soul furnished the music.

Bathophobia denotes an excessive fear of depths—in the case of a small boy, more than a quarter-inch of water in the tub.

Easter Seal Convention Focus

Chicago, Sept. 14 — The growing importance of the volunteer worker in providing rehabilitation services to the handicapped is to be stressed at the annual convention of the National Easter Seal Society Chicago, Nov. 4 - 7.

In announcing the theme of the convention, "Volunteer Power — Here and Now," Sumner G. Whittier, executive director of the 50-year-old nationwide organization serving the crippled, said, "Volunteer strength in today's complex pattern of health services is the prime source of manpower in the Easter Seal Society not only for providing rehabilitation services to the crippled, but also for fund raising, policy making and public education."

Mrs. Margaret McCracken Returns from Exclusive Visit In California

Mrs. Margaret McCracken has returned to the city after a seven week visit in Oakland, California, at the home of her son, Fred McCracken, Jr.

The visit was marked by a variety of activities extended through the courtesy of former Des Moines residents Mrs. Geraldine Burk and Miss Altha Vann. Activities included a trip of the scenic interest of Oakland, a lawn picnic at the home of Mr. and Mrs. Lester Darius, dinner and entertainment at the homes of Mrs. Jean Triplett and Mrs. Geraldine Burks and a visit to the University of California at Berkeley.

During her stay, Mrs. McCracken visited her sister-in-law, Mrs. Velenoth Connell, in Los Angeles, and was entertained at dinner in the homes of Mrs. Rogena Smith and Mr. and Mrs. Ronald

Johnson, all residents of California.

Highlights

Highlights of the Oakland trip was viewing the theatrical production "Hair" and dining in the Tonga Room at the Hotel Fairmont, San Francisco. This unique room offers elegant dining in a Polynesian setting. Its uniqueness is the illusion it creates of a tropical isle. The illusion is enhanced both by the decor itself of huts, ship and harbor and by the thunderstorm effects which bring forth thunder and lightning, followed by a downpour of "rain" into the harbor in the center of the room.

Mrs. McCracken attended the First A.M.E. Church in Oakland. Rev. J. Russell Brown who has been there for ten years, is the pastor.

Follow Through Officers Meeting

All Follow Through parents who were elected for the year 1970-71 as Follow Through parent leaders are invited to attend the officers training session at 10 a.m. Friday, Sept. 18 at Dunlap School, S.E. 11th and Railroad.

Local Meetings

Clarkson Follow Through parents will meet every second Wednesday of the month at Clarkson School, 6th and Boston. Logan parents will meet next month on the second Thursday at Logan School, E. 17th Court and Garfield at 9:30 a.m. Bird parents will meet every fourth Wednesday at Bird School (at the Mobile Unit), Harding Road and Woodland at 7 p.m.

School Night for Scouting

ON THURSDAY - SEPTEMBER 17 - 7:30 to 9 P.M. AT YOUR NEIGHBORHOOD SCHOOL visit with local Scout Leaders, hear the story of Scouting in your area, ask questions, and join with the over 6,000,000 other boys and leaders in Scouting.

The Boy Scouts of America have a proven program, specifically designed for you and your son, which has been successfully tested for 60 years:

CUB SCOUTING: Boys 8, or in the third grade, and 9 years old become Cub Scouts. Boys age 10 become Webelos Scouts.

BOY SCOUTING: For boys age 11 through 18. REGISTRATION FEE: \$1.00 a year for boys - \$2.00 for adults.

BOYS' LIFE MAGAZINE: Available in Scouting for \$2.00 a year (\$4.00 through any other source).

Lloyd Shelton of Denver Visit Here

Visiting in the home of Mrs. Catherine Shelton, 1121 11th St., this past week was her son, Lloyd C. Shelton of Denver, Colorado. Mr. Shelton arrived in Des Moines during the Labor Day week end and returned to his home this past Saturday.

Black Federation Meets Sept 24

The United Black Federation will hold its next meeting at 7 p.m., Thursday, September 24, at Soul Village. Business to be covered at this meeting will be the matter of scholarships, the black shopping center and laying plans for the membership campaign.

licy making and public education."

Recipe for African Peanut Soup

Not only peanuts, but fish, meat, and eggs all in one dish! Add a chicken if you want to. Needless to say, not all Africans are rich enough to live like this, but most Africans do make a lot of soups and stews with peanuts. Since they generally grind and pound them to a smooth paste, you can save time by using peanut butter.

- 1 - pound lamb or beef, cut in small cubes
- 1 - pound salt cod, soaked overnight in cold water
- 1 - cup ground peanuts, or peanut butter
- 2 - cups canned Italian peeled tomatoes
- 2 - large onions, chopped
- 2 - small hot green chili peppers, diced, or cayenne pepper to taste

As you see from the list of ingredients, this is a main-dish soup, not a first-course soup. Simmer the meat and fish together in 2 cups water for one-half hour. Remove fish, discard any skin and bones, and flake coarsely. Add all other ingredients except eggs to meat, and cook for another one-half hour or until meat is tender. Return fish to pot adding more water or not, depending on how thick you like your soup, and correct seasoning (salt from fish may well be enough). Serve in large soup plates, with a whole egg in the middle of each plate.

Afro Supper at Indianola

The United Methodist Church of Indianola is sponsoring an African supper Thursday, September 17, 6:30 p.m. in the Parish Hall.

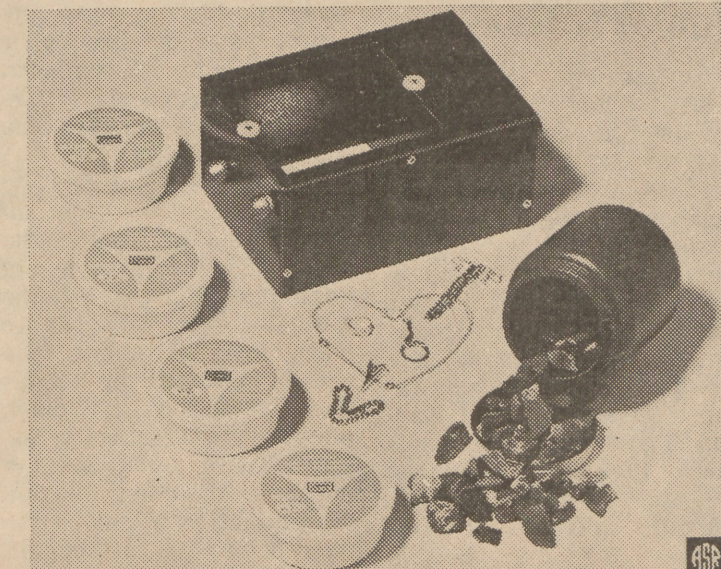
The African supper will help raise money for the transportation and support of a Rhodesian couple who will study at Simpson College and work in the church community for the next three years.

The main speaker of the supper will be C. Payne Lucas of the Peace Corps, Washington, D.C.

Mr and Mrs Lewis Have Visitors

Mrs. Fannie Cinco and children of Detroit, Mich. visited O. T. Lewis of 1527 E. 17th St. Ct. and Harold Lewis of 1071 17th St. Mr. Lewis is Mrs. Cinco's father. Harold is her brother. The Cinco family returned home on Monday.

Gem Stone Making—Growing Hobby



BEGINNER'S LAPIDARY KIT for converting rough rocks into smooth, gleaming gem stones should include a rock tumbler and various grit and polishing agents which are used in solution inside the tumbler.

Space Age hobbyists in growing numbers are discovering the fascination of making gem stones—a craft that traces its origins back to the Stone Age. Gem stone making (or lapidary) is one of the nation's fastest-growing hobbies with an estimated 1,000,000 participants this year, according to R. R. Wingerter, buyer of lapidary equipment for Sears, Roebuck and Co.

Three years ago lapidary involved less than half this number of hobbyists. In the late 1950's it was primarily an expensive hobby for a select circle of professional geologists. "Lapidary grew in popularity as increasing numbers of people from all walks of life became 'rock hounds' and sought to enhance the natural beauty of their collections," Wingerter noted.

Widespread instruction in schools and development of lapidary equipment priced for the mass market formed a solid base for the hobby, he added.

About 80,000 schools of various types across the nation now offer lapidary instruction. Hobby clubs also are on the upswing, with some 2,000 regis-

tered this year in comparison to 887 four years ago.

In the past it would cost several hundred dollars to outfit a small home lapidary shop, Wingerter said. Now a beginning hobbyist can equip himself with the essentials for less than \$50. One basic lapidary kit for beginners is available for \$20, and the individual can add equipment according to his preferences and pocket-book.

Essential items include a gem-tumbling machine which rotates rocks in a grit solution to wear them smooth, polish and polishing pellets to put a high gloss on the finished product, jewelry findings to serve as frameworks for the gems, and cement for mounting.

No special knowledge is required to begin, and the great advantage of lapidary is its complete flexibility, he said. From simple stone polishing to creation of elaborate jewelry and ornamental sculpture there is a level of activity for every degree of interest.

As a person's skills increase, a variety of specialized equipment is available to cut, saw, trim and shape stones for many uses.

PARTY IDEAS
by
Elaine Albright
Consumer Information
Director
The West Bend Company

Football Hostess Is "Best Sport"

If you can't beat 'em... throw a party for the inveterate football fans, who pay homage to TV sets for long hours every Saturday and Sunday afternoon. Football enthusiasts—be they male or female—have their entertainment cut out for them. Perhaps you can borrow a portable television set or two, if the crowd will be large, to permit unobstructed viewing from all sections of your party room. Non-football fans can serve as "concession stand attendants" during the game and plan a fantastic halftime "show" around a buffet table.

Restrict your gourmet activities to dips, canapes, and cold cuts. If you want something more substantial, an electric broiler-roastisserie will "yield" hamburgers, steaks or broiled chicken.

For game-time nibbling, a popcorn popper will keep mounds of the "grandstand hor d'oeuvre" available for guests.

To decorate: Tape a paper goal post or 50-yard-line marker to your front door; create a grandstand aura around your party table with crepe paper streamers, in your favorite team's colors, draped from light fixture to table edge.

When the clock runs out on the last game, the crowd will cheer the ultimate winner: You.

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EDITORIALS

FEATURES

SPORTS

HOW MANY MISS
THE GOOD THINGS

On September 8 a story appeared in the daily press of the death of Admiral MacMillan. He was a member of Admiral Peary's expedition to the North Pole in 1907. Admiral MacMillan stopped 300 miles short of the pole having been forced to return to base.

The story said only Admiral Peary, four Eskimos and another person actually reached the pole.

The irony of this story was the failure to say who the "one other person" was when there is ample historical information that he was Matt Hanson, a Negro, (an excellent article on Matt Hanson's experience with the operations appeared in the Readers Digest in February, 1963).

Such omissions leave out historical material in the life of Negroes and emphasize just how our histories and periodicals contribute to it when the facts are available.

GREAT PROGRESS
EVEN IN A LOSS

Even though Miss Iowa was not chosen Miss America it must be said that she went through requirements with grace and good taste winning some of the prizes.

The students at Luther College in Decorah who selected Miss Iowa and the people of Davenport who engineered her trip deserve great credit for making the opportunity available and enabling her to go to Atlantic City and participate in style. Miss Browne broke the ice as the first Negro girl to participate in a Miss America Pageant.

Like many other things, which have come about but which seemed impossible years ago, the day will come when there will be a Negro Miss America especially if we continue to have girls of the qualifications of Miss Browne to compete.

SCHOOLS ARE OPEN
FOR ALL

Schools are pretty well open for the 1970-71 term. This is a beginning of formal education in the public schools or private or parochial schools; this is the pursuit of higher education in the universities and colleges.

Near the close of the 1969-70 school year, schools and colleges experienced some very bad conduct upon the part of some students and faculty members necessitating the early closing or drag out at the end of the term.

College students have rioted because of the way the draft, the corporations that manufacture war material, because of racial injustices. Some even excuse their conduct on the failure of schools to teach relevant subjects.

In spite of the commotion and disruptions, most students are going about the task of accomplishing their objectives. They are learning the value of an education and building on them so as to qualify for the great opportunities being offered youngsters today.

For the young Negro, he has incentives more than were available before. As a part of his education, he sees Negro athletes competing in every sport earning fabulous salaries, he sees them teaching in and heading great universities, he sees a United States senator and several representatives, state legislators and mayors of large cities, in finance; he sees a Negro on the federal reserve board, directors of banks, in insurance, as top flight doctors and lawyers in high places including a place on the U. S. Supreme Court; able ministers and bishops in integrated and all-Negro denominations; he sees Negroes in high places in

city and state governments, he sees labor unions and construction and trade associations providing apprenticeship to become journeymen in the various trades.

Most of these things have come about in recent years. There is little excuse for a youngster to fail to get an education today. All kinds of scholarships are available as well as various means of self-help.

Of course, incentive and desire begin in the home. People begin the basic things in life there. It is the responsibility of the parents to do this part in the beginning.

All we have said is that the tools are available. Let the family, the youngsters and the schools cooperate to make for the well rounded youngsters most of them wish to attain.

Register for
Junior Hockey

Registration dates have been set for Junior Hockey for the upcoming 1970-71 season.

Plans are to double the number of regular season games to 28 or 30 this year. All-Star competition in the MidAmerica League will be in Tykes, Squirts and Bantam age groups. These teams will meet the teams from Kansas City, Omaha, St. Louis and Parkridge, Illinois, in the Western division. Playoffs will be in Des Moines for the division and St. Louis will host the finals.

Signup for Junior Hockey will be held the next two Saturday mornings from 9 a.m. to 12 Noon at the Ice Arena, 73rd and Hickman, in the new coffee shop.

At least one parent should accompany the registrant with a birth certificate. Age groups are: Tykes, 7 and 8; Squirts, 9 and 10; Pee Wees, 11 and 12; Bantams, 13 and 14; and Midget-Juveniles, 15 through 18.

That's Saturday, September 12 and Saturday, September 19, 1970, from 9 a.m. to 12 Noon at the Ice Arena.

YM Skill Classes
Start Sept. 21

The Fall session of the skill classes at the Des Moines YMCA will start Sept. 21. All classes will meet twice a week for a ten week period. All classes will be offered to the first 25 people who sign-up.

Karate will meet Tuesday and Saturday under the direction of John Jewett, head instructor and Mid-West Champion.

Mens Judo will meet Monday and Thursday evenings under black belt, Loran Braught.

Boys Judo classes will start Saturday, September 19 and be headed up by a staff of four black belts. The classes will be broken into two different age groups 12 and Under, and 13 to 16 year olds.

For further information contact the YMCA Physical Department, 288-0131, Ext. 54.

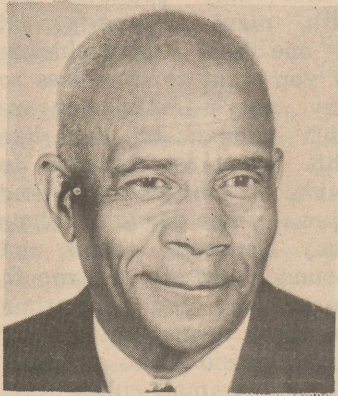
Black Football
Classic set
For Sept. 26

Phila. — North Carolina Central University, which has fielded a football team for 50 of its 60 years, will be testing itself against the toughest possible opposition when it meets Mississippi's Alcorn A. & M. College here on Saturday night, September 26, at John F. Kennedy Stadium.

The two top black collegiate teams in the country will take to the field in the First Annual National Black Unity Football Classic, aimed at benefitting over 100 charitable organizations in 26 cities.

Alcorn has not lost a game in two years and capped an

SPORTS



With Allen Ashby

Last Saturday was one of those sports lovers holidays. Tennis, baseball, football, bowling, it would seem like you name it and we'll show it today.

Baseball One doesn't need to tell anyone who follows baseball how tight the National league East is. Just look at any sports page in any paper and you will be reminded that that particular race is closer than ninety nine is to one hundred.

College Football

As the college football season sprang upon the scene, there were some big ones played right off the bat. We were surprised to learn that the fellow who ran so well for the Razorbacks was the first black player in the school's history. There have been a number of good players who might have helped the team before that. We thought Arkansas was going to pull it out in the last few seconds. Alabama finally joined the rest of the nation and is playing some real competition for a change. Too bad they couldn't have done that when the Crimson Tide was really rolling. They might have been number one, but at least they would have earned it.

A Take

We recall one year when they were number one because everyone got mad at Notre Dame because a player faked an injury to gain more time, and the Irish finally won the game against Iowa. And at that time the maneuver was perfectly legal. We always maintained that Alabama was like Oklahoma who dominated the Big Eight conference for years, and was always rated very high if not at the top. When the Sooners opened up their schedule, they won their share of games, but they were not undefeated year after year.

Iowa opponents this week end gave a good UCLA team all it wanted before getting licked in a close one. This one should be good indicator of the Hawks chances for a good year, the kind Nagel needs. Drake looked really good, and may well go unbeaten all season (now watch them drop their next start). Iowa State has a chance to open the season with a win, something the Cyclones may likely see little of.

High School

Here at home our local high schools did pretty well. North set down a pretty good Mount Pleasant team, Lincoln beat what was called a powerful Marshalltown team, and Hoover battled Indianola right down to the wire before losing by one point. Dowling beat what was the number one team in Minnesota last year, and East really pulled a big upset by dusting Jefferson of Cedar Rapids over there. Dowling and

8-0-1 1969 season by winning the Black National Championship for the second straight year. Coach Marino Casem, whose teams are traditionally strong on defense, is hard at work filling the gaps left by the graduation of All-Americans David Hadley (DB), Rayford Jenkins (LB) and Lawrence Estes (DT), but he has high hopes for his remaining stars.

Health for All

Sickle Cell Trait Detection Program

Sickle Cell Trait is a condition of the blood that affects almost exclusively Black Americans. It is a genetic or familial condition occurring in approximately 7%-12% of the Negro population.

Most people have heard of Sickle Cell Trait but do not really understand its importance or why people have it.

Sickle Cell Trait is seen highest in those countries where malaria is present. In malaria ridden countries such as Africa, the person with Sickle Cell Trait is protected against a full attack while the person without the condition is fully susceptible. It is apparent that Sickle Cell Trait evolved as an adaptive characteristic for people living in those special areas.

In this country Sickle Cell Trait is not an advantage and in certain conditions may actually be harmful.

The potential sickle red blood cell is much more dependant on the level of oxygen in the blood than normal red blood cells. If for some reason the blood oxygen level should drop to a low enough level those previously round healthy cells will now take the form of insoluble "sickles," clump together and plug up small blood vessels in the body. These plugs can halt the blood supply to vital organs with subsequent damage or even death. Some situations which may result in low blood oxygen are mountain climbing, surgery with general anesthesia, congestive heart failure or shock due to any cause.

Unfortunately, when these sickling crises arise, little

can be done. The immediate use of oxygen may be of some help in halting the sickling process. Therefore, the only treatment for this blood condition is PREVENTIVE: if you know you have it, you can take precautions of avoiding low oxygen situations. If your doctor knows you have it he can treat you more effectively.

A Sickle Cell Trait Detection Program will be held in Des Moines this summer. The program will be a free community service sponsored by the College of Osteopathic Medicine and Surgery, 720 Sixth Avenue, and under the medical supervision of Jack Spevak, M.D. The program has the support of the Polk County Department of Public Health and the Polk County Osteopathic and Medical Societies.

The purpose of the program will be firstly detection of Sickle Cell Trait (all that is needed is a drop of fingertip blood). Once detected, individuals will be given information concerning Sickle Cell Trait and a wallet sized medical alert card. Genetic counseling will be an important part of the program for if two people with Sickle Cell Trait have children there is a fifty percent chance that the child could have a disease called Sickle Cell Anemia, which is of greater consequence than the trait.

The detection centers will be located conveniently in the Model Cities Area. When the center is in your neighborhood, stop by and have your blood tested — it is only to your advantage to know if you have Sickle Cell Trait.

East may not have done as much as it would seem. Both the boys from up north and Thomas Jefferson may not be as tough as they were last year. When we saw the East score a friend of ours said Jefferson must not have a thing or East has a pretty good ball club. The Scarlet had potential last year, but it was said that internal troubles plagued the team. Now, we hope they have those ironed out. An old Dowling watcher said the Maroons didn't have much. Maybe he is hoping he will be wrong.

Eats Crow

And, oh yes, the crunching sound you may have heard was your illustrious scribe eating some words of prognostication. We really thought this would be the year Tech would come out of it. Then when we saw the Urbandale score, we ordered some salad dressing and prepared to eat our words. Could there be some dissention on that team. They have a pretty good array of talent and really should do pretty well. Maybe they will come out of it. Who is going to win the city title? You guess, we are afraid to.

Boxing

And now to boxing. When Joe Grazier was to fight Jimmy Ellis for the vacated heavyweight crown that belonged to Cassius Clay, or Ali, said "People go to a heavyweight title fight and they believe that as far as they know, the winner can lick any man in the game. Well, I will go to fight and sit at the ringside, and everyone there will know that I can lick the winner." Now, he may get a chance to prove it if he can demolish Jimmy Quarry next month. We always thought that while Clay should have gone into the service, that he got a bum rap from the court and the powers who control boxing. The latter took away his boxing title before he had been convicted, while the fellow was still being

tried. The courts gave him a five year sentence. How many draft dodgers do you see serving five year sentences. Most of them are burning their draft cards or hiding in Canada. Clay has fought the thing out in court, the way anybody should do, and has said he will take his punishment like a man if he finally loses. He has been a champ both in and out of the ring where his draft battle is concerned. The New York court has lifted the restriction.

Little League
Football
Opening

The Little All-American Football League Opening Day Ceremonies will be held this Saturday morning 8:30 a.m. at the Firestone Field, 2nd Avenue and Hoffman Road.

Featured guests will be Governor Robert Ray, members of the Des Moines City Council and guest speaker Walter L. (Stub) Stewart, a former University of Iowa quarterback and Athletic Board member.

All football fans are invited to attend the ceremony and three games that will follow from 9:00 a.m. to 1:30 p.m. No charge.

SOCIAL
SECURITY

QUESTION: I was 62 in March. I do not plan to work much this year but I am not just sure I want my social security payments reduced. How long do I have to decide without losing any benefits?

ANSWER: An application may be retroactive for 12 months before the month of filing. If you file an application no later than March 31, 1971, it may be retroactive to March 1970. If your earnings do not

POST EXCHANGE

Letters from Our Readers

A bit of prose . . . a line or two of poetry . . . a letter now and then to express thoughts in the minds of our many readers.

Send Yours Today

THE OLD LAMP

A lamp once hung in an ancient town
At the corner of a street,
Where the wind was keen
and the way was dark,
And the rain would often beat;
And all night long the light would shine
To guide the traveler's feet.

The lamp was rough and plain and old,
And the storm had beaten it sore;
'Twas not a thing one would care to show,

Whate're it had been before;
But no one thought what the Lantern was,
'Twas the light that, within, it bore.

The lamp is a text for young and old
Who seek in a world of pride

To shine for their Lord and to show Him forth,
And never their light to hide;
You are the lantern, a think of naught,
But Christ is the light inside.

Thought For Today

"Our youth today love luxury. They have bad manners, contempt for authority, disrespect for older people. Children nowadays are tyrants. They contradict their parents, gobble their food and tyrannize their teachers." —Socrates, 5 B.C.

George Peters
On Guided
Missile Destroyer

GREAT LAKES, Ill., USS MITSCHER Sept. 4—Navy Fireman George H. Peters, son of Mrs. Margaret G. Yeager of 1438 E. 18th St., Des Moines, Iowa, left Norfolk, Va., on Aug. 27, 1970, for a six month deployment to the Mediterranean aboard the guided missile destroyer USS Mitscher.

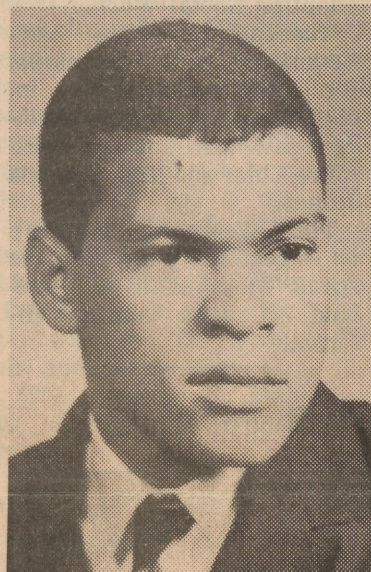
reduction provisions, they decide it would be advantageous to claim their benefits early.

The reduction is based on the average life-span of people in the United States. By accepting reduced benefits a person is receiving less, but for a longer period of time. The formula calls for a 20 per cent reduction at age 62. By taking the benefits for these 36 months before age 65, the retired person will be ahead for 12 years. There can be cases where a person is ahead for longer than 12 years, and that is the reason each interested person should check into their own situation at the social security office.

As Larson advises, this part of the social security law is not well understood by most of the public, and the social security office is the place to secure reliable information about it.

Harold Walden
Home on Leave
Retiring Before
Reaching 65.

Pvt. Harold Walden, formerly of 1436 Fremont St., is on leave between assignment in the U.S. Army 27th Engineer battalion. He was



Pvt. Harold Walden

stationed in View Nam for one year and has been assigned to a tour of duty in West Germany.

He is the son of Mrs. Martha Walden and a 1968 graduate from East High School.

exceed \$1680 in 1970, benefits could begin with March 1970.

QUESTION: I have been receiving social security benefits. I now have a chance to return to work. If I do, will this increase my benefit when I retire again?

ANSWER: Possibly. If you work after you start getting benefits and your additional earnings will result in higher benefits, your benefit will be automatically refigured after the earnings are credited to your record.

QUESTION: I am about to apply for social security benefits. What proofs do I need to take to

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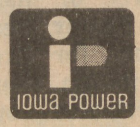
more
power
to
you

Home Economist Doris Lund

What electric appliance in your kitchen is used more than your frypan? Probably none. It's the portable fifth burner for today's busy homemaker.

Here are a couple of ideas to prolong the life of this versatile tool:

1. Clean it thoroughly every time you use it, including the underside, to prevent build-up of burned-on-fat.
2. Remember to disconnect and clean the heat control unit with a damp cloth.
3. Never immerse a hot frypan in water. Cool it to room temperature first. Why? To prevent warping. Warped pans don't cook foods evenly.



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