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THE IOWA BYSTANDER

IOWA'S OLDEST NEGRO NEWSPAPER HAS SERVED THE MIDDLEWEST FOR 74 YEARS

VOL. 74, No. 38

This Issue Contains Six Pages

DES MOINES, IOWA, THURSDAY, FEBRUARY 27, 1969

PRICE 10 CENTS

LELA BANNISTER, FORMER IOWAN,

Dies in D.C. Police-Roomer Battle

Expose Crippling Poverty in S. C. Backwoods

Suggest Remedies to Alleviate Conditions

Washington — The conditions of poverty which cripple so many South Carolinians are so extreme that it "is a source of amazement" that they have not led to "violent eruptions, breaking, looting and plundering," the Rev. I. DeQuincey Newman, NAACP field director for South Carolina, said in testimony prepared for presentation to the Senate Select Committee on Nutrition and Human Needs here Thursday, Feb. 20.

Mr. Newman, whose office is located in Columbia, S.C., arranged tours of poverty areas in the state for Senator Ernest F. Hollings (D., S.C.) introducing him to the severity of the hunger problem in that state.

Wretched But Not Despair

Despite the wretched conditions, these people "have not succumbed to hopelessness and despair," he said in his prepared statement.

The South Carolina NAACP spokesman submitted the following recommendations to the committee headed by Senator George S. McGovern (D., S.D.):

"1. Putting South Carolina high on the priority list for immediate Federal action, to provide minimum health, welfare and housing assistance.

"2. Expansion of the U.S. office of Economic Opportunity and the U.S. Department of Agriculture to provide direct financial assistance to the needy until such times as Federal and state welfare programs can meet the needs of the hungry.

"3. Investigation of racially discriminatory practices and conduct of the state's Department of Welfare workers.

"4. Inclusion of black community leaders in the planning, programming and administration of all public assistance programs.

"5. Adequate funding of housing programs that would meet the minimum needs and put a decent home within the reach of the poor.

"6. Development of a program to communicate to the poor the various public assistance welfare programs designed to meet the basic needs."

Fifth District

Democrats meet

Fifth District Democrats will meet in Ames, Iowa Friday evening, February 28, 1969 for a Legislative Workshop sponsored by the Democratic Women's Clubs of the Fifth Congressional District.

Veterans Benefits

Exempt from Taxes

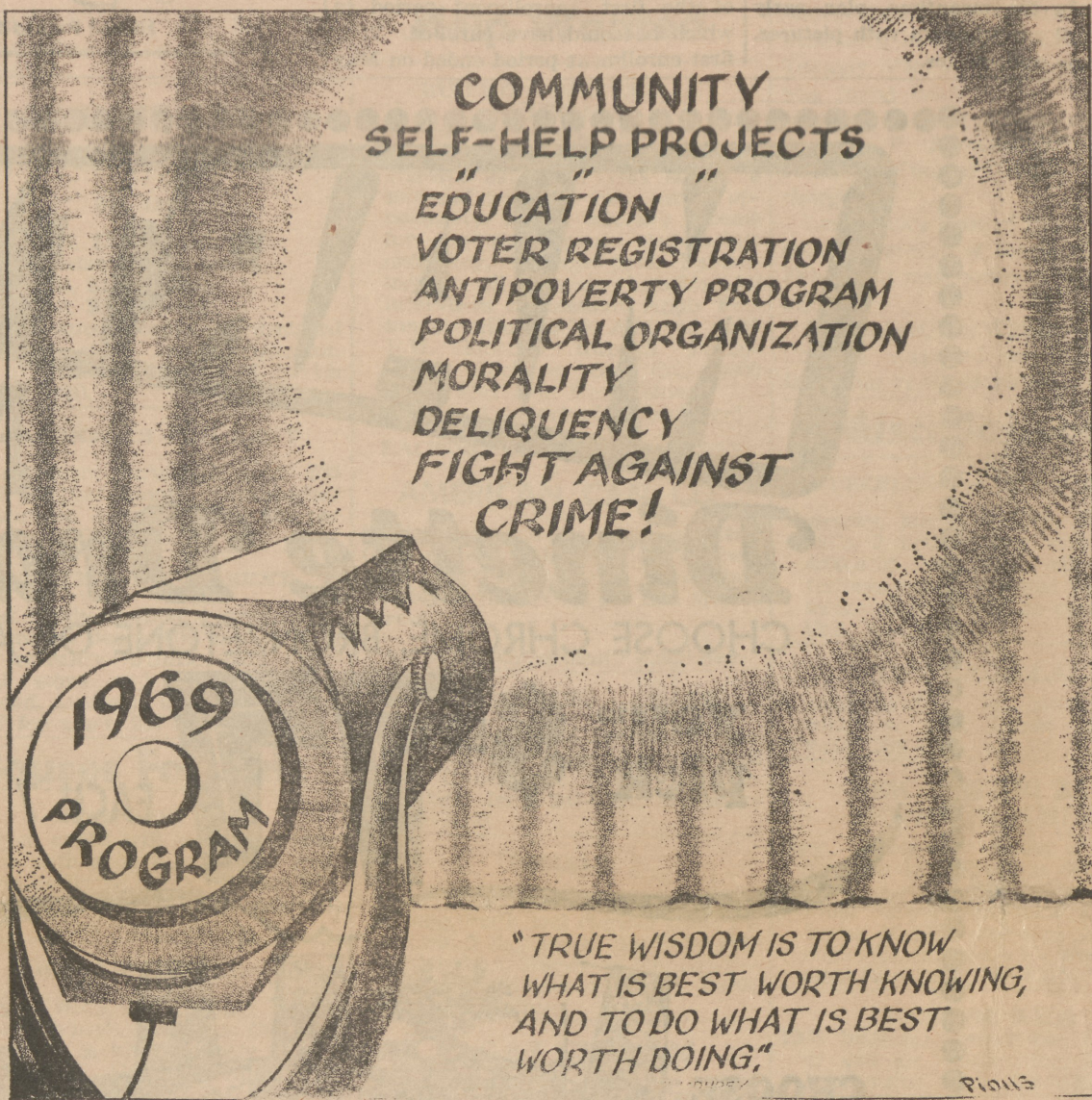
The Veterans Administration reminded veterans today that VA benefits are generally tax exempt and need not be reported as income on federal or state income tax returns.

Except for interest earned on G.I. insurance dividends left on deposit with VA (which is a reportable item), all proceeds from G.I. insurance policies are tax exempt.

Other major items of income that need not be reported include educational assistance allowances, pension and compensation payments, subsistence payments to vocational rehabilitation trainees and grants for special automobiles and "wheelchair homes" for the severely disabled.

Also tax exempt are all benefits to surviving dependents of deceased veterans and compensation allowances for dependents of disabled veterans.

IT'S NECESSARY FOR ALL TO KNOW BLACK HISTORY!



Specialists Demonstrate At Beauty Workshops

Hairdressers of Cosmetiste Local #2's Educational Workshop influenced, as before, by the Windy City's Paul Slaughter, high fashion stylist and proprietor of Mr. Paul's Beauty Salon and Boutique, presented his representative, Hairdresser Bill Turner. He specializes in cutting, styling and naturals. His ten-year career followed three years spent in the military as a paratrooper. Except for his travels as a workshop instructor, he has practiced his profession in Detroit, Michigan; South Bend, Indiana; Elton, Illinois, in addition to Chicago.

Mr. Turner is a 5'9", 145 lb. human dynamo, when performing. At the close of which he sat quietly for an interview. He wears a handsome natural wig atop his Yul Brynner-like dome which is completely shorn every three days!

The stylist beige worsted wool super bell trousers were topped by a matching body shirt. Over this he wore a gray silk sharkskin Nehru vest. Black ribbed socks were worn with brown English broad toe oxfords. His yellow gold Sun God medallion was worn on a simple yellow gold wire fitted fairly close to the throat. On the little finger of his right hand was a star sapphire in a yellow gold mounting. His beautiful square yellow gold watch was a gift from Mr. Paul and his staff for Mr. Turner's four-year stint as manager of the Beauty Salon.

Mr. Turner's eight year old son, William, and seven year old daughter, Janette, claim the major portion of his free time. Playing the flute and bagpipes account for the remainder of his leisure time. Replying to the question of why such unusual instruments were his choice, he stated the bagpipes were gifts from a friend who plays jazz bagpipes, observing

that to his knowledge there are only two Negro jazz bagpipe players.

Jewish War Veterans Honor Roy Wilkins

New York — Roy Wilkins, executive director of the National Association for the Advancement of Colored People, was hailed by the city's political, religious and civic leaders as he received the Jewish War Veterans' 1969 John F. Kennedy Brotherhood Award.

Some 200 leading citizens attended the ceremony at the Wilkie Memorial Building on February 17th. The plaque was presented to Mr. Wilkins by Arthur Stein, commander of the New York County Council of the Jewish War Veterans of the United States. The award cited the recipient's "lifetime of dedication to the principles of brotherhood and the removal of prejudice among all men; outstanding leadership in the fight for human rights; devoted service to the people of the city, state and nation."

Pay Tribute

Among those paying tribute to Mr. Wilkins were Mayor John V. Lindsay; Charles H. Silver, former president of the Board of Education; William Rowe, a former award recipient and chairman of the Human Rights Commission of New Rochelle; Francis X. Smith, president of the New York City Council; and others.

In response, Mr. Wilkins expressed thanks for the award which, he said, was "not in recognition so much for what I've done but rather in recognition of the great goal of this country." He recalled that Negro and Jewish communities "have stood shoulder to shoulder in the fight against bigotry and because of this common struggle this award is highly significant and deeply appreciated."

POSITIVELY

No news of any kind will be taken after 12 noon Tuesday each week for the current issue of the Bystander. Advertising deadline, 5:00 P.M. Tuesday.

NAACP Protests Police Abuse

New York — The Mayor and the Safety Director of Columbus, Ohio, have been advised that the NAACP is "appalled by recent senseless police brutality" used in the "unjustifiable" arrests of Drs. William H. Allen, chairman of the local NAACP life membership committee, and William M. Preston. The arrests took place on the morning of Lincoln's birthday following an attempt by Dr. Allen and others to eat at Jack and Benny's Restaurant.

In a prepared statement, Dr. Allen asserts that he was "viciously hit" in the face with the fist of one of the arresting officers, causing his nose to be broken, and that he was subjected to other mistreatment.

Asks Officer Suspension

Roy Wilkins, executive director of the NAACP, called upon the Columbus city officials "for immediate suspension of the arresting officers until this matter is settled." His request was contained in a telegram directed to Columbus Safety Director Frederick J. Simon and Mayor M. E. Sensenbrenner, Feb. 19.

Citing the Report of the National Advisory Commission on Civil Disorders, Mr. Wilkins reminded the Columbus officials that the report had urged municipalities to "review police operations . . . to insure proper conduct by police officers and eliminate abusive practices." The NAACP executive said that "Negro citizens must not themselves be victimized by officers whose sworn duty it is to uphold not break the law."

Mr. Wilkins also called for the suspension of the license of Jack and Benny's Restaurant for its discriminatory behavior.

NEWS In A Nutshell

Washington, D. C., Feb. 27 — The March phase of the annual American Red Cross campaign for members and funds—its biggest since 1945—will be launched Saturday and continue through the month, which President Richard M. Nixon has proclaimed as Red Cross Month.

Swan Quarter, N.C.—Black leaders have launched an investigation of the death sentence given to a young Negro teenage girl convicted of first-degree murder.

The leaders want to know who she is and why she was convicted. Evidently, she is accused of killing a white person; otherwise, she probably would not have been given a death sentence.

Nashville, Tenn. — A \$602,221 grant to establish a Comprehensive Health Services Center in lieu of traditional outpatient clinics has been awarded Meharry Medical College for its teaching hospital by the Office of Comprehensive Health Planning, U.S. Department of Health, Education and Welfare.

Hubbard Hospital will be unique among teaching hospitals in the nation with this type of outpatient care which will provide comprehensive care to patients and a new educational model for training physicians, dentists and others in the health-team approach to giving health care.

New Orleans — Mardi Gras more than lived up to its reputation this year. It is always good.

The usual conflict between white and Negro youths, generally started by the white youths and stopped when the Negroes exhibited their switch blades, were not seen this year. The police sent down word that these were to be stopped at their beginning and the real offenders punished.

Washington, D.C. (February 21, 1969) — Dr. Kelso B. Morris, professor and head of the Department of Chemistry at Howard University, was honored by the Washington Academy of Sciences for outstanding achievements in the teaching of science during the Academy's 70th Annual Dinner Meeting last night (February 20) at the Cosmos Club.

California U. Official to Address Day School

Chicago — Dr. Andrew Billingsley, assistant chancellor for academic affairs and associate professor of social welfare, University of California, Berkeley, will speak at a dinner to be given by the Howland Day School, Friday, March 28.

Studied at Grinnell

Dr. Billingsley received his bachelor of arts degree in 1951 from Grinnell College, Grinnell, Iowa, after attending Hampton Institute, Hampton, Va., from 1947 to 1949.

His master of science degree was earned at Boston University school of social work in 1956. Four years later, he received a master of arts degree from the University of Michigan.

In 1964, he was awarded a doctor of philosophy degree by the Florence Heller Graduate School for Advanced Studies in Social Welfare, Brandeis University, Waltham, Mass.

Wound Three Policemen; Housekeeper and Roomer Found Dead After Fire

Washington, D.C. — Caught in the middle of a shoot-up between an enraged tenant and the police, Mrs. Lela Bannister, a former resident of Des Moines, was shot to death at her home on Friday, February 21. The tragedy occurred when police said the gunman, Thomas Walton, a roomer at the residence of Mrs. Bannister, opened fire on two officers as they responded to an emergency call.

Native of Osceola

A native of Osceola, Iowa, Mrs. Bannister and her husband once lived in Des Moines at 202 Clark Street. Mr. Bannister operated the Crescent restaurant at 10th and Center Streets.

Dead, in addition to Mrs. Bannister, were her housekeeper, Ethyl White, and the gunman who, police said, shot himself to death after 20 to 40 tear-gas shells fired into the building set fire to the three-story home in a middle-class neighborhood.

Three policemen were wounded by shotgun blasts and three other officers injured.

Police were called to the house at 1420 Madison st., N.W., by nearby residents at 8:30 a.m. after shots were heard and were met by a shotgun blast as they emerged from their patrol cars. Police began trading pis-

tol shots with the gunman who fired intermittently from a second-floor window.

Smoke began pouring from blasted-out windows in the home, which eventually was gutted.

There was no immediate explanation why Walton, in his early thirties, began his rampage.

Drake Piano Graduate

Mrs. Bannister, the former Lela Wilson, graduated from Drake University in 1926 and left Des Moines about 20 years ago to teach school in Washington, D.C., where Mr. Bannister and she operated a delicatessen in conjunction with the rooming house.

Mr. Bannister died in Washington, D.C. a few months ago. Mrs. Bannister visited in Des Moines during Christmas, 1968. A sister, Mrs. Anna Dawsey, died in Alpine, California on Christmas Day, 1968.

Funeral services were held Tuesday at the Frazier Funeral Home and burial was in Washington, D.C. In addition to her brother, Jasper Wilson, 2823 4th Street, Des Moines, Mrs. Bannister is survived by two sons in Chicago, Ill.; a daughter who is a physician in Los Angeles, Calif., and three grandchildren.

Forms Tactical Group to Coordinate Rights Units

Spearheaded by Dr. Russell Nash of Dubuque and William Cribbs of Davenport, a new Iowa human rights group—the Iowa Human Rights Coalition—was formed Saturday at a meeting of about 70 leaders from liberal groups across the state at the Des Moines Y.M.C.A.

The purpose of the group as set out in the Call was to coordinate the activities of organizations working in the field of human rights and to provide better coordination of their activities.

Arthur Bonfield, University of Iowa law professor, delivered the keynote address to the group. Bonfield, author of some civil rights laws now part of the Iowa Code, outlined his suggestions to improve the state's human rights laws.

Sex Discrimination

He said that sex should not be used as a basis for discrimination in employment. Discriminating against women in jobs is "irrational and wasteful," he said.

Luncheon speaker at the coalition meeting was Robert Wright, president of the Iowa Conference of the National Association for the Advancement of Colored People branches in Iowa.

Wright said that the N.A.A.C.P. supports formation of the coalition group.

"No power is ever gained by oppressed people in any other way than by voluntary organization, work and sacrifice," he said.

Support Bonfield's Proposal

The group voted to support all of Prof. Bonfield's proposed changes in the Iowa law. It also called for "full speed ahead" in school integration and for inclusion of material about the contributions of all minority groups to American culture in the state's school curricula.

The group does not support separ-

ate courses in minority culture, but voted for their inclusion in general class study.

Groups represented at the Saturday conference were:

The American Institute of Architects, Iowa State Conference of N.A.A.C.P. branches, Divine Word Seminary of Epworth, Catholic Charities of Dubuque, Council on Human Relations of Cedar Rapids, Colette Center of Dubuque, Social Action Department of the Davenport Diocese, Davenport N.A.A.C.P., League of Women Voters of Iowa, American Friends Service Committee, Fort Madison N.A.A.C.P., Presbyterian Interracial Council, United Auto Workers of Des Moines, Cedar Rapids N.A.A.C.P., League of Women Voters chapters from Grinnell, Burlington, Mount Vernon, Waterloo-Cedar Falls, Christian Family Movement of Des Moines and Mount St. Francis Convent in Dubuque.

Contractors Place Safety Conference

(Des Moines). The Associated General Contractors of Iowa will hold their 14th Annual Safety Conference on March 4, 1969 at the Hotel Fort Des Moines here in Des Moines. Richard P. Sulzbach, Sioux City, President of the Association will set the tone for the day-long conference by welcoming the participants and indicating "Who is Responsible for Safety?" The planned program consists of various aspects of safety practices in the construction industry with many prominent men in the safety field presenting lectures to the group. The day will end with an award banquet at which thirty construction firms of the Association will be presented with safety awards for having no lost time accidents for one full year.

Plan Birthday Tribute To Randolph

New York — An A. Philip Randolph 80th Birthday Committee, headed by the Honorable Thurgood Marshall, Associate Justice, U.S. Supreme Court and George Meany, President, AFL-CIO, has been formed to pay tribute to the famed labor leader and civil rights crusader, it was announced by Bayard Rustin, Executive Director, A. Philip Randolph Institute.

Highlighting the tribute is a testimonial dinner which will take place on May 6 at the Waldorf Astoria Hotel in New York City. Other events are planned as well. Goal of the birthday tribute is a fund of \$250,000 to carry on Mr. Randolph's life-work through the Institute which bears his name.

Founded in 1964

The A. Philip Randolph Institute was founded in 1964 to mobilize the nation's resources — white and black — in a concerted effort to bring equality and justice to all citizens. In working with those white forces which represent social progress — organized labor, religious groups, liberals and students — the Institute's objective is to forge a new and dynamic unity between whites and Negroes.

Adult Education Sponsors Pow on Channel 11

"Has the Negro church responded to the needs of a rapidly changing Negro community?" Guests on Pow this Thursday night react to the black church today.

Guests will be: James Harris, a young minister and school teacher; Eleanor Tate, an agnostic Drake student; Rosalee Porter, a lay woman working hard to increase her Church social action concerns.

Pow is co-sponsored by the Adult Board of Education and the Mayor's Task Force. It can be seen every Thursday night at nine o'clock on Channel 11, KDPS.

IPALCO Increase 5 Million Over 1967

Electric and gas revenues from 1968 sales to its customers in Central and Southwest Iowa increased \$5 million over 1967 to a record \$72.5 million, according to Iowa Power and Light Company's 1968 annual report. During the year electric kilowatt hour sales rose 12.4 per cent; the company's largest annual increase since the start of the Korean War. Total electric and gas revenues increased 7.4 per cent.

Nearly every expense factor, including taxes, wages, maintenance, gas and electricity purchased, rose significantly in 1968. Total operating expenses rose 8.3 per cent over the previous year. In spite of this, Iowa Power's earnings increased 2.3 per cent to \$7.64 million, compared with \$7.47 million in 1967. Per share earnings rose \$.05 to \$2.37. Since 1961, per share earnings have increased 61 per cent—from \$1.47 to \$2.37, according to the report's figures.

Greater Customer Usage
The company attributed the electric revenue increase of 9.1 per cent to greater customer usage of appliances, particularly air conditioning. The average residential customer used 5,573 kilowatt hours in 1968, compared with 5,047 in 1967. The peak demand for electricity reached 593,000 kilowatts; nearly 100,000 kilowatts higher than in 1967.

Gas revenues increased 4.5 per cent over the previous year, chiefly as a result of increased gas heat requirements over 1967. On the whole, 1968 was slightly colder than the previous year, but 3 per cent warmer than normal.

Construction expenditures in 1968 were more than \$21 million, about the same as the previous year. Major construction included a new 345-thousand volt transmission line from eastern Iowa to Des Moines as well as a number of new substations, a new work center in Des Moines, improved transmission and distribution lines and other facilities.

Iowa Power sold \$15 million of 6% first mortgage bonds in January 1968, and used short-term obligations since that time to finance the construction program. The company said additional permanent financing will be required in late 1969 or early 1970.

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Former Des Moines Resident Dies in Omaha

Services for Mrs. Laurie Patterson, 46, former Des Moines resident who died Wednesday in Omaha, Neb., following heart surgery were held at 1:30 p.m. Saturday at the Union Baptist Church with burial at the Laurel Hill Cemetery.

Mrs. Patterson was born in Des Moines, moving to Omaha 14 years ago. She was a member of the Union Baptist Church and was a graduate of East High School here. She was employed as a sales clerk.

Survivors include a son, Donald Patten of Los Angeles, Calif.; two sisters, Mrs. Gladys Childs and Mrs. Jeannett Thomas, both of Des Moines; four brothers, Otis of Des Moines, Melvin, Leroy and James, all of Minneapolis, Minn., and two grandchildren.

Susie Dixon Buried Tuesday

Services for Mrs. Susie B. Dixon, 53, of 1145 W. Eighteenth st., who died Friday at Broadlawn Polk County Hospital of a stroke, will be at 1:30 p.m. Tuesday at Estes and Son Funeral Home with burial at Glendale Cemetery.

Mrs. Dixon was born in Eldora, Ark., and moved to Des Moines 50 years ago. She was a caterer.

She is survived by a daughter, Mrs. Bernadine Grove, San Mateo, Calif.; mother, Mrs. Roberta McClain, Des Moines, and a brother, James, Jr., Detroit, Mich.

MRS. SUSIE B. DIXON

Quick Dessert For Fall

By Betty Barclay

SOMETHING new, delicious and easy to make for Fall appetites is this "Apple Top Tapioca". At family or company meals, it's bound to be a sure-success... especially when made with quick-cooking tapioca.



Apple Top Tapioca

1 egg white; 2 tablespoons sugar; 1 egg yolk; 2 cups milk; 3 tablespoons quick-cooking tapioca; 1/4 teaspoon salt; 2 tablespoons sugar; 1/4 teaspoon vanilla; Cooked sweetened apple sections.

Beat the egg white until foamy. Add 2 tablespoons sugar and continue beating with egg beater until meringue stands in soft peaks. Set aside.

Mix egg yolk, milk, quick-cooking tapioca, salt, and 2 tablespoons sugar in saucepan. Cook and stir over medium heat until mixture comes to a full boil (5 to 8 minutes). Pour a small amount of hot mixture gradually into meringue, blending well. Quickly stir in remaining tapioca mixture. Add vanilla. Let stand 15 to 20 minutes; stir. Place tapioca cream in serving dishes. Top with cooked, sweetened apple sections. Serve warm or cold. Makes 4 or 5 servings.

Your Tax Questions

Q—A W-2 form came last week for my son who is now in the Navy. Does he have to file a tax return?

A—Yes he does if his income was \$600 or more last year. A return would also have to be filed to obtain a refund of tax withheld even if income was less than \$600. However, if he is stationed overseas he has additional time to file his return.

Taxpayers out of the country have an automatic extension from April 15 to June 16 to file 1968 returns. If your son is in Vietnam, his return isn't due until 180 days after he leaves that area.

Q—My boss still hasn't given me a W-2 statement. What should I do?

A—Employers are required to issue withholding statements to their employees by January 31, so it would be advisable to ask your employer about it.

Q—Can I deduct the assessment I had to pay for a new sidewalk?

A—No, the law generally does not permit deductions for assessments for local benefits that tend to increase the value of your property. The amount of the assessment can be capitalized, however, and added to the basis of your property.

Q—Where can I get a copy of "Your Federal Income Tax?"

A—This publication can be purchased for 60 cents at local IRS offices or from the Superintendent of Documents, U.S. Government Printing Office, Washington, D.C. 20402. Ask for Publication 17.

Q—What records should I keep on my 1968 return in case I'm audited?

A—Keep whatever you need to substantiate the income and deductions on your return. Cancelled checks, paid bills, Forms W-2 (Wage and Tax Statement), and 1099 (U.S. Information Return for Calendar Year), bank books and similar records in addition to a copy of the return, will be helpful.

Q—Can I deduct my Medicare premiums?

A—Yes, premiums for Medicare and other medical insurance are deductible if you itemize expenses on your return.

Don't forget that medical insurance premiums are handled differently than other medical expenses. One half of these premiums up to a maximum of \$150 may be deducted without regard for the 3 percent limitation generally imposed on medical expenses.

Details on deducting medical insurance premiums and other medical expenses can be found in the 1040 instructions.

Q—I cashed in some U.S. Savings bonds last year. What do I report as interest on them?

A—Report as interest the difference between what you paid for the bonds, the issue price, and what you

received when you turned them in. Some cash basis taxpayers elect to report the interest earned each year on their bonds rather than all at once when they redeem the bonds. Either way of reporting this interest income is acceptable. However, once the election to report the increment each year is made, you must continue to do so for all discount bonds you own or acquire later.

We'll Be 75

The Bystander will celebrate its 75th Anniversary with the issue of June 5. We want to make it a historical event with information about

- Iowa People
- Iowa Business
- Iowa Churches
- Iowa Clubs and other organizations
- Iowa's Progress

We like to publish the name of
• Oldest Subscriber in point of years
• Oldest Advertiser

Further details will be published later. In the meantime, plan early for a full participation with pictures, greetings and stories.

Social Security

Health, Education Welfare

QUESTION: I started receiving social security benefits when I was 62. I will be 65 this summer. How do I enroll for doctor bill insurance?

ANSWER: Since you are now receiving social security benefits, you will receive an enrollment card two or three months before your 65th birthday. All you need to do is mark the card "yes", sign it and send it back in the envelope provided. People who are not receiving social security benefits must contact their local social security office to sign up for doctor bill insurance.

QUESTION: I am 75 years old and have not signed up for doctor bill insurance. I understand that I may now enroll until March 31, 1969. If I do not enroll this year, may I enroll during January, February or March of next year?

ANSWER: No. An individual may not enroll for the first time during an enrollment period which begins more than three years from the end of the first enrollment period in which he could have enrolled. Your first enrollment period ended on May

31, 1966. The enrollment period which will begin January 1, 1970 will start more than three years after May 31, 1966. You may enroll only if you do so before March 31, 1969.

QUESTION: I understand that I should sign up for doctor bill insurance near my 65th birthday. Is enrollment permitted at any other time.

ANSWER: Yes. Each year there is an "open season" during which people who failed to sign up when they reached age 65, may enroll. The current open season began January 1 and will end on March 31, 1969.

QUESTION: I enrolled for both parts of Medicare three months before I was 65. I have a card which shows that I have hospital insurance benefits and medical insurance benefits. Do I have to do anything before March 31, 1969 to continue my coverage?

ANSWER: No. Since you now have both parts of Medicare, your coverage will continue without any action on your part. The open season which ends March 31, 1969 only applies to those who are not enrolled for doctor bill insurance.

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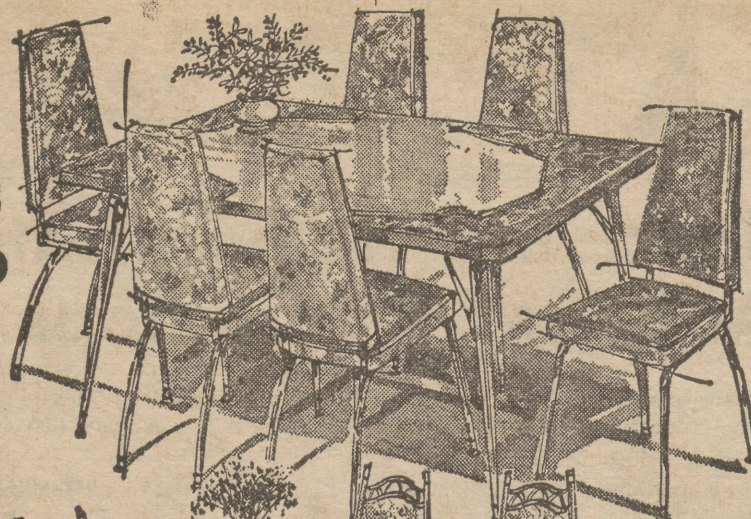
FEBRUARY

Dinette Drama

CHOOSE CHROME, BRONZETONE OR AVOCADO

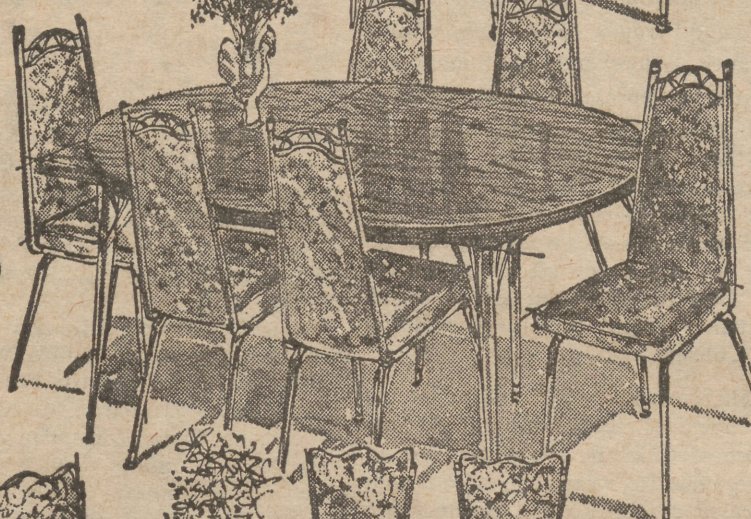
your pick **\$77** EACH 7 PC. SET

CHOOSE
CHROME
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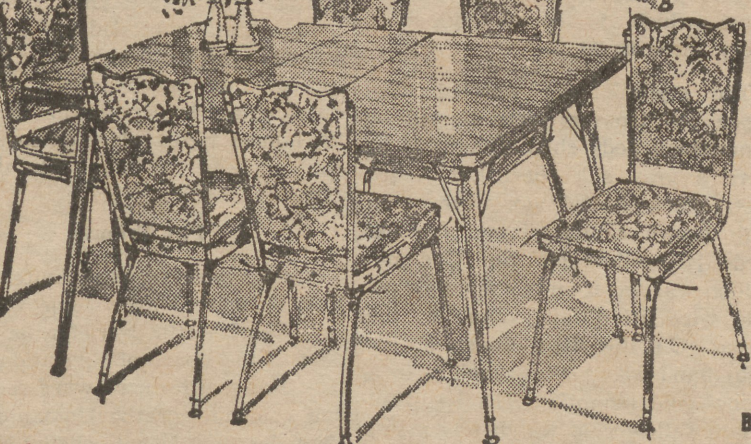
36"x 48"x 60"
two-tone top table.
Rich grey textured
chair covers. Gleam-
ing chrome legs.

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Popular oval shape
table, 36"x 48"x 60"
in beautiful grained
Canadian Walnut top.
Bronze Sunburst
chairs, bronzetone
finish; with elegant
wire-top decoration.

CHOOSE
AVOCADO
\$77⁰⁰



36"x 48"x 60"
rectangular Avocado
Pecan top. 6 bright
colorful chairs.
Avocado finish.

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Card of Thanks and Memoriams

CARD OF THANKS

Rev. and Mrs. Harden wish to thank the wonderful members of Macedonia Baptist Church for the lovely gifts and anniversary service and the many friends and churches that made it a success. God bless each of you.
Rev. and Mrs. Harden

APARTMENT FOR RENT

1215 11th Street
3 rooms, furnished. Adults only. To see get key at 1219 11th or call 244-9783.

APARTMENTS FOR RENT

Nicely furnished, nice location. \$8.50 per week and up. Call 244-4325.

APARTMENT FOR RENT

Upper duplex, 4 large rooms, private bath and entrance. One furnished, one unfurnished. Reasonable. Call for app't. 277-2130.

APARTMENTS FOR RENT

Furnished, 3 room, pvt. bath. \$75. Unfurnished, 4 room. \$85. Call 279-4630.

FURNISHED APARTMENTS

804 18th
3 room unit, \$17 a week.
3-in-1 efficiency, \$12 a week.
2 room unit, \$12 a week.
3 room unit, \$16 a week.
All above apts. completely furnished including stove and refrigerator. All utilities paid. Call H. H. Parish at 277-9740.

APARTMENTS FOR RENT

Single person, furnished apts. \$35 and \$40 per month. Unfurnished apartment, 3 rooms, bath. \$60 per month. Call 282-6968.

APARTMENT FOR RENT

A good, handy location, 4 large rooms on ground floor with private bath and entrance. Utilities paid, beautiful stove and refrigerator. If needed. Available now. Reasonable. Call for app't. 277-2130.

Houses For Sale

\$250 DOWN
and good credit will buy this roomy home with good furnace and roof. Could easily be duplexed. 1545 9th. 277-6121. W. Alvestad 243-4320 Stanbrough Realty.

HOME FOR SALE

Roomy, 2 story, 3 BR home, across from big park. Separate DR, eating space in kitchen. Only \$8,900. FHA - GL. Calvert Realty, 276-4501 Mrs. Fisher 255-7492.

1908 Lincoln

Just made for newly married or elderly couple who want small house. 2 BR., lge. kitchen with eating space, nicely carpeted living room and dining area, full bsmt. Everything's clean as a pin. Fenced rear yard and garage. Only \$10,900. 288-9501 Harvey Neal 277-4578 Chamberlain, Kirk & Cline

HOME FOR SALE

1314 College
Nice 3 bedroom, 2 story home, recently decorated. Good built. Separate dining room. \$200 down with loan costs. \$96 per month.

BUD CAREY REALTY

276-7984
The Equal Opportunity Real Estate Counselor

FOR SALE OR RENT

HOUSE FOR RENT

Furnished house for rent, east side location. 2 bedrooms. Call 286-5195.

HOUSE FOR SALE OR RENT

2013 Pleasant
Kitchen, LR, 2 BR's and bath. Call 288-3295 or 282-2933.

Hammitt - Robinson FUNERAL HOME

840 15th Street AT 8-4429
If No Answer Call CHerry 3-6832

Careful, Sympathetic and Efficient Service. Thorough Attention to Detail
ESTES & SON FUNERAL HOME
Complete Modern Rolling Stock
Licensed Embalmers
John M. Estes
Funeral Director
LADY ATTENDANT
1052 Harding Rd. 243-3111

Houses For Rent

HOUSES FOR RENT

Five room house to rent. Call 277-5675.

HOUSE FOR RENT

Nice east side location, near schools. For further information phone 288-4604 or 244-7536.

RENTAL LISTINGS WANTED

A registry of available rental properties is maintained for Drake University students seeking off-campus housing. Landlords may list their facilities for Drake students on the rental registry with no cost. Such listing will be made only upon receipt of a card pledging not to discriminate in renting on the basis of race, sex, color or creed. Contact the student residence office, Drake University, Des Moines, Iowa 50311, telephone No. 271-3781.

HOUSE FOR RENT

931 27th Street
4 bedroom, 2 story home. \$85. first and last month or will sell for \$6,500 on contract payments the same as rent. Call 279-1243.

Help Wanted

BUILDING MATERIALS SALESMAN

Sears has immediate opening for an experienced, professional and aggressive salesman. This is not a seasonal job. Full time career opportunity. Above average income for the right man. Automobile necessary. Mileage paid. Participate in all company benefits. All interviews confidential. Apply Personnel office, 9:30 A.M. to 4:30 P.M. Monday through Friday. Sears, Roebuck and Co., 4000 Merle Hay Rd., Des Moines. "An equal opportunity employer"

FACTORY AND MAINT. HELP

AMERICAN CAN CO.

Plastic mfg. A growing industry. Good wages and benefits. High school grad. or GED. Apply at Iowa State Employment Service, 150 Des Moines Street.

An Equal Opportunity Employer

HELP WANTED - MALE

Job Corps—Men 16-21. Train for a job, and earn while you learn. Call Mr. Underwood, Greater Opportunities, Inc., 283-6051, weekdays 8:30-5:00.

FEMALE

Clerk typist for bond dept. Good typing, math and clerical skills required. 5 day week. Apply in person to Mrs. Marsh or Mr. Acuff—Iowa-Des Moines National Bank, 6th and Walnut.

A SALESMAN WANTED BY SEARS

Sears is planning to expand its appliance sales force in the very near future. Applications for a permanent career employment are now being taken in our Personnel Dept. Excellent earnings for those who are properly qualified. Apply Personnel Office, Sears Roebuck and Co., 4000 Merle Hay Road. "An equal opportunity employer"

HAULING

Hauling. All kinds.
Pick up and delivery.
See
Lawrence Branden
1947 Franklin

HAULING
Basement and
Garage Cleaning
EARL SERVICE
288-5920

CARPET

2 avg. rooms plus hall 30 yds.
\$137.99
(Including pad and installation)
NO PYMTS. FOR 2 MONTHS
No interest carrying charges
(90 days)
53 others from \$4.00 and up
FREE ESTIMATES
OLSON CARPET
244-6221 853-19th

Spouting
Sheet Metal Work
get your gutters and down spouts repaired now before the spring rains.
Hal Schmidt Furnace Co.
219 E. Walnut St. 288-5600

FRIENDLY SERVICE AT
Louie's Fina Service
1122 University 243-9313
GAS - OIL - TIRES

NEWS AROUND IOWA

WATERLOO

BY VALETTA FIELDS
816 Summer Street
Phone AD 2-5274

Social Improvement Club met in a birthday party session at the home of Mrs. Homer Franklin. Five birthdays being observed were Mrs. Alberta Phillips, Feb. 11; Mrs. Homer Franklin, Feb. 14; Mrs. Adelaide Tanner, Feb. 16; Mrs. Ozella Nolan, Feb. 17; and Mrs. Ida Lee, Feb. 27. An honorary member and the eldest, Mrs. Ozella Nolan, was observing her 91st, with her daughter as hostess. For her there were cards, galore, flowers and other gifts. One friend sent a packet of nickels—one for every year that she is old. Later in the day other guests came in to wish her "Happy returns."

If you wish to dispose of old books, the Lions Club wants 12,000 of them for their annual book sale which will be in April. Several super markets were named where one could leave those he wishes to contribute.

Graveside services for Mrs. Erma Smith-Walker, 69, of 615 Glenwood were held at Fairview Cemetery on Tuesday, February 18. Mrs. Walker was found dead at her home, presumably of heart attack, on Feb. 8. Rev. M. F. Johnson officiated and Johnson Funeral Home was in charge.

Last week's issue of Bystander was delayed because of the legal holiday, Feb. 22. It was, however, worth waiting for.

My nephew, Dr. William London of Chicago, surprised me with word from him in the Bahamas Islands and

Miscellaneous

CHITTERLING & BEEF DINNER

Thursday, March 6, 1969, there will be a 2 hour dinner served from 4:00-6:00 P.M. Menu will be chitterlings and a beef loaf with trimmings. Dinner will be carried out. Call 243-2009.

1962 CADILLAC

4 door hardtop, full power, seats, windows. AIR. Looks and runs good. 288-5093.

NEW 1968 ZIG ZAG SEWING MACHINE

New '68 zig-zag sewing machine—must be sold. Built in controls to make buttonholes, overcast and blind hem. Total price \$45.10 or terms of \$4.50 per mo. New machine, guaranteed. Call credit manager 'til 9 p.m. 265-5211.

CAR FOR SALE

1963 Imperial Convertible, full power and air conditioning, less than book value. Call 279-5845.

CHILD CARE

Will take care of children in my home. Vicinity of E. 14th and Cleveland. Call 262-6115.

1968 ZIG ZAG

Slightly used, built in controls to overcast, buttonhole, sew on buttons, applique and blind hem stitch. Full price \$37.50 or \$4 per month. 5 yr. parts guarantee. Call credit manager 'til 9 p.m. 265-5211.

FREE!

AUTO INSURANCE COUNSELING

ON SUB-STANDARD, CANCELED, REJECTED RISKS. IMMEDIATE 5R-22 FILINGS. LOWEST AVAILABLE RATES—LOW MONTHLY PAYMENTS.

POPE INS. & REAL ESTATE CO.

260 Key Bldg. 6th and Grand
243-8354 Eve. 279-0059

NOTICE OF PROBATE OF WILL, OF APPOINTMENT OF EXECUTOR, AND NOTICE TO CREDITORS

In the District Court of the State of Iowa In and for Polk County

IN THE MATTER OF THE ESTATE OF JUSTIN R. McNAMARA, Deceased.

TO ALL PERSONS INTERESTED IN THE ESTATE OF Justin R. McNamara, Deceased:
You are hereby notified that on the 21st day of February, 1969, the last will and testament of Justin R. McNamara deceased bearing date of the 19th day of January, 1965, was admitted to probate in the above named court and that Maurice J. McNamara was appointed executor of said estate.

Notice is further given that any action to set aside said will must be brought in the district court of said county within one year from the date of the second publication of this notice, or thereafter be forever barred.
Notice is further given that all persons indebted to said estate are requested to make immediate payment to the undersigned, and creditors having claims against said estate shall file them with the clerk of the above named district court, as provided by law, duly authenticated, for allowance, and unless so filed within six months from the second publication of this notice (unless otherwise allowed or paid) such claim shall thereafter be forever barred.

Dated this 21st day of February, 1969.
MAURICE J. McNAMARA
Executor of said Estate
6816 Holcomb
Des Moines, Iowa

Harold J. Crawford,
Attorney for said Executor
542 Insurance Exchange Building
Des Moines, Iowa
Printed and published in the Iowa Bystander the 27th day of February, 1969 and the 6th day of March, 1969.

of fascinating Nassau, where he is relaxing and playing some golf. Coincidentally, by the same post, a card came from the chairman of a committee, on which I serve, and from Nassau. She says it is beautiful and sunny and warm. Food is excellent!

Council Bluffs

BY INEZ WARE
2427 5th Avenue
Phone AD 2-3274

CHURCH NEWS

Ishmael Kimbrough Jr. was ordained an associated minister in a ceremony, 3:00 p.m. at the Tabernacle Baptist Church. Churches and their ministers participating were: Pleasant Green Baptist, pastor, Rev. Sykes, Mt. Nebo Baptist, pastor Rev. Whittington, St. Paul Baptist, pastor, Rev. Green, St. John Baptist, pastor Rev. Colbert, all of Omaha, Nebr. Beulah Baptist, pastor, Rev. Wiggins and Calvary Baptist, pastor, Rev. J. Brown of Council Bluffs. Guest speaker was the Rev. T. J. Jackson, pastor of the First Baptist Church, South So. City, Nebr.

Kimbrough who completes his army services March, as a food inspector was born in Chicago and reared in Calif. He and his wife are the parents of three children.

After his discharge from the service they will reside in Modesto, Calif. and he will serve the ministry full time.

The lower unit of the Church was beautifully decorated and coffee, cake, candy and nuts at the compliments of the ordination services. Hostesses were Mmes. Lillian Haynes, Helen Walker, Ethel Lattiker, Stella Turner, Gwen Voyd, Willie Anderson and Mary Brown.

Bethel AME Church sponsored a Chili supper, Saturday evening at the NAACP Youth Center.

Rev. Sterling Taylor, pastor. Visitors, attending the morning services at the Tabernacle were Debbie Washington, Carny Murry, Mr. and Mrs. Dunbar.

Marine Pfc. Larry Floyd, son of Mr. and Mrs. Purvis, graduated from the Marine Recruiting Depot, San Diego, Calif. Friday. He was top man in his platoon, and presented his platoon graduation book to the Thomas Jefferson High School where Floyd graduated in 1966. He is now enroute to ammunition technician school at Quantico, Va.

Raymond Brown, son of Mr. and Mrs. Frank Brown and Pedro Hunt,

1968 SINGER ZIG ZAG

Slightly used, built-in controls to overcast, make buttonholes, monogram, applique and blind hem stitch without attachments. Full price, \$66.20 or assume payments of \$6.60 per month. Call credit manager, 265-5211, 'til 9 P.M. for free home demo. No obligations.

NOTICE OF FORFEITURE

OF REAL ESTATE CONTRACT

TO: DALE G. AND MARGIE CRADDOCK 114 Southeast Leland, Des Moines, Iowa.

You and each of you are hereby notified that the written contract dated June 17, 1967, and executed by Patricia A. McLaughlin as Vendors and Dale G. and Margie Craddock as Vendees for the sale of the following described real estate:

Lot 171 Cummins Ford (except north fifty feet) an official plat included in and forming a part of the City of Des Moines, Iowa, has not been complied with, in respect to the terms of said contract in the following specific particulars:
(a) Taxes\$132.95
(b) Special Assessments37.64
(c) Insurance42.00
(d) Monthly Installments185.00
Total\$407.59

(2) The said contract, will stand forfeited and cancelled as by its terms and provisions it may be, unless the parties in default within 30 days after the completion of service of this notice, shall perform said terms and conditions in default, and in addition pay the reasonable costs of serving this notice.

PATRICIA A. McLAUGHLIN
5017 Harwood Drive
Vendors (or Successors in Interest)

Printed and published in the Iowa Bystander February 27, 1969, March 6 and 13, 1969.

ORIGINAL NOTICE

In the District Court of the State of Iowa In and for Polk County

Divorce No.

BETTY JANE FIELDS, Plaintiff.

vs.
JAMES LE ROY FIELDS, Defendant.

TO: JAMES LE ROY FIELDS
You are hereby notified that the petition of the above named plaintiff in the above entitled matter is now on file in the office of the Clerk of the above named Court and which petition prays that plaintiff be granted an absolute divorce from you on the grounds of cruel and inhuman treatment.

FOR FURTHER PARTICULARS SEE PETITION NOW ON FILE.

You are further notified to appear before said Court at the Polk County Court House, West 5th and Mulberry Streets, Des Moines, Iowa, on or before the 21st day of March, 1969, and that unless you so appear and defend that your default will be entered and judgment or decree rendered against you for the relief demanded in plaintiff's petition.

MORRIS & MORRIS
By: James B. Morris, Jr.
221 Locust Street
Des Moines, Iowa 50309
Attorneys For Plaintiff
Printed and published in the Iowa Bystander February 13, 20 and 27, 1969.

KEOKUK

BY MRS. B. H. TOOMES
1002 Franklin street
Phone 524-4769

Mrs. Gertrude Scott is a patient in the University Hospital at Iowa City. Friends can write her at 52C, University Hospital, Iowa City.

Mrs. Mary Wallace is visiting her sister, Mrs. Moore, in Macon, Mo. and her brother-in-law and sister, Mr. and Mrs. Raymond Wilkerson who are visiting in Macon from Sheridan, Wyoming.

Mr. and Mrs. J. D. Parsons visited with Mrs. Maurice Tolliver who is living at the Park Manor Nursing Home in Burlington, Iowa, on Sunday, Feb. 23.

Funeral services for Brian Edward Carter, son of Dwayne and Janet Carlson Carter of 217 N. 14th Street, were held Wednesday, Feb. 19 at the Greaves Mortuary with the Rev. John Varner officiating. Burial was in Oakland Cemetery.

Mrs. Darlene Snively has returned home from Graham Hospital.

son of Mrs. Marjorie Hunt' were members of Thomas Jefferson High school's wrestling team that captured the team title in the District Class AAA Wrestling Tourney at Fort Dodge.

Mrs. Josephine Carbin and her niece, Mrs. Marie Hun returned recently from Denver, Colo. They visited Mrs. Fannie Young who is very ill. Mrs. Young is the Sister of Mrs. Carbin and Mrs. Hun's mother.

Mrs. Inez Ware and Mr. and Mrs. James Haynes were the guests of the Wagner family Saturday evening in Omaha, Nebr.

An 8 week projection of events for Bethel AME Church at 1530 Avenue "A".

March 2, 7:00 p.m. Our guests for the evening worship. A return exchange with Rev. Donald Arthur and choir of Broadway United Methodist.

March 9th 3:00 p.m. NAACP at Bethel.

March 16th, 3:00 p.m. our guests for the Deaconess Board will be Rev. William Fowler and choir of Bethel AME Omaha.

April 13th, 3:30 p.m. a recital at Shiloh Baptist in Des Moines, Iowa by Mrs. Bette Thomas and Mrs. Clara Taylor wife of Rev. S. D. Taylor.

April 13, 3:00 p.m. NAACP at tabernacle Baptist.



Where to Attend Church in Des Moines

PHILADELPHIA SEVENTH DAY ADVENTIST
1150 13th Street
ELDER D. J. DIXON, Minister
Sabbath School 9:30 A.M.
Morning Service 11:00 A.M.
Missionary Volunteer 4:30 P.M.
Prayer Meeting, Wed. 8:00 P.M.
Dorcas Society 1st Sunday 1:00 P.M.

Corinthian Baptist Church
9th and Crocker Streets
Rev. F. W. Strickland
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
T. U. 8:00 P.M.
Evening Service 7:00 P.M.
Prayer Service Wednesday 8:00 P.M.

St. Paul A.M.E. Church
12th and Crocker Street
Rev. HENDERSON DAVIS
Church School 9:30 A.M.
Church Service 10:45 A.M.
Vespers Service 6:30 P.M.-7:30 P.M.
Prayer Service, Wed. 7:30 P.M.
Youth Fellowship 7:30 P.M.

East University Church of God in Christ
East 17th and University
BISHOP J. E. ABERNATHY
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Service 8:00 P.M.
Wed. Eve. Mission Circle 8:00 P.M.
Weekly evening services Tuesday and Friday 8:00 P.M.

Kyles Temple A.M.E. Zion Church
Rev. OSCAR PEAVY, Pastor
907 15th Street
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Worship 7:00 P.M.
Prayer Service Wednesday 7:30 P.M.

Pilgrim Missionary Baptist Church
1732 Walker Street
Rev. WAYLAND HEATH, Pastor
Sunday School 9:30 A.M.
Morning Service 11:00 A.M.
Youth Meetings Weekly 7:30 P.M.
Prayer Meeting Wednesday 7:30 P.M.

Community Baptist Church
1108 8th Street
Rev. GUY SANDERS, JR., Minister
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:30 P.M.
Evening Service 7:30 P.M.
Prayer Service, Wed. 8:00 P.M.

Forest Ave. Church of God in Christ
1121 Forest Avenue
Rev. A. B. CARTER, Pastor
Sunday School 9:35 A.M.
Sunday morning worship 11:00 A.M.
Y.P.W.W. (Sunday) 7:00 P.M.
Sunday evening worship 8:00 P.M.
Tuesday evening Bible Band 7:00 P.M.
Thursday evening services 7:30 P.M.
Prayer services (daily) 9:30 A.M.

Bethel A.M.E. Church
1528 East University Ave.
Rev. L. B. JOHNSON, Pastor
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Worship 7:30 P.M.
Wed.-Mid-Week Service 7:30 P.M.

BURNS UNITED METHODIST CHURCH
811 CROCKER STREET
Rev. J. M. SHOPSHIRE, Minister
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.

First C.M.E. Church
28th and Maury Streets
Rev. H. P. PETTIES, Minister
Pastor's Phone 288-4991
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Business Meetings - Wednesdays

CHURCH OF GOD
1 Cor. 1:2 (7th Day) Acts 20:28
1133 ENOS AVE.
Services 2 p.m. "Sabbath" (Saturday)
elder Henry A. Lee, Pastor, 244-4091
Mr. Roy L. Brown, Deacon, 262-3274

To Church Reporters and Pastors

Please see that only one person reports the news as it is confusing to have material coming from more than one source.

Do not list meetings of the choirs, clubs and organizations unless some special feature is reported.

Don't run advertising as news, and additions to the church or visitors unless from out of town. The slick should include only those in hospitals, which should be separate from the church news.

Dead-line for news is Tuesday at twelve noon and dead-line for advertising is Tuesday at 5 o'clock.

Mt. Olive Baptist Church
S. E. 4th and Scott Street
Rev. H. R. FIELDS, Pastor
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
Evening Service 7:45 P.M.
Wednesday Prayer Service 7:30 P.M.
Choir Rehearsal Fridays 7:30 P.M.

Maple Street Baptist Church
E. 16th and Maple Street
Rev. GEO. PARISH, Minister, 6-8910
Sunday morning worship 11:00 A.M.
Sunday School 9:45 A.M.
Morning Worship 11:00 A.M.
Bible Class 6:30 A.M.
Evening Service 7:30 P.M.
Prayer Service Wed., 8 P.M.

Union Baptist Church
"The Friendly Church"
E. UNIVERSITY AT MCCORMICK
Rev. HENRY THOMAS
1340 McCormick
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Evening Service 7:45 P.M.
Prayer Service Wednesday All Day

Evangelistic Missionary Church
1340 E. 18th Street
ELDER ERIC A. FOUNTAIN, Pastor
Sunday School 10 A.M.
Sun. Worship 11:30 A.M. and 8 P.M.
Y.P.W.W. 8 P.M.
Sunday Evening Worship 8 P.M.
Tuesday Prayer and Bible Study 8 P.M.
Thursday. Consecration and Healing 8 P.M.

MACEDONIA MISSIONARY BAPTIST CHURCH
2608 Center Street
Rev. AVANCE HARDEN
Sunday School 9:30 A.M.
Morning Worship 10:45 A.M.
B.T.U. 6:00 P.M.
Mrs. Gladys Trombone, Directress
Evening Worship 7:00 P.M.
Prayer Services - Wed. 7:00 P.M.

SHILOH BAPTIST CHURCH
1213 Scott Street, R.L. 5-6355
Rev. WILLIAM HEATH, Pastor
ORDER OF SERVICES
Sunday School 9:45 A.M.
Morning Service 11:00 A.M.
B.T.U. 6:00 P.M.
Evening Services 7:30 P.M.
Wednesday Night: Prayer Service 7:00 P.M.

YOU ARE WELCOME AT New Jerusalem Church of God in Christ
WEST 14TH AND UNIVERSITY
BISHOP E. A. TINDRELL, Pastor
ORDER OF SERVICES
Sunday School 9:30 A.M.
Morning Worship 11:00 A.M.
Y.P.W.W. (Sunday) 6:30 P.M.
Evening Services 8:00 P.M.
Weekly Evening Services (Tuesday and Friday) 7:30 P.M.

Calvary Apostolic Church of God
2561 Onawa, Des Moines, Iowa
Minister, G. REID
Sunday School 10:30 A.M.
Morning Worship 12:00 Noon
Evening Service 8:00 P.M.
Weekly Services are Wednesday & Friday 8:00 P.M.

UNION BAPTIST CHURCH NEWS

Worshipping with Union last Sunday were Miss Margaret Rhone and Mr. Edgar Dukes of South Carolina. They were the guests of Elbert Darden.

Thursday, February 27, at 8:00 p.m. the church will have a special business meeting.

Friday, February 28, from 6:00 to 9:00 p.m. the "Floppy" show will be held at the Logan Opportunity Center sponsored by Thomas Smith.

Sunday, March 2, joint communion services will be held with Maple Street Baptist Church at Union.

COMMUNITY BAPTIST CHURCH NEWS

Sunday, March 2, 11:00 a.m. service the guest speaker will be Rev. Ingberman, associate minister of Shiloh Baptist Church. Rev. Jake Reed will be in charge of the service at 5:00 p.m. Rev. Williams will speak.

An important officers meeting will be held Friday, February 28, at 7:30 p.m. Pastor, Rev. Guy Sanders.

Jack Blair's Super Market
1553 E. Grand
MEATS OUR SPECIALTY
For Those Who Care
We accept food stamps
Phone 266-9464

UPHOLSTERY
Fabrics \$3.00 to \$30.00 per yard
Free estimates
5-10 day service
(2 shops)
No down pymt. for 60 days
90 days cash
OLSON'S
244-6221

Sponsor United Bible Fellowship

A REMINDER . . .

The United Bible Fellowship's next sponsored course in the Continued Education Program will be conducted by Dr. Frank Gardner of Drake University. The course, entitled CONTINUING ETHICAL PROBLEMS, will be four classes of discussion held each Tuesday in March, the 4th, 11th, 18th and 25th, at Fellowship Hall, 308 Second Street, West Des Moines, Iowa from 7:30 p.m. to 12:30 p.m.

Registration for the course will be 7:00 to 7:30 p.m. March 4. The classes are open to the public at no charge.

SHILOH BAPTIST CHURCH NEWS

Sunday morning, March 2nd at 11 a.m. pastor Rev. William S. Heath will preach and the Senior choir will assist. Mrs. Alice Boyd, pianist. Communion services at 6:00 p.m. with the deacons in charge of the devotions.

Visitor last Sunday was Mrs. No-U'll Woods of Davenport, Iowa. A Correction, Mr. Levi McGuire was in Mercy Hospital not Mrs. as was stated in last week's Bystander.

To Show A Martin Luther King Film

On Saturday, March 22nd, 1969 the Shiloh Senior Usher Board will feature a 16 mm sound motion picture film of the late Martin Luther King, Jr. at 7:00 p.m.

This film provides an intimate look at this man's philosophies, and his teaching. He addresses himself to the possibility of his violent death and reaffirms his belief in Non-violence as the only means to accomplish social justice. Featuring also Mr. Glen Sayles and Mrs. Carolyn Hardaway as soloists, Oratorical by Arthur Wolder and organ selections by Mrs. Margarite Butts. Mrs. Shirley Johnson, president.

KYLES AME ZION CHURCH NEWS

Rev. Peavys communion day sermon will be "A Stranger who gave Thanks". Saturday at 11 a.m. the senior Usher Board will be serving ham and chicken dinner call. Friday and Saturday Rev. Peavy will be in Kansas City attending district meetings.

MORNING STAR BAPTIST CHURCH NEWS

Sunday is communion day. Sunday night will be request night, presented by the senior choir. Mrs. Marie Jenkins is president. Thursday night there will be a visiting minister at the Church.

MOUNT HEBRON BAPTIST CHURCH NEWS

March 2, 11:00 a.m. communion. At 4:00 p.m. the Truelight Singers will be in a musical program sponsored by the pastor.

Visitors Sunday, February 23 were Ricky Moore of Denver, Colo.; T. M. Jones, James Hirsch and Michael Jones, all of Woodward, Iowa.

Rev. James H. Harris, pastor; Mrs. Irene Swink, church clerk.

ST. PAUL AME CHURCH NEWS

The sermon subject of Rev. Henderson S. Davis on Sunday, March 2, will be "Time out Renew".

UNITARIAN

This Unitarian Church binds no one by a rigid dogma or creed. Members associate together for the study and practice of religions as interpreted by the growing thought and nobler lives of humanity, hoping thereby to prove helpful one to another and to promote righteousness and love in the world.

You can get acquainted with this liberal religion by attending the service at 11 o'clock any Sunday morning. You are invited to come Sunday when the sermon by Mr. Isom, the minister, will be:

"The Best of All Possible Worlds"

FIRST UNITARIAN CHURCH

John B. Isom, Minister

Bell and Casady Phone 244-8603

Des Moines, Iowa 50315

Phone or write for Unitarian literature

BARGAINS Used Clothing . Bedding Furniture

ST. VINCENT DE PAUL STORE
611 FOREST AVENUE

Your Bible Speaks On KDMI FM

We invite all the readers of the Bystander to listen to "Your Bible Speaks", radio broadcast on station KDMI FM. Every Sunday at 12 noon to 12:30.

E. E. Cleveland of World-Wide renown has God's message for Negro Americans. More than this. Pastor Cleveland's message is for all Americans.

CORINTHIAN CHURCH NEWS

Pastor Strickland will deliver the sermon at 11:00 March 2. The courtesy Committee is sponsoring Rev. F. W. Strickland and Rev. A. N. Fox in a Musical Spiritual Sunday evening at 7:00 p.m. March 2, 1969.

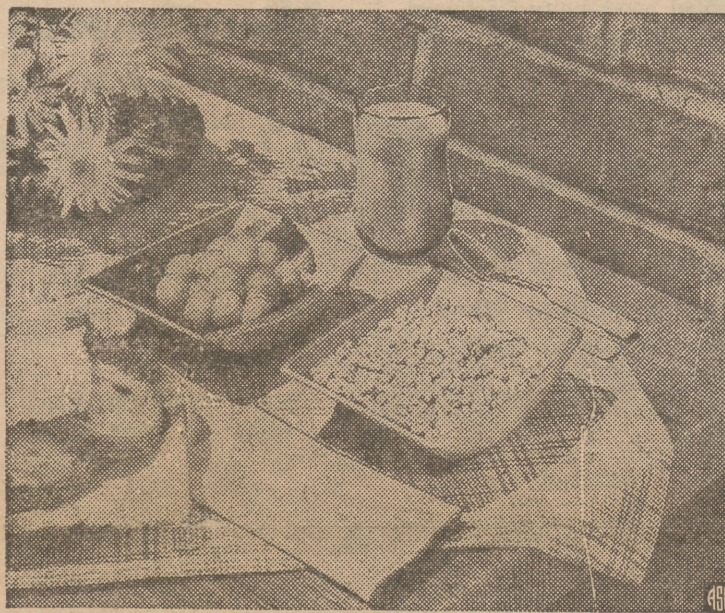
The regular monthly business meeting of the church will be held Friday, February 28, 1969 at 8:00 p.m. at the church.

MAPLE ST. CHURCH NEWS

Rev. Parrish sermon title for Sunday, March 2, "Why Set In The Darkness". The Mission Circle will meet at the home of Mrs. Ada Jefferson 1332 W. 10th Friday, February 28th at 7:30. Mrs. Ruby Cooper, president.

Sick List
Mrs. Elizabeth McKee, Northwest
Mrs. Mable Dant, Lutheran Hospital
Mrs. Esther English, Broadlawn
Mr. Tom O'Neil, Mercy Hospital
Mrs. Mattie Griffin, Mercy Hospital, room 259

Breakfast Is The Key To Successful Weight Reduction



A doctor recently accused a bride of six months "of killing her husband with kindness." Her husband had gained an excessive amount of weight. The wife, in her desire to feed her husband adequately and to demonstrate her cooking ability, simply had fed her husband too well.

The doctor explained that overweight could become a serious concern. It could affect appearance, vitality, emotions, personal and public relations and life expectancy. Overweight is due to overeating—the result of eating more calories than can be used.

The couple asked the doctor's help in working out a reducing plan. The doctor outlined the total caloric intake that could be eaten each day. He stressed the importance of three meals nutritionally adequate except for calories. Breakfast, he pointed out, is the key to any successful reducing diet. Research has shown that skipping breakfast is a strain on the body, promotes unnecessary fatigue, slows down reactions and reduces work output.

A reducing diet breakfast follows a basic breakfast pattern recommended by doctors and dietitians. It should provide one-fourth of the total daily requirements. A basic breakfast pattern includes fruit, cereal, milk, bread and butter. The 400 calorie breakfast pictured above shows that our bride not only could prepare attractive breakfasts but ones that fit a basic pattern—even on restricted calories.

400 Calorie Menu
Cantaloupe (½)
Puffed Wheat (1 ounce)
Raisin Toast (1 slice)
Whole Milk (1 cup)
Butter (½ pat)
Black Coffee

OPPORTUNITIES FOR EXPERIENCED OFFICE WORKERS

Bankers Life Is Growing You Can Grow With Us!

The Bankers Life, Iowa's largest life insurance company, continues to grow rapidly. As a result, we are in the unique position of being able to offer a variety of job opportunities to experienced office workers.

If you have experience in working with figures, typing, key punching or correspondence work, we may have a job that will better utilize your skills.

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STANDARD SERVICE

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18th and Crocker Street

Winter is coming. Prepare your car for winter.

Rites Pending for Mrs. Nellie Esters, Long Time Resident

Services are pending at the Ham-mitt and Robinson Funeral Home for Mrs. Nellie M. Esters, 84, of 1349 Forty-third Street, formerly of 1423 Center Street, who died of a stroke Monday at the Garden Court Nursing Home after an extended illness. Burial will be at Glendale Cemetery.

Mrs. Esters, a native of Monroe County, had been a Des Moines resident 54 years. She was a retired apartment owner and manager and was a member of the Merry Church Terril Club I, Deletante Club and St. Paul's A.M.E. Church.

Surviving are a daughter, Mrs. Marguerite Cothorn of Des Moines, and a grandson, John A. Cothorn, a civilian aeronautical employe in Vietnam.

POSITIVELY

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ASK ABOUT OUR 75TH ANNIVERSARY EDITION

Pharmacist's Corner

By: **MARION WILLIAMS R.Ph.**

Take Your Medicine

Give some people an inch, and they want another inch. Before you know it, they've become rulers.

Bore: a man who spends so much time talking about himself that you can't talk about yourself.

Our pioneer forefathers wouldn't set off across the continent unarmed. Today's families wouldn't start the same trip without their credit cards.

They're only half serious about getting married. She is and he isn't.

Salesman from the city: "What's that strange odor?" Farmer: "Fresh air."

For all your prescription needs call Williams Pharmacy, 1103 University Avenue, Phone 243-1253.

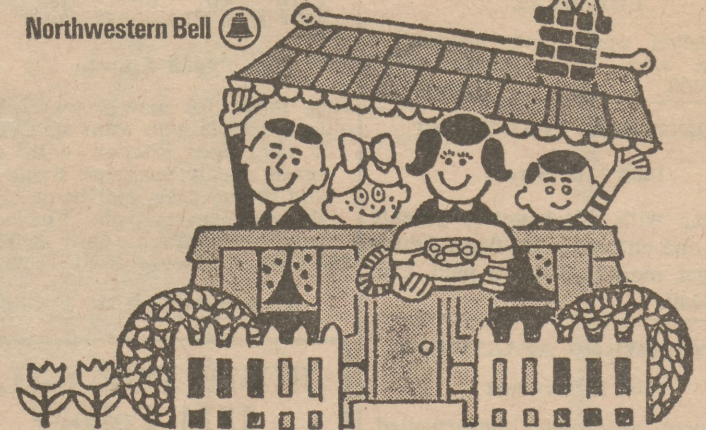
BRIDGE CLUB LUNCHING or MID-DAY MUNCHING
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Hiland Potato Chips - the Chippiest chips around

Visit the family by phone 85¢ or less.

After 7 p.m. weekdays and all day Saturday and Sunday you can make a 3-minute station call to phones nationwide for only 85¢ or less. Additional minutes each 26¢ or less. How long since you've talked with the folks at home? Why not now?



DRIVE IN SERVICE

Gold Bond CLEANERS SHIRT LAUNDRY

DRIVE IN

HOUR 2 SERVICE

Gold Bond Cleaners

13th and Forest

CUSTOM CARE DRY CLEANING



Social Whirl + Club Calendar



LINES

by
marri
johnson

DRAMA WORKSHOP'S SATURDAY NIGHT presentation of "An Evening of Opera", directed by Robert L. Larsen, Simpson College Department of Music, was far superior to any program of its kind given in many years. The cast was exceptional and with Madame Flora (Baba), performed by Janice Roche Hanson, viewers were overwhelmingly pleased. Gentleman's Island by Joseph Horowitz—(Libretto after W. S. Gilbert by Gordon Snell)—had as its characters Mr. Gray, Douglas Duncan, and Mr. Somers, Reid Stringer. The first public performance of this work was given at the Cheltenham Festival of Contemporary Music in 1959. Saturday night's performance was the second in the U.S. It was once given at Tanglefoot Cottage! Each performer was a delight. To view Mrs. Hanson's acting was a rarity. She sang for seven years in European theaters and has performed at Minneapolis' Guthrie Theater. "An Evening of Opera" presented in the round permitted perfect hearing range! Unbelievably pleasurable.

MIDGE'S BEAUTY SALON operated by Mrs. George Cole (the glamorous half of Des Moines' Cole Enterprises, Coles Inc., or as Northwestern Bell would say "King George Tailors"—bench tailored clothing!) on Sunday was the setting for a free "Beauty Care Clinic—between 4:00 and 5:00 P.M." with demonstrations by charming Charlotte Brown Humphrey, a Fashion Two Twenty Beauty Consultant. Model for the Clinic was beautiful Pat Bagby. Her pals Veta Collier and Joyce Johnson were onlookers. Midge's Salon will be the setting for precisely the same clinic subject next Sunday at the same time! Mrs. Humphrey will again preside.

DEAN OF BEAUTY CULTURE, PAULINE HUMPHREY, needed only to rely upon the so very chic Beautician Gerri Allison and charming Beautician Mary Lincoln to transform Crescent School of Beauty Culture's "so very tired look" after the first day's Workshop into "An evening's banquet cool, charming setting". Just a presto chango, it seemed to me!

MET LOUISE CLARK (MRS. ALVIN)—they are newcomers from Dallas, Texas. Louise was wearing a very smart two-piece gray flannel suit, a gift from her mother who is employed in a clothing manufacturing company. The suit was especially designed for Louise! The couple resides at 1336 12th Street. Welcome to our town, good people!

WILLIAMS' MARKET — "Zook's Market", to most of us has new store hours that fits our schedules just perfectly—like 8:00 a.m. to 12:00 Midnight daily and 9:00 a.m. to 6:00 p.m. on Sundays.

AND IF YOU DON'T WANT TO COOK

HARDY'S RESTAURANT (The Rozenting Hardways' eatery) serves Williams' Market groceries and meats prepared real soul-like by the old pro, Taylor Heard, Manager and Chef. If it isn't soul food that you seek, then just name your preference.

TAYLOR HEARD'S references range from those of you who have patronized Hardy's to the old Sea Food Grotto on Walnut Street, to G.I.'s over the past twenty years, and very recently patrons of Mama Lacona's! Let your own taste buds decide for you.

COSMETISTE LOCAL No. 102 WEEKEND WORKSHOP's presentation of Mr. Paul's Salon representative, Bill Turner, gave us in person a man highly trained, unusually talented and creative. He prefers to be called a hairdresser. When hairdressing, he is all artist. He is totally involved with the customer and what is right for that customer. He works with speed, fascinating dexterity, and such great concentration. He brings what is best to the description "a black artist". Hundreds should somehow have the opportunity to see this young man display the results of hard-won training, skill, love of his work, and dedication to his client. Matching these attributes is his understanding and concern with "self image". His mod attire was most choice, his trim physical person demonstrative of the thinking given his role in his chosen field and that of himself as "a black artist".

Mr. Paul's Assistant Demonstrates In Beauty Workshop

Cosmetiste Local #102 Educational Workshop, a very special undertaking, presented one guest hairdresser from Chicago's Paul's Salon, Bill Turner. Special also in the Workshop was Petty Bailey, Clairrol Technician, Lillie Keyes, Wig Fashionist, and Michael, her assistant. Other demonstrations were included and covered all techniques in hair care, hairshaping, hairstyling and hair color-shaping, hairstyling aid hair coloring. Wig fashions, cascades, wigs and long curls were featured. The change-over from the procedures of the permanent to that of the natural was spell-binding. The hair coloring sessions with curls was most beautiful. The shades ranged from blonde to red.

Sunday's session closed with a dinner fashion hour. Models from the Workshop were presented.

Monday's program was an augmentation of the techniques demonstrated on Sunday and ended with an evening of social activities.

POSITIVELY

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Three Purpose Club Honor Three Members

The Three Purpose Club gave a dinner at the home of Mrs. Julia Proctor, Feb. 16, at 1111 11th Street, honoring three of their members birthdays: Mrs. Julia Proctor, Mrs. Verlene Propes and Mrs. Musette Perkins.

A beautiful table was set with green crystal dishes using gold mums for the center piece. Birthday gifts were wrapped in green paper tied with gold ribbon. Mrs. Paul Wilson was in charge. Mrs. Perkins was ill and unable to attend. Mrs. Juanita Winters was hostess to the club Wed., Feb. 19th.

The LaFemme Club Elects Officers

The LaFemme Club, met at the home of Willie Mae McLendon on February 20th with Erma Carr, president, presiding.

Following a business session, new officers for 1969 were elected as follows:

Corinne Carter, president; Sylvia Cunningham, vice president; Ada Hubbard, secretary; Willie Mae Rowe, re-elected treasurer; Anna Ruth Russell, chaplain; Doris Harvey financial and social chairman; Erma Carr, club reporter.

The next meeting will be held March 6 with Pearl Patten hostess.

The Civic Breakfast Honors Businesses

The Civic Breakfast is a group of 8 women who have tried to help and build the standard of the Negroes and to help where they are needed.

This past week being Brotherhood Week and with two outstanding Negro businesses now open on University Street, why not visit them.

The Crescent Beauty School was visited which is superb. There everything is needed to improve your appearance. Mrs. Pauline Humphrey, manager.

Then we visited "The Hardaway's Cafe for dinner.

Our visiting guests were Mrs. Mae Wyatt and Mrs. Elvira Mamis.

Members Mesdames Molly Beverly, Adelaide Brinker, Ada Jefferson, Ruth Moore, Secretary, Maybelle Jefferson, reporter, and Melinda Beck, president.

Why The Christian Science Monitor recommends you read your local newspaper

Your local newspaper keeps you informed of what's happening in your area—community events, public meetings, stories about people in your vicinity. These you can't—and shouldn't—do without.

HOW THE MONITOR COMPLEMENTS YOUR LOCAL PAPER
The Monitor specializes in analyzing and interpreting national and world news... with exclusive dispatches from one of the largest news bureaus in the nation's capital and from Monitor news experts in 40 overseas countries and all 50 states. TRY THE MONITOR—IT'S A PAPER THE WHOLE FAMILY WILL ENJOY

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OLYMPIAN CLUB CELEBRATES TWENTY-FIRST YEAR; HOLDS ELECTION

The Olympian Club of Des Moines entertained their wives at its twenty-first birthday party Saturday, February 22 at the home of Mr. and Mrs. James P. Thompson, executive secretary of the club.

Prior to the evenings entertainment, election of officers was held and re-elected were President Irvin Turpin, Vice President Harold Carr, Treasurer Clarence Jones and Sgt. of Arms Luther Wells. Trustees elected were George Robinson 3 year; William Wells, 2 year; and Jesse Frazier, 1 year. James Thompson remains as executive secretary. The evenings entertainment was

highlighted by the showing of film taken over a decade ago at a club family gathering and by a film showing of "SOMETHING THAT'S REAL" by club member Everett Mays. This film is used in connection with the Afro-American Identity Program carried on by Mr. Mays for Northwestern Bell Telephone Company.

The evening ended with a buffet supper.

The Olympian Club was organized February 22, 1948 to promote better race relations among all youth and has, through the years, promoted many events and issued many scholarships to deserving young people.

L. T. Club Meets With Mrs. A. Johnson

The L. T. Club met at the home of Mrs. Adam Johnson February 19, 1969.

Mrs. R. Parker and Mrs. F. Hogan were appointed co-chairman of the action committee.

The next meeting will be March 19 at the home of Mrs. Ralph Jones.

Sign Up for Oratorical Contest

The Hawkeye Lodge No. 160 and Rose Temple No. 33 IBPOEW are now open for contestants for the local oratorical contest. Subject sheets and information are available by contacting the local director, Bernice Carter, 911 16th Street.

St. Mary's Home Society to Meet

St. Mary's Christian Home Society will meet at the home of Mrs. Henry Boyd, 920 16th Street, 8:00 p.m., Monday, March 3.

President, Mrs. Ruby Cooper; Secretary, Mrs. Lillie Mae Siegh.

TRAVEL SERIES PRESENTS "SOUTH SEAS SAGA"

An exciting new travelogue entitled "South Seas Saga," narrated by Dr. John Nicholls Booth, will be the third program in the winter-spring Travel Adventure Series sponsored by the Adult Education Department of the Des Moines Public School System.

The program will be presented in the North High School Auditorium on Thursday, February 27, at 7:45 p.m. General admission tickets will be available at the door.

Prescriptions are our business. **CITY DRUG** 5th and GRAND PHONE 244-7197
CIGARETTES 35¢ A PACKAGE
We either have it, We'll get it or it just isn't made.
PRESCRIPTION SPECIALIST
Open Day or Night
Free Gift Wrapping.
Open 24 hours daily year 'round
Magazines, Local and national papers at your disposal.
Meet folks from all states and foreign countries.
Most congenial clerks to serve you. Lunches or regular meals to eat at air conditioned section or take out.

Your professional beautician knows the answer...

Should every woman be a blonde?

Blonde hair is beautiful for those women whose natural coloring it flatters. But not everyone should be a blonde.

Expert beauticians know that complexion and hair color must complement each other to glamorize and bring out all the natural beauty that was meant to be. They also know that very coarse and dark hair often is resistant to drastic color changes. However, there's no doubt about slightly lighter hair adding excitement to a woman's appearance. And hairdressers know there is no better product to add a whole new appeal to every woman's look than Miss Clairrol® haircoloring—extra rich Creme Formula or new extra easy Shampoo Formula.

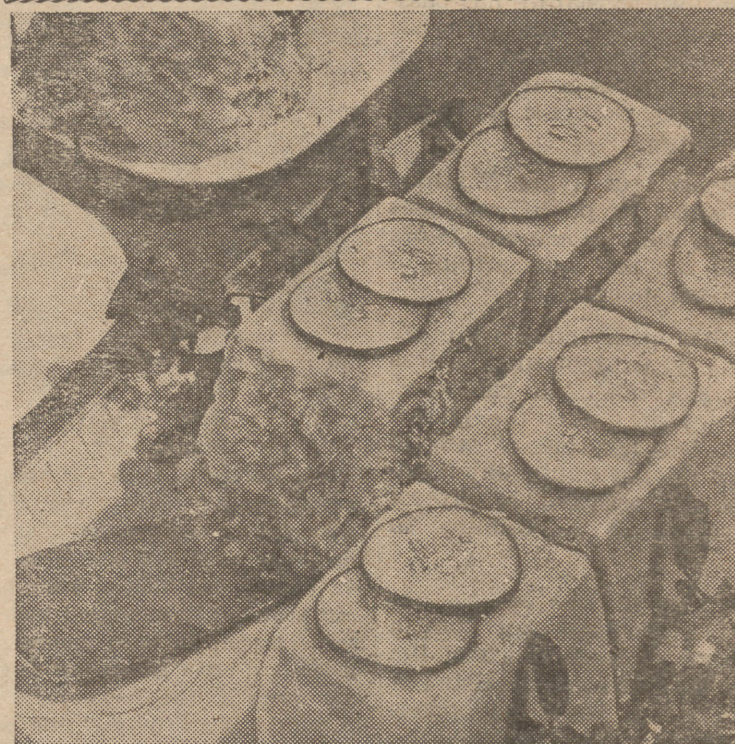
Both Miss Clairrol products lighten and color at once, combining vibrant new color with the natural pigment of the hair. So even those shades that look blonde on white hair (as shown on most color selection charts) give a variety of flattering red-to-golden brown shades on women whose hair was black to begin with.

Beauty salons are equipped to answer questions and help with hair color selection. Depend on your hairdresser to have the professional skills and the total family of fine Clairrol products to make every woman's experience with haircoloring completely personal and glamorous. Should you be a blonde? If you don't really know, ask your expert hairdresser.

© Clairrol Inc. 1967

Courtesy of Clairrol Inc.

IMPRESSIVE FOR LENT



THIS SALMON MOUSSE makes an impressive Entree Salad for Lenten meals. It's nourishing as well as delicious, combining protein-potent salmon, rich cream and lemon-flavored gelatin.

SALMON MOUSSE

1 package lemon-flavored gelatin
1 teaspoon salt
1 cup hot water
¾ cup cold water
2 tablespoons lemon juice
Dash of pepper
¼ cup whipping cream
1 cup (7½-ounce can) flaked salmon
1 cup diced cucumber, salted and drained
Dissolve gelatin and salt in hot water. Add cold water, lemon juice, and pepper. Chill until slightly thickened. Whip cream and fold into slightly thickened gelatin. Combine salmon, cucumber, and mayonnaise. Fold into gelatin mixture. Pour into mold. Chill until firm. Unmold on crisp lettuce. Garnish with additional cucumber slices, if desired. Serve with additional mayonnaise. Makes 8 servings. (ANS)

CARD OF THANKS



We deeply thank all our friends and customers for the wonderful business we received on Valentine Day.

City Drug

Charlie

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Your East Des Moines Druggist
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All Types of Hair Culture.
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AIR CONDITIONED
Hours 9-5 — Closed Monday
GERALDINE ALLISON, Operator
RUTH HOWELL, Proprietor

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New Address
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FREE JOB PLACEMENT EASY PAYMENT PLAN
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Six good reasons why



Budweiser
is the best reason
in the world to drink beer.

EDITORIALS

FEATURES

SPORTS

WE ARE TOO
SOFT ON RIOTERS

The Iowa legislature has passed a law which will authorize the arming of guards at the Universities. This is as it should be and we hope Governor Ray signs the measure.

The ideas of a guard armed with sticks to police campuses today is folly. Some legislators likened the law with arming a group of hoodlums.

Guards with clubs were all right 50 years ago when all was peace and quiet on campuses. But no more. And the guards are no less ignorant of how to enforce the law than many deputy sheriffs assigned to protect the citizens of 99 counties in Iowa.

The City of Des Moines has passed a modified riot control ordinance shorn of much of the harshness that some protested in the beginning. Here, too, opponents of the measure appeared before the council with tears in their eyes, fearful that some angle of free speech might be injured or some mischief that has been going on without punishment may be curtailed.

We are certainly in favor of free speech and free assembly for everybody but when hoodlums are discommoding every meeting and stopping other students from getting the education they are going to school for, then something must be done.

The trouble today is that officers are unwilling to draw a line between lawlessness and free speech and free assembly and in their effort to assure democratic action, they let the frustrated radicals take over.

We need to get back to the doctrine that every man is responsible for his conduct and that his conduct should not be exercised in such a manner as to injure that of another.

COORDINATING RIGHTS
GROUPS INTEREST
HAS AN ADVANTAGE

In recent months, leaders of minority groups have encountered a considerable spurt of hatred emanating from organizations that are subject to historical hate among certain white classes in years gone by. They have long felt that the energy used in fights between Negroes, Jews and Catholics might better be spent fighting the common enemy.

As a result of this thinking, a group met early this month and formed an organization designed to permit of better cooperation and communication between each other. The names were listed in the Bystander last week which include Catholics, Jews, Negroes and Protestant organizations. Its headquarters are in New York.

Such an organization will be valuable in conducting a united front against injustice toward each other and places the problem on a common ground where one will not be suspicious of the other.

We take it to be a tactical organization, coordinating the work of each other but not a dues-paying group, claiming to speak for all of the people.

Dr. Wm. Nash of Dubuque University, a longtime fighter for human rights in the ranks of the NAACP, and William Cribbs of the NAACP in Davenport have spearheaded such an organization in Iowa.

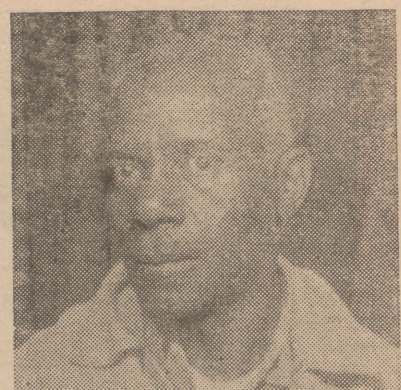
Unfortunately, we have too many groups speaking for the race in Iowa and yet if this one acts as a clearinghouse for them all and leaves the individual groups to follow their course within the confines of the association and sound operation, then this will not be objectionable and we hope they all succeed.

Neither group can spend its time fighting among themselves. Great good can be done by proper cooperation and coordination of effort.

POSITIVELY

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SPORTS



With Allen Ashby

This has been quite a season for the big three of Iowa basketball. A fellow finally decided that the Iowa University team had been overrated. We tried to say that a while back. Last year the Hawks upset both the league leaders in most games. The leaders lost other games just as Iowa won theirs so the Hawkeyes ended up with a share of the title when they would have settled for a high finish.

Bulldogs Bounce Back

We all thought Drake was through when they lost those games to Tulsa, North Tulsa State and Louisville. We thought, here goes another fine start down the drain. But the Bulldogs bounced back. They always said they could have beaten Tulsa that first game if they had Wise in the game. Well, they had Wise in there last week and did it. So, once more by the time you read this, the Drake Bulldogs may be battling for all the marbles and a trip to the NCAA meet.

Cyclones Perk Up

Iowa State wasn't supposed to have much of a ball club. The Cyclones were too short and just didn't have anybody to replace Don Smith. So the short Iowa State Bunch finally got together, figured how to help each other on both boards and have they had an exciting season. Even the games they lost have been exciting. With all five of them hitting the boards hard at both ends of the court the State boys really shake up the big fellows who come for a light work out.

Golden Gloves

And it won't be long until Golden Gloves time rolls around again. We heard Dave Fifer on a television show say he thought they had really done a good job of promoting amateur boxing in Iowa. And the kids ought to benefit from it. There will be some of the older familiar faces as the boys square off. Chief among them will be Don Avant who has been called Iowa's winningest boxer since Morton Graves. Avant said he plans to move up a notch and come in at 118 instead of the usual 112. Well, at least he will be big enough to be seen for a change. Do you know we just might be there this time and see what really goes on. We recall the tough time several groups in the city had getting black officials for the bouts. Now they are taken for granted and that is fine.

Strand Shoe Repair

HATS CLEANED
ZIPPERS REPAIREDA Good Place to Stop Down Town
317 5th St. Shoes Shined

HEALTH FOR ALL

REDUCING THE POISON THREAT

What makes the difference between sickness and health? Well, some people vote for a good constitution, some for clean living, some for staying in bed to avoid pushy microbes.

But in many cases the difference has been brought about by adding a delicious candy taste to the needed drug or medication which nothing else on earth could induce Junior to take. Candy-flavored aspirin is a case in point—a stratagem that results in the sale of many thousands of cases in point each year.

Of course there can be too much of a good thing even in the aspirin line, flavored or not. Aspirin poisoning among children (not always, but sometimes, severe enough to cause death) is a recognized medical problem. It usually results from Junior's inability to resist pilfered helpings of those yummy little tablets.

One promising answer to the problem is the child-resistant drug container—a receptacle so toughly constructed that all Junior's juvenile artillery can't break it. The container was originally introduced for prescription drugs of all kinds. But Lt. Col. Robert G. Scherz, a U.S. Army Medical Corps physician, decided to check out its effectiveness in reducing child poisonings, estimated at well over a million a year due to medications alone.

In an exhibit at the American Academy of Pediatrics annual meeting, Col. Scherz showed a 92% reduction of accidental poisonings in an area of 100,000 population after introduction of the safety capsules. When the same little plastic bottles were attached to all packages of children's aspirin sold at an Army post exchange under the physician's observation, result was a 97% drop in accidental poisonings due to that product. Parents whose aspirin does not come in childproof packages are well advised to keep it out of reach.

This column sponsored by "Your Christmas Seal Organization", Polk County Tuberculosis & Health Assn., 208 Flynn Building, Phone 288-3349, Des Moines, Iowa 50309.

Report on Waterloo
School Disturbance

Des Moines, Ia. — A special study committee reported to the Waterloo school board today that problems related to racial tensions touched off the disturbances at East High School in Waterloo last September. The committee had been appointed by the State Department of Public Instruction at the request of the Waterloo school board.

Evidence that outsiders other than black students of East High were involved in the disturbances was uncovered by the committee. The committee concluded, however, "that black students had some causes for complaint that would have come to the fore eventually, with or without the spark of outside assistance."

Black students had contended that some teachers and administrators showed prejudice in working with black students, and had presented a list of grievances to school administrators and the Waterloo board of education. In interviews with committee members, black students felt that "the lack of black history was a major cause of the immediate problem and that other grievances grew out of this lack," the report said.

The report gives nine points where changes have already been made at East High School since the disturbances. They are: 1. A black history course has been added. 2. Additional black teachers have been assigned to East High. 3. An improvement committee made up of black and white students, faculty and parents has been formed and is functioning. 4. The relationship between black and white students has improved. 5. A newsletter now goes to parents regularly. 6. Environment is more permissive, thus encouraging expression of ideas by students and faculty. 7. Reassignments and additions to the East High administrative staff have been made. 8. Revised student council. 9. Additional lighting in parking areas.

The committee's recommendations were given for both the community and the schools. "Both the schools and the community need to look be-

yond the immediate problem and attack the many problems of race on a broad front," the report says. "The schools and community should not be satisfied with a policy of short term pacification which is merely a reaction to confrontation."

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POSTER CONTEST

We interrupt
this newspaper to
bring you an
important
announcement!

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Iowa's largest savings and loan gives you 10 extra days this month to open or add to a passbook savings account and still earn a full month of big 4 3/4% earnings.

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Sixth & Grand in Des Moines, Iowa 50307

Please open an insured savings account for me (us). I understand that I may add any amount to my account at any time, and that earnings will be paid or compounded twice a year on June 30th and December 31st.

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POST EXCHANGE

Letters from Our Readers

A bit of prose . . . a line or two of poetry . . . a letter now and then
to express thoughts in the minds of our many readers.

Send Yours Today

Bowling League
Standings

40 and 1 MEN'S

Will Hunt, 615; John Moore, 236; Hall Ratton, 238, 255, 667; Dave Turner, 221, 240, 203, 663; Mike Roper, 253, 639; Ed Beechum, 236; LeRoy Kaiser, 628.

Grand Lanes, Monday night, February 24, 1969. Elmer Tolson, president.

Capitol Guys and Dolls
Bowling League

1st place, Williams Grocery captain Wesley Davis.

2nd place, General Remodeling captain Arthur Peavy.

3rd place, Dial Finance, captain, William Terrill.

High 3 game team #5 Captain; John Shippe.

High game team Sharps Beauty and Barber Shop captained by Lawrence Graves. Arthur Peavy led the men with high 3 game of 615. Wesley Davis leads single game with a 256 game. Jane Brown leads the women with a high 3 game of 561 and 219 single game.

William Sharp is president of the League. Barbara Robinson is sec.

Tri-Hard League
At Capitol Lanes

Violet Colman had a 208 high game at the Capitol Bowling Lanes on Tuesday, February 17th.

Deloris Davis, had a 202 high game and a 513 high series. Gwen Stubbs

Selling Civil Rights
History Straight

To the Editor:

A few days ago, the Des Moines Register carried an article about Hazel Scott. She pointed out the changes for the better, that have taken place in Washington D.C., regarding public accommodations. She emphasizes her pleasure with, "Thank God for Martin Luther King".

Dr. King's place is firmly fixed in the history of the Civil Rights struggle and it is deeply rooted in the hearts of millions of people in many areas of the world.

No harm can come from keeping the facts straight. No harm can come from giving credit where credit is due.

Keeping History

Those discriminatory bars, were knocked loose by the memorable

the leagues president had a 508 high series. Beverly Nichols, had a 524 high series and Mildred Bayles had a 538 high series.

These ladies bowl in the Tri-Hard League every Tuesday night at the Capitol Alleys.

Supreme Court decision of 1954, declaring "Separate but equal" in violation of the Constitution of the United States.

The case was brought before the Supreme Court by Thurgood Marshall and his team of skillful lawyers, backed by the NAACP.

Getting the case before the court was a triumph. Gaining the unanimous decision was almost beyond belief fifteen years ago.

Beat Has Troubles

It is significant that one of the opposing lawyers had taught Thurgood Marshall in law school. One of the judges of the Court had at one time been a member of the Ku-Klux-Klan in Alabama. After the case was over the opposition commended Marshall for his dignity and his skill. He used no threats, no theatricals, no slogans, no tricks, only facts.

By this time some of the more fiery but less enlightened ones have relegated this distinguished jurist to the realm of Uncle Toms. But nothing can cancel his achievements. Where the history of Civil rights struggles of the late twentieth century is written, Thurgood Marshall will be recognized for his efforts blazing the trail to first class citizenship.

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