

MR. HAYDEN'S VIEWS

GIVES HIS OPINION OF THE BEST TREATMENT FOR PARALYSIS.

Declares That Dr. Williams' Pink Pills Restored the Use of His Limbs When All Other Remedies Failed.

The preliminary symptoms of paralysis are: trembling of the hands; sudden loss of power in arms or legs, frequently affecting one whole side of the body; staggering; partial or entire inability to use the fingers; distortion of the features, sometimes an uncontrollable quivering of the chin; severe pains; difficulty in speech. Frequently the first warning is a vague feeling of headach, vertigo and muscular weakness.

In a recent interview Mr. W. J. L. Hayden said: "I truly think that Dr. Williams' Pink Pills are a great medicine for they cured me when physicians and other remedies had failed to give me the slightest relief. Too close attention to business brought on an attack of nervousness which finally developed into paralysis. There were times when it was impossible for me to move my hands or to get up from a chair. At other times I had partial control of my limbs, but I was afraid to go far from the house for fear I might suddenly become helpless and have to be carried home."

"While I was in this miserable condition, I was stricken with malarial fever and confined to bed for four months. I had the best physicians, but while they relieved my fever, their treatment did not entirely drive the malaria from my system, and they did not help my paralysis in the least."

"I was well high despairing when a friend persuaded me to try Dr. Williams' Pink Pills. When I had finished one box I could see results that encouraged me. My condition kept steadily improving, and when I had taken seven boxes I was cured of paralysis and the malarial fever was completely driven out of my system. For two years now I have enjoyed the best of health and have attended to business without any interruption."

Mr. Hayden's home is at No. 252 West 29th street, New York. Dr. Williams' Pink Pills have cured many similar cases of paralysis, also locomotor ataxia. They are sold by all druggists. A treatment so simple, inexpensive and successful should be tried by every sufferer from partial paralysis in any of its stages.

In a swell cafe there's many a tip 'twixt the cup and the lip.

There is more Catarrh in this section of the country than all other diseases put together, and until the last few years was supposed to be incurable. For a great many years doctors pronounced it a local disease and prescribed local remedies, but by that means constantly failed to cure with local treatment, pronounced it incurable. Science has proven Catarrh to be a constitutional disease and therefore requires constitutional treatment. Dr. Williams' Pink Pills for Pale People, manufactured by Dr. J. C. Williams & Co., Toledo, Ohio, is the only medicine that cures it. It is taken internally in doses from 10 drops to a teaspoonful. It acts directly on the blood and mucous surfaces of the system. It cures in one hundred days for any case it fails to cure. Send for circulars and testimonials.

Address: Dr. J. C. Williams & Co., Toledo, Ohio. Sold by Druggists.

Take Hall's Family Pills for constipation.

You also cheat yourself when you depend on the priest and do not use your own conscience.

Sensible Housekeepers

will have DeWitt's Starch, not alone because they get one-third more for the same money, but also because of superior quality.

Onions are said to prolong life; at least eating them strengthens the breath.

Important to Mothers.

Examine carefully every bottle of CASTORIA, a safe and sure remedy for infants and children, and see that it

Bears the Signature of *Wm. A. Stearns*

In Use For Over 30 Years.

The Kind You Have Always Bought.

The quickest way to beat a woman in an argument is to listen and say nothing.

Miss Stalmate—"No man who kisses the wine can kiss me." Ferguson—"And I suppose it is the only man who has kissed the wine cup who has any desire to kiss you. Awfully awkward, isn't it?"—Boston Transcript.

Mrs. Watkins—"Henry, I want a dollar this morning." Mr. Watkins—"Great Caesar, woman! Do you think I am made of money? When you want large amounts you ought to let me know twenty-four hours in advance."—Somerville Journal.

"What can we do to improve the present method of dancing?" thundered the parson; "dancing is merely hugging set to music." "We might cut out the music," softly suggested the bad young man in the rear of the auditorium."—Evansville Courier.

Temperance Lecturer—"Now, ladies and gentlemen, this here chart shows the terrible effects of whisky on the brain of the drunkard. Now, what would you call a man that deliberately drinks whisky after knowing the facts?" The Village Wag (not strictly sober)—"Well, Prof., suppose we call him an interior decorator."—Judge.

SPREADING THE NEWS BROADCAST.

That Dodd's Kidney Pills cured his Diabetes. After long suffering Mr. C. Cleghorn found a permanent relief in the Great American Kidney Remedy.

Port Huron, Mich., Jan. 30th.—(Special)—Tortured with Diabetes and Bladder Disease from which he could apparently get no relief, Mr. C. Cleghorn, a bricklayer, living at 119 Butler St., this city, has found a complete and permanent cure in Dodd's Kidney Pills and in his gratitude he is spreading the news broadcast.

"Dodd's Kidney Pills made a man of me," Mr. Cleghorn says. "I was a sufferer from Diabetes and Bladder Disease. I was so bad I could do no work and the pain was something terrible. I could not get anything to help me till I tried Dodd's Kidney Pills. They helped me right from the first and now I am completely cured. I have recommended Dodd's Kidney Pills to all my friends and they have found them all that is claimed for them."

Dodd's Kidney Pills cure all Kidney Pills from Backache to Bright's Disease. They never fail to cure Rheumatism.

"Have you read anything about our new locomotive?" "No, but I am sure it has plenty of puff."

Iowa State Bystander.

By Bystander Fuel Co.

DES MOINES, IOWA

Plenty of people would feel better if they forgot all about their health.

Miss Daisy Leiter's titled husband may be a joy forever, but he doesn't look it.

An Ohio man burned \$10 bills for a pastime. Naturally he now sojourns in an asylum.

When the devil can't find any other way to make trouble he has a girl marry a man to reform him.

King Peter of Serbia is talking about abdication. He has had the honor. Now he wants to live.

The young man who ran away with his mother-in-law, twice his age, must have made a mistake in the dark.

A gentleman whose wife hit him and gave him appendicitis is trying to get a divorce. He ought to get a doctor.

A Boston woman wants a divorce because her husband forced her to live in Philadelphia. Cruelty is proved.

Col. Watterson writes that Paris is not as frisky as it used to be. The colonel is sixty-five years old.—Washington Post.

That Berlin magistrate who decided that poker is not a game of chance probably had the experience of all poor players.

The price of whisky has been reduced, owing to an oversupply. Some of the people who swore off must be sticking to it.

The California prune crop this year is 150,000,000 pounds, but if you are tired of the boarding-house, why don't you get married?

The Chicago woman who has made a record of fifteen children in twelve years ought to have a gold medal or a government pension.

A Frenchman who had fought seventy duels died the other day from natural causes. Is it necessary to add that they were French duels?

Stoessel is meeting the usual fate of the hero. A lot of generals who did not have a chance to try feel that they could have held the fortress indefinitely.

Harry Lehr has announced that he is going to retire from society. This could have been arranged years ago without checking up the great through in the least.

A New York man has paid \$20,000 for a variegated carnation. He should be careful. The relatives of rich men who do queer things are having them shut up in sanitariums.

Many of the men who have resolved not to waste any money this year started out by buying the most expensive ledgers on the market to keep their personal accounts in.

A new and excellent use has been found for silver dollars. When shoved out in large quantities it has been discovered that they act instantly in stopping a run on a bank.

Friends of Cornelius Vanderbilt are congratulating him on winning \$1,750,000 in Wall street; but if he has won, somebody must have lost. "Don't cheer, boys, those poor fellows are dying!"

A Portuguese scientist has produced a great sun furnace in which the concentrated rays of the sun prove able to melt every known substance. From all accounts, he should try it on the Boston girl.

Now that some Pittsburg men have offered a prize of \$1,000 for the best peace novel, a good many people are wondering just what the book will be. Of course it isn't likely to be a story of married life.

A dyspeptic bachelor complains: "I have never yet seen the woman who can be made to realize the importance of hurrying." Did he never observe the results of an announcement of a tempting bargain sale?

A French scientist announces that no woman who gossips can hope to live to a great age. He's mistaken. If he had ever experienced any of the pleasures of village life he would know that gossips never die.

A girl complained to the police because a man remarked as she was passing by: "Where are you going, my pretty maid?" and yet the young man says he was only refreshing his mind with a daily bit of poetry.

Gov. Pennypacker approvingly quotes the history of an editor being shot by a politician. If any politician in Pennsylvania wants to shoot at editor he can get a pardon in advance from the governor of the parrot-like name.

Humanity should show its gratitude to those who have conferred great benefits upon it. The earth is studded with monuments to selfish and ambitious potentates. Let us have more to those who have lessened suffering, not increased it.

That suit of electric clothing invented by a Frenchman, where fine wires run through the cloth connected with a little battery carried in the pocket, may be self-heating, but suppose the current, by some accident, were to get out of his clothes quick enough.

The Boston Herald says Dr. Chadwick appears to have come home to put in the plea of Old Adam. But his Eve seems to agree with him and both deny that he ate the apple in this particular case. A mist smile

MITCHELL IS INDICTED AGAIN

Federal Grand Jury Finds Three True Bills Against Oregon Senator.

IN THE LAND FRAUD CASES

Congressman Binger Hermann Also Included—Mitchell and Hermann, With Others, Are Accused of Conspiracy to Defraud.

Portland, Ore., Feb. 1.—After many days of silence the federal grand jury yesterday returned three indictments in connection with the investigation into the land frauds, which it is alleged have been perpetrated upon the United States government.

The first indictment is against United States Senator John H. Mitchell, Congressman Binger Hermann, A. D. Putter, Horace G. McKinley, Emma L. Watson, Daniel W. Tarpley, Elbert K. Brown, Nellie Brown, his wife; Henry A. Young, Frank H. Walgamot, Clark E. Loomis and Salmon B. Ormsby.

They are charged with having conspired on February 1, 1902, to defraud the United States government of public lands located in township 11, south, and range 7, east, by preparing and signing affidavits as to the occupation and settlement of these lands.

Senator Mitchell is specifically charged with, at Washington, D. C., March 3, 1902, unlawfully preparing an affidavit for Emma L. Watson to sign, in which Mrs. Watson untruthfully swore that she was a bona fide settler on a portion of these lands. It also charges that Senator Mitchell prepared unlawfully an affidavit for S. A. D. Putter to sign, in which Putter is alleged to have sworn that he knew the contents of the Watson affidavit were true.

The indictment charges that Mitchell received as compensation for his alleged service the sum of \$2,000 paid him by Putter. The indictment goes on to state that in pursuance of the conspiracy Senator Mitchell introduced Putter to William A. Richards, as the commissioner of the general land office at Washington, stating that Putter was one of the most honorable citizens in the state.

The second indictment is against Henry W. Miller, Frank E. Kincart, Martin G. Moore and Charles Nickell, late of Medford, Ore. It charges that these persons on August 31, 1904, unlawfully conspired to procure 100 other persons to commit perjury by making false oaths that certain lands in the Medford land district, known as timber and stone lands, were being bought in good faith and not for purposes of speculation. These persons falsely swore that they had not contracted to sell these lands, when, in fact, they were buying them on speculation.

The third indictment charges Mayor William Davis of Albany, Ore., with having uttered a false affidavit. This is the second indictment against Mayor Davis.

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STORIETTES.

Howard Paul, the London journalist, describes W. S. Gilbert, of comic opera fame, as an unsocial, ungracious man, but witty. On one occasion a woman deficient in musical knowledge, but anxious to talk to the humorist, asked him: "Is Mozart still composing?" "No, madam," replied Gilbert; "he is decomposing."

Jacob Rits told a story illustrating the frightful congestion of the East Side. He had discovered four different families, he said, living or trying to live in a single room, each family being apportioned to a different corner. "They got along all right even at that," said Mr. Rits, "until one of the families took a boarder."

Charles Lever, the novelist, had little faith in the sincerity of the claims of Neapolitan beggars. He says that when he threw out a handful of small coins to them, the blind were the first to see it, the paralyzed to run for it, the maimed to pick it up, the naked to put it in their pockets, and the dumb to blaspheme their ill-luck in being out of the scramble.

When the blizzard struck New York

According to Mark Twain's own account, he once wrote to Queen Victoria: "I don't know you personally, but I have met your son. He was at the head of a procession in the Strand and I was on a bus." During a late visit to London, Mark Twain was presented to King Edward, when his majesty greeted him cordially with: "I have met you before. You must remember. It was on the Strand and you were riding on a bus."

A Kansas clergyman who prided himself on his precise and scrupulous use of words was praying for elevating grace and renewed working force. "O Lord," he pleaded, "waken Thy cause in the hearts of this congregation and give them new eyes to see and impulse to do. Send down Thy lever or leverer, according to Webster's or Worcester's dictionary, whichever you use, and pry them into activity."

Lieutenant Robert E. Peary spoke at a dinner of the Arctic Society last winter. His talk was on the privations suffered by his party on his last expedition. In the course of his remarks he mentioned the fact that the sole article of diet for thirty days of one of the members of his party, a Dane, was dried bones. Afterward, Lieutenant Peary was approached by

thrusting what it has to sell (labor) upon us whether or no.

Suppose an American in a foreign city should be chased by a mob, caught and beaten unconscious, then his mouth pried open and carbolic acid poured down his throat, then his ribs kicked in and his face well stamped with iron nailed shoes, murdered because he tried to earn bread for his children. By the Eternal, sir, a fleet of American men of war would assemble there, clear for action and blow something off the face of the earth, if reparation were not made for the blood of one of our citizens.

And what answer do we make to the appeals of the hundreds of widows and orphans of those Americans murdered by labor unions? How do we try to protect the thousands of intelligent citizens who, with reason, prefer not to join any labor union and be subject to the tyranny of the heavily paid rulers of the labor trusts?

Upon a firm refusal by Mr. Post to join this criminal conspiracy a general boycott was ordered on Grape-Nuts and Postum all over the country, which set the good red blood of our ancestors in motion, bringing forth the reply that has now passed into history: "We refuse to join any conspiracy of organized labor to ruin publishers, nor will we discharge any of our trusted employees upon the orders of any labor union. If they can make their boycott effective and sink our ship, we will go down with the captain on the bridge and in command."

This set the writers in labor papers crazy and they redoubled their abuse. Finally one of their official organs came out with a large double column in denunciation of Battle Creek, calling it "a running sore on the face of Michigan," because it would not become "organized" and pay in dues to their labor leaders. The usual coarse, villainous epithets common to labor union writers were indulged in.

The result was to weld public sentiment in Battle Creek for protection. A citizens' association was started, and a mass meeting held. Good citizens who happened to be members of local unions in some cases quit the unions entirely for there is small need of them there.

The working people of Battle Creek are of the highest order of American mechanics. The majority are not union members, for practically all of the manufacturers have for years declined to employ union men because of disturbances about eleven years ago, and the union men now in the city are among the best citizens.

No city in the state of Michigan pays as high average wages as Battle Creek, no city of its size is as prosperous, and no city has so large a proportion of the best grade of mechanics who own their own homes.

So the work people massed together with the other citizens of the organization of the Citizens' Ass'n with the following preamble and constitution:

Whereas, From 1891 to 1894 the strikes instigated by labor unions in Battle Creek resulted in the destruction of property and loss of large sums of money in wages that would have been expended here; and

Whereas, These acts caused serious damage to the city and in a market way delayed its progress at that time; and

Whereas, Since the year 1894 the citizens have been enabled, by public sentiment, to prevent the recurrence of strikes and labor union disturbances; and

Whereas, The employers of this city have steadfastly refused to place the management of their business under the control of labor unions, but have maintained the highest standard of wages paid under like conditions anywhere in the United States, and hereby unanimously declared their intent to continue such policy; and the employees of this city, a large percentage of whom own homes and have families reared and educated under conditions of peace and the well-earned prosperity of steady employment, have steadfastly maintained their right as free American citizens to work without the dictation and tyranny of labor union leaders, the bitter experience of the past offering sufficient reason for a determined stand for freedom; and

Whereas, The attitude of the citizens on this subject has been the means of preserving peaceful conditions and continuous prosperity, in marked contrast to the conditions existing in other cities suffering from the dictation of trades unionism; it is therefore

Resolved, That the continuance of peace and prosperity in Battle Creek can be maintained, and the destructive work of outside interference avoided under the combined effort and action of all our people, by the formation of a Citizens' Association.

CONSTITUTION.

Article 1.—Name.

Article 2.—Objects.

First.—To insure, so far as possible,

City recently, the mayor of Bismarck telegraphed Mayor McClellan, telling him of the beautiful weather they were enjoying in the Western States, offering him his sympathy, and asking if he could do anything to help the storm-battered Eastern metropolis. Mayor McClellan replied: "Yes, come and take your infernal blizzard back where it belongs."

"Now, my dear children," said an arch deacon, "I will ask you a few questions in your catechism. Which of you can tell me the two things necessary in baptism? Quite right, 'water.' Water is one thing, and what is the other? What! Can none of you think what else is necessary? Well, little girl, what do you say? 'Please, sir, a baby,' was the reply."

A glutton once made a bet that he could eat ten apple-dumplings at one sitting if the other party would pay for the accompanying wine. After the ninth dumpling, however, he declared himself beaten. Sadly he regarded the tenth dumpling, which still reposed on his plate. Shaking his finger at it, he said: "Ah! If I'd known you'd be left over, I'd have eaten you first."

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Clubs and Club

Wemyer

* Address all communications for these columns to the State Editor, Mrs. H. E. Wemyer, 711 Bashaw street, Ottumwa, Ia.

OHIO FEDERATION SONG.

Tune, Glory, Glory, Glory, Halleluiah.
We are a band of women from the National we come,
We are marching into battle tho' we've neither fire nor drum,
The Ohio Federation, lifting others as we climb.
Our motto "Deeds not Words."

Chorus—

Deeds not words shall be our motto,
Deeds not words shall be our motto,
Deeds not words shall be our motto.
We're "Lifting as we climb."
We represent the women who were once denied a place.

In the National convention of a highly favored race,
Nothing daunted we have struggled,
And we've made ourselves a place,
Our motto, "Deeds not Words."

Our race must be enlightened, we must earn our daily bread,
We must give our time and talent and and hungry must be fed,
We must root up sin and sadness; planting good and joy instead.
Our motto, "Deeds not words."

Chorus.
All hail the Federation And may others join our band.
May the torch that we have lighted, shine in this and every land.
Till the women of all races will be glad to take our hand.
Our motto, "Deeds not words."

—SUSIE I. SHORTEK, Ohio.

I have received two letters recently one asking, "can a club succeed where the members disagree?" and another asks "what constitutes a good club woman?" The first I will answer in this issue and I want the club women to answer the other. Write your idea of a good club woman and let me have it before Feb. 20.

HARMONY AS A CLUB ESSENTIAL

Harmony is not only a club essential, but is the necessary element of all successful living whether in the individual, the home, the state or nation. For it is asked in the sacred writ "How can two walk together except they agree?" Nothing worth while can be accomplished without cooperation, and there is little chance of working together for good without harmony. If we love our clubs, we will shield and protect it, from knowledge of, or contact with anything harmful. Only the pure, the sweet, the helpful, the uplifting, do we allow to come near it.

What we honestly love we seldom injure.
We all know persons, in club and out of them, who go about looking for slights, who make a personal application of every remark or occurrence, who expect to climb upon their club into instant prominence and success, who keep in a constant state of ferment and dissatisfaction.

There is another set in our clubs who might be called "disappointed Mrs. Gummidge;" the club is not what they thought it was, they thought it would help them so much. And every meeting they have days of disappointed feelings to unroll because they are no farther along than when they joined and they can't see that we are doing anything.

Being a member of a club will not bring to you the desired success any more than being a member of the church will take you to heaven.
Success, like the kingdom of God, is within, and you must work it out. A club is a help, if you will work yourself, instead of trying to work the club.

The hope for establishing harmony among the many, lies in the harmonizing oneself. Harmony begins at home and if a proper beginning is made it will end well.

Where harmony does not reign, let each one, search their own hearts and see if you can find anything like prejudice, injustice, super-sensitiveness, irritability and criticism.

If our hearts are calm, we can all say "peace be still" with effect, and it is the stillness that all real growth is made.

RECIPROCITY COMMITTEE.

It is the duty of the Reciprocity Bureau to acquaint clubs with one another, supplying newly formed clubs with programs, constitutions, outlines of study etc., to collect papers and especially on the line of work being taken up by Federation and furnish on application letters of introduction to club members visiting out of the state, to keep a few copies of all minutes, programs, important papers etc., in short to establish itself a bureau of general helpfulness, a storehouse of information. The Reciprocity Committee is working diligently to make this part of the state work a success and every club should see to it that their best papers are sent a matter of local pride and because we should be willing to give to others that which we enjoy ourselves.

Many a brilliant paper is tied up this minute at the bottom of some old trunk, because its writer, after she had read it to the club, was not in the way of publishing, and did not know what else to do with it.

The chairman of the committee sends out the following:

To the club women of Iowa:—
The Reciprocity Bureau is working diligently to the end that a large list of papers be placed within

the reach of the women of Iowa Federation. We desire to publish a Reciprocity booklet containing a few of the best papers and the list of names of papers. This booklet we want to print in April, so clubs are requested to select their best papers and send them in by the last of March.

We also ask each club to set apart one meeting in February to be known as Reciprocity day; have the members write original papers, select the best and send in. Let all club women lend a hand in increasing our list of club papers.

Mrs. EMMA GARDNER,
Chairman Reciprocity Bureau,
R. E. No. 5, Ottumwa.

Topics for study in Household Economics:

1. What does the term household economics mean?
2. The family purse, whose is it?
3. Living within our income, why should we and how can we?
4. Leaks in the family purse and how to stop them.
5. How early should children be taught housework?
6. Should boys and girls be taught alike? Why?

I wish again to urge club presidents to send in their work. I will make a report at the Federation of all articles received. If you do nothing during the year worth printing you will have nothing worth reporting at the annual meeting.

HOMESEEKERS' EXCURSION VIA THE C. & N. W. RY.

to many points North and Northwest and Southeast on the first and third Tuesdays of February, March and April. Full information at the C. & N. W. Ry., City Ticket Office No. 401 Walnut street or at the Passenger Station.

ALBIA NEWS.

Mrs. Johnson and two children of Hocking were in Albia the first of last week.

The Albia young people gave a dance Monday night.

The Board of Trustees met at Mrs. G. A. Davis on Monday afternoon. Mr. John Sharp of the Buxton Eagle was in Albia this week.

Quite a few strangers in town this week.

Rev. J. F. Peterson has gone to his home in Illinois for a short visit.

A literary program was rendered at the A. M. E. church Sunday evening.

KEOKUK NOTES.

Mrs. Richard Krye is very ill at her home on Morgan street.

Mr. A. J. Fields is quite ill with la grippe at his residence, 323 N. Thirteenth street.

Mr. G. O. Banister is also very sick at his home on Morgan street.

At 3:30 yesterday afternoon, Jan. 29, occurred the death of Mrs. Amelia Boston, who lived with relatives at Twentieth and High street. The cause of her demise was dropsy.

On Friday evening a smoker was given in Association hall, in honor of the members of the Keokuk amateur minstrel troupe, who gave two performances in the hall and are to repeat their performance in the Keokuk Opera House Jan. 31. J. Brooks and J. J. Seet and O. Walker composed the committee which arranged the smoker, and a very enjoyable time was had.

Mrs. Alice Keith has recovered from her recent spell of sickness.

Little Harold Ashby is very ill with bronchitis. Friends are very anxious for his speedy recovery.

Born to Mr. and Mrs. B. F. James, a little girl, Jan. 19. Mother and baby doing well.

Mrs. Mattie Collins is very sick at her home on Thirteenth and High street of pneumonia.

Mrs. Bell Banister has been appointed by the chairman of the club extension of the Women's Federation as a member of the first congressional district.

Geo. C. Banister received a telegram Sunday of the death of his step-father, William Roberts of Burnett, Ind.

Keokuk people are expecting a treat in colored minstrelsy tonight when a troupe of twenty-five of Keokuk's colored stars will appear before the footlights, in new costumes, new songs, new sayings, and in fact the entire entertainment is brimful of everything that tends to make an evening of enjoyment.

HOCKING ITEMS.

The First Baptist church held its regular service Sunday, conducted by the pastor, Rev. R. P. Palmer. Two new names were added to the church roll.

The entertainment given by the ladies of the First Baptist church was a success and a neat sum was realized. The ladies met last Friday evening for the purpose of reorganizing a Home and Foreign Mission circle. The officers are, Mrs. Wm. Richards President; Mrs. Virgie Burns Vice President; Miss Jessie Harris, Secretary; Miss Grace Charklett, Asst. Secretary; Miss Bertha Green Treasurer.

Rev. R. P. Palmer will leave Friday on a business trip.

Born to Mr. and Mrs. Frank Benning a fine baby boy.

Mrs. Hollingsworth of Albia was the guest of Mrs. George Johnson Sunday.

HOMESEEKERS AND SETTLERS.

On the first and third Tuesdays of each month the Minneapolis & St. Louis Railroad has on sale round trip excursion tickets to points in Minnesota, Arkansas, Colorado, Kansas, Oklahoma, Texas, etc., at rate of one fare plus two dollars. Return limit twenty-one days from date of sale. Stop-overs allowed. For rate, time of trins call on agents, or address,

A. B. CUTTS,
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Dr. Arntz Praised

DR. LEW ARNTZ PRAISED.

A Well Known Des Moines Man Writes About Him.

There are many people who do not believe in letters of recommendation, telling what some doctor or artist or specialist has done for them unless they know the parties. Therefore we have a letter published below from a young man who is well known in not only Des Moines but over Iowa. Mr. Haack has worked in the Des Moines hotels and cafes for many years and last summer worked in the leading hotel up at Okabobi Iowa, and was a general favorite among the visitors and tourists. He is also a member of North Star Lodge No. 2, A. F. & A. M., of Des Moines. Read what he says:

Centerville, Iowa, Jan. 5, 05.
I wish to say that I have never in all my life had such use of my eyes as I have now by wearing Dr. Lew Arntz' properly ground glasses, and wish to say it was the only thing that saved me from going blind. I have been suffering from aching eyes for many years and have taken all kinds of headache medicine, though got no relief from it; though since I have been wearing glasses I have not been bothered at all with my head. And to whom



I wish to say my friends if you are bothered with weak eyes or with the headache, I would advise you to go to Dr. Lew Arntz and he will relieve you of your trouble. I will assure you, I was a sufferer of weak eyes for twenty years and did not know what was my trouble until I was advised by a friend of mine to go to Dr. Lew Arntz, and which I did and have not been bothered since.
B. J. Haack.

WANTED—10 men in each state to travel, tag signs and distribute pamphlets and circulars of our goods. Salary \$75.00 per month. \$3.00 per day for expenses. KUHLMAN CO., Dept. V, Atlas Bldg., Chicago.

Unique Autograph Fan.

A fan on which are written the names of all the members of the Berlin congress belongs to the Baroness von Langen (nee Von Prillwitz). The possessor obtained the signatures at several soirees given in honor of the congress at the English embassy and the Austrian embassy.

Facts vs. Fiction.

The poet sat at his desk one day and dashed off a beautiful rhyme of gold and jewels in such a way that it made folks think his time was occupied handling gems so rare; but most of his time was spent in wondering if he'd dine on air—for the poet hadn't a cent.

Trace Ancestors for Generations.

Descendants of the first town officers of Lincoln, Middlesex county, Mass., were privileged to wear a purple badge as a mark of distinction at the recent celebration of the one hundred and fiftieth anniversary of the town, and 110 residents were so adorned.

Holland's Liberal Trade.

Holland has no patent system or trade-mark laws. Certificates of origin are not required. An exception, however, is presently to be enforced with respect to importations of sugar, since Russia has not subscribed to the Brussels convention.

Where Fruit is Cheap.

If you are very fond of fruit you should go to Jamaica, West Indies, the greatest fruit-growing island in the world. There you can buy a big pineapple for 2 cents and twenty bananas or a dozen oranges for 3 cents.

Natural Lanterns.

In Cuba, in the rural districts, the natives sometimes catch the great "lightning bugs"—"Cucujos" they call them—and place several of them inside a paper lantern to see by when going about at night.

Napoleonic Relics.

In the library of Hinchelore castle, Lord Camanor's residence in Hampshire, England, are the table and chairs which Napoleon used when he signed his abdication at Fontainebleau.

Waste Sugar Cane.

It is suggested that the waste sugar cane in Hawaii—more than 2,000,000 tons a year—which is now consumed as fuel, could be more profitably used for the manufacture of paper.

Far Behind the Times.

A doctor writes in the London Lancet that as regards sanitation and ventilation the English churches retain the customs of the middle ages.

Rats Sink Battleship.

Owing to the ravages of rats, the old French battleship Mars, used as a barracks, suddenly sank in Toulon harbor.

French Capital's Immense Debt.

Paris has the biggest debt of any city in the world. It amounts to \$400,000,000.

Australian Kangaroo Farming.

Kangaroo farming is to become an established industry in Australia.

Iowa State Bystander.

BY BYSTANDER PUB. CO.

DES MOINES, IOWA

FRIDAY, FEBRUARY 3.

Published every Friday by the BYSTANDER Publishing Co., Des Moines, Ia. Iowa 'phone 899.

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J. L. THOMPSON, EDITOR.

J. H. SHEPARD, MANAGER.

Send money by postoffice order, money order, express or draft, to the Iowa State Bystander Publishing Company.

Communications must be written on one side of the paper only and be of interest to the public. "Brevity is the soul of wit," remember.

Entered at the Post Office as second-class matter.

We will not return rejected manuscript, unless accompanied by postage stamps.

Advertising rates for display Ads 20 cents per inch, for each insertion. Three to six months contract 15 cents per inch. Local advertising 10 cents per line for each insertion, counting seven words to a line. For churches and secret societies where admission is charged, one-half of the above mentioned rates. For professional, legal and announcements, yearly contracts, etc., terms are given on application. All advertising is to be paid in advance.

We are prepared to do first class job work at reasonable prices. All of our work is guaranteed.

The Iowa State Bystander is the oldest Afro-American journal published in Iowa. It was established in 1894 and is read by nearly all the colored people of Iowa. We have correspondents in the following towns:

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Muscatine Miss Fannie Grooms
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Dubuque Miss Gertrude Evans
Newton Miss Ella Mays
Superior, Wis. Mrs. Geo. H. Wade
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Cedar Rapids Miss Adelaide Perkins
Ft. Madison Anna Harper
Oskaloosa Luella E. Franklin
Davenport Mrs. C. B. Lewis
Buxton Arthur Turner
Omaha, Neb. Miss Wade
N. B. to Correspondents.—Please mail your letters that contain news for publication not later than Wednesday morning to insure publication for the current week.

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13 Astor Place, New York

CHURCH ANNOUNCEMENT

Continental Baptist Church, corner of Fifteenth and Lincoln streets. Preaching at 11 a. m. Sunday School at 10 a. m. P. M. at 8 p. m. T. L. Griffith, Pastor.
St. Paul A. M. E.—Corner of Second and Center streets. Preaching at 10:30 a. m. Sunday School at 9 a. m. P. M. at 8 p. m. H. H. Graves, Pastor.
First African Baptist Church—Corner School and Fourth streets. Rev. F. Lomack pastor. Preaching at 10:30 a. m. Sunday school 9:30 a. m. P. M. at 8 p. m. T. L. Griffith, Pastor.
Young People's meeting 7 p. m. Sunday, Praying and Class meeting every Wednesday 8 p. m. O. A. Johnson, pastor, 56 1/2 St. St.
Maple Street Baptist Church—Situated on E. Maple between Ninth and Tenth streets. Preaching 11 a. m. Sunday School 9:00 a. m. preaching at 8 p. m. Rev. J. O. R. Wimbush, pastor.
Union Congregational Church—Corner Tenth and Fourth streets. Preaching 10:30 a. m. Sunday School 12 m. evening service 7:30 p. m. Praying meeting Wednesday evenings H. W. Porter, pastor.

SECRET ORDERS.

North Star Lodge, No. 2 A. F. & A. M.—Meets First Thursday in each month at Masonic Hall—North-west corner of Tenth and Center streets. H. E. Jacobs, W. M.; Harrison G. Giddens, Secretary.

King Solomon Commandery, No. 6.—Meets Second and Fourth Thursdays in each month at Masonic hall. W. Hubbard E. C. Geo. H. Clegg, Recorder.

Naomi Court No. 1—Meets Second Monday in each month at Masonic hall. Mrs. L. V. Donny, Matron; Mrs. J. H. Shepard, Secy.

Mo. Olive Court, No. 4—Meets the First Friday of each month at Masonic hall. Mrs. R. A. Wilbur, matron; Mrs. Georgia Midgett, Secy.

Charity Lodge, No. 202, G. U. O. of O. F.—Meets First, Second and Third Tuesdays each month at Odd Fellows hall, 655 Main street. W. H. Jones, P. S.

H. H. of R. No. 359 of G. U. O. of O. F.—Convenes the second and fourth Thursdays in each month, promptly at 8 o'clock. Mrs. Mildred Raleigh, M. N. G. Mrs. Nettie Davis, C. P.; Mrs. Lizzie Bush, C. R.; Miss Nettie Weldon, Assistant C. R.

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